

JOINT CITY AND COUNTY HEALTH SCRUTINY COMMITTEE
13 SEPTEMBER 2011
SERVICE DEVELOPMENTS – LINGS BAR HOSPITAL
REPORT OF THE HEAD OF DEMOCRATIC SERVICES (NOTTINGHAM CITY COUNCIL)

1. Purpose

- 1.1 To inform the Committee of service developments at Lings Bar Hospital and provide councillors with an opportunity to consider the implications of proposals and to comment on them.

2. Action required

- 2.1 The Committee is asked to consider and comment on the service developments at Lings Bar Hospital.

3. Background information

- 3.1 Local NHS Trusts have a statutory duty to consult the relevant local authority overview and scrutiny committee when proposing changes to local health services.
- 3.2 Lings Bar Hospital is located in Gamston on the outskirts of West Bridgford, offering the following services:
- Four in-patient wards with a total of 96 beds dedicated to older persons rehabilitation
 - Specialist physiotherapy outpatient clinic
 - Falls outpatient clinic
 - Dermatology outpatient clinic
 - Day Hospital with 20 places for mental health services for older people
 - Mental health outpatients clinic
- 3.3 Following a review of care in community hospitals across the county, NHS Nottinghamshire County is planning to pilot a new service to develop and deliver care to patients. The pilot will focus on reducing the length of stay in hospital and delivery of care tailored to individuals in the community. It will involve community and hospital based healthcare staff, social services, Community Geriatricians and GPs to ensure an effective service for patients in their own home. 24 beds will be removed from Lings Bar Hospital, which will release resources to develop patient care within the community and more appropriate settings.
- 3.4 County Health Partnerships and Nottingham CityCare Partnership will run the pilots for both city and county patients. The pilots will run for four months from October 2011 and the results will be analysed by April / May 2012. The outcome of the pilots will inform commissioning decisions for the future provision of services in the community from 2012/13.

- 3.5 A briefing note on the proposals, prepared by NHS Nottinghamshire County, is attached as an appendix to this report.
- 3.6 This Committee has statutory responsibilities in relation to substantial variations and developments in health services in accordance with sections 7 and 8 of the Health and Social Care Act 2001 and associated regulations and guidance. These are to consider the following matters in relation to any substantial variations or developments that impact upon those in receipt of services:
- a) Whether, as a statutory body, the relevant Overview and Scrutiny Committee has been properly consulted within the consultation process;
 - b) Whether, in developing the proposals for service changes, the health body concerned has taken into account the public interest through appropriate patient and public involvement and consultation;
 - c) Whether a proposal for changes is in the interests of the local health service.
- 3.7 In this instance it is considered that this is a local issue and that subject to appropriate plans being developed with adult social care and health services in both the County and City Councils, it is proposed that this variation / development should not be considered substantial at this time.
- 3.8 However, the Committee will want reassurance that
- the outcome of any changes results in better patient care and experience;
 - patient / public interest is appropriately taken into account;
 - local authority adult social care and health services representatives are fully involved in all aspects of the pilots;
 - the Committee is given an opportunity in the future to consider whether commissioning plans following the pilots will result in a substantial variation / development of services.

Councillors should bear these matters in mind when considering the proposals presented at today's meeting.

4. List of attached information

Appendix 1 – Briefing prepared by NHS Nottinghamshire County

5. Background papers, other than published works or those disclosing exempt or confidential information

None.

6. Published documents referred to in compiling this report

None.

7. Wards affected

All

8. Contact information

Contact Colleague

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31 August 2011

**BRIEFING FROM NHS NOTTINGHAMSHIRE COUNTY
Development of Services: Lings Bar Hospital**

22 August 2011

**For: Nottinghamshire County Council and Nottingham City
Council**

The NHS in Nottinghamshire is committed to ensuring that patients are treated in the health care setting most appropriate to their needs while at the same time maximising the use of resources.

An independent utilisation review programme was commissioned by East Midlands Procurement and Transformation (EMPACT) for the Region. As part of this programme NHS Nottinghamshire County undertook an evidence-based assessment of whether patients are receiving the right care, in the right clinical setting, at the right time at Community Hospitals in the County.

The results show that at Lings Bar Hospital (LBH) 47% of patients would be better cared for in settings away from the hospital and of those approximately 20% of patients experience longer lengths of stay than is necessary because packages of care at home are taking too long to set up.

It is also well documented that older people with an extended length of stay run unnecessary risks of disruption to their social networks, disorientation and hospital acquired infections. Many older people want alternatives to hospital admission.

NHS Nottinghamshire has pulled together a working group of clinicians from across all partners to understand the needs of patients using LBH. This steering group has been developing how best to cater for these needs and moreover improve services as part of the 'Quality, Innovation, Productivity and Prevention' agenda, or QIPP for short.

There are two key objectives:

1. To ensure the stability and development of LBH by ensuring patients are discharged in a timely manner and scoping alternative services which could be relocated into wards at LBH.
2. To redirect resources to develop sustainable and appropriate care within the community.

As a result of this:

- An accelerated discharge scheme is in place, which is ensuring patients are returned to more appropriate care at the right time reducing the length of stay for appropriate patients at LBH.
- Direct patient and public involvement has been used to understand, scope and manage patient needs and wants: This is regularly provided as part of patient satisfaction, PALS and

complaints data and as a result of information fed through the Next Stage Review process.

- Two pilot projects are planned and will begin in the autumn. County Health Partnerships and Nottingham City Care Partnership are responsible for the projects, which involve developing and delivering appropriate and individualised packages of care to enable earlier discharge of patients from NUH and LBH into the community. These pilots will involve community and hospital based healthcare staff, social services, Community Geriatricians and GPs to ensure an effective service for patients in their own home.

The pilots will run from October for four months with two further months to analyse the results ending in April/May 2012. The pilots will affect both City and County patients and will inform a deeper understanding of the levels of care and investment required. This information will be invaluable to make informed commissioning decisions for the future provision of services in the community from 12/13.

The PCT is working collaboratively with Adult Social Care and Health to ensure patients receive appropriate and timely care packages at discharge from LBH and the Community pilot (£100,000 has been allocated at this stage with potential to expand this through social and healthcare resources when the impact of the pilot is known).

- A Community Geriatrician service will be in place in the County from October. This service will provide medical support to the community pilot and support local GPs to manage patients in the community.
- There will be 24 beds removed from LBH. The resources will then be used to continue developing better patient care within a community and more appropriate settings. Patients will not be affected by the bed closures. The change in services means this is about 'right sizing' the hospital to be fit for the future.

ENDS

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