# **Area 8 Family Community Team**

Bronwen Barradell – Community Family Support Manager

Ben Thurley- Targeted Family Support Manager

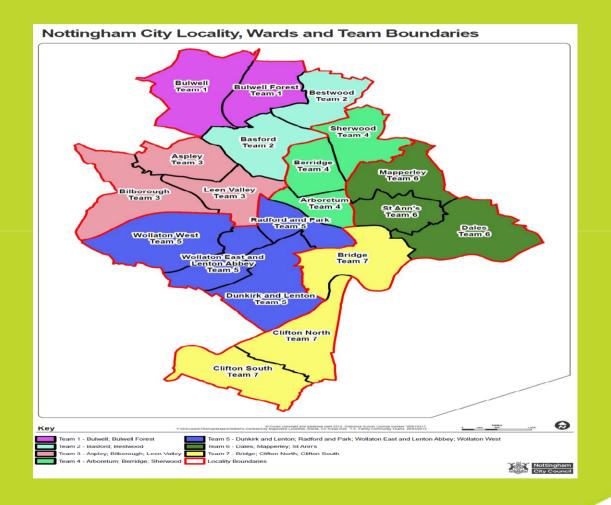


## **Community Team- Who we are**

- Family Community Team has two distinct partscommunity and targeted services.
- Within "community" we offer universal support and activities for children and young people aged 0-19 and their families.
- Children's Centre activities- antenatal to age 5
- Play and Youth activities 5-19 (25 for Young People with an additional need)
- Family support services



### Area 8 – Team 7





#### **Children's Centre Activities**

- Expectant parents see their midwife and health visitor at the centre – developing further links with health services
- Antenatal courses
- Post natal support
- Breast feeding
- Healthy bonding and attachment
- Early learning
- Nutrition
- Child development
- Swift access to 1:1 support



## Our Under 5 Services are changing...

- Feedback from parents and professionals has said that Clifton Children's centre is hard to get to
- Increased community presence and family access
- Numbers have to be limited due to small size of centre
- Pilot at Green Lane Youth Club- attendance and satisfaction has increased



## **Baby PEEP**

 PEEP is a session run for babies under 1 and their parents or carers. It supports parents to bond with their child and understand about their child's development. It emphasises the importance of talking, listening, playing, singing and sharing books together and helps to support parents to do this as part of their daily routine.



## **Moving Tots**

- Moving tots is a session staff have designed in response to EYFS data around movement. The session work to support development of both fine and gross motor skills.
- It is a six week course to support children with balancing, jumping, getting dressed, walking, using a pencil etc
- Parents and staff assess child's ability at the start and again at the end of the six weeks



#### **Musical Moments**

- Musical moments was developed by staff in response to parental requests for sessions for children with delayed speech and language or additional needs
- Through use of music and movement each child's development of language, communication and socialisation is supported
- Parents are then encouraged to attend other sessions



## Play and youth

- Play and Youth team offers a range if activities for children and young people ages 5-19 (25 for YP with additional needs)
- Children and Young people are often referred into play and youth for support to attend sessions – case study
- Impact of Play and informal learning has far reaching benefits
- Thinking about how we can improve quality with reduced staffing Play rangers?
- How we can demonstrate impact
- Green Lane refurbishment
- Publicity and marketing



## Challenges we face

- Staff training to deal with changing work streams
- IT systems
- Reduced staffing
- Changes to Ofsted
- Demonstrating impact
- Supporting community
- High volume of caseloads



## Targeted team- who we are

- Child Adolescent Mental Health Service (CAMHS)
- Family Support
- Education Welfare Service (EWO)
- Portage



#### Child A

Presenting problems: Obsessive traits, stress, later problems with school attendance Education Welfare Service, CAMHS, Paediatrician, School

CAF initiated - CAMHS lead

Involvement - Oct 2013 - Feb 2014

Outcomes: Demonstrated less anxiety - tasks to do before each visit; other issues came to light – low self-esteem / confidence; CBT - linking thoughts with actions and resulting behaviours. Seen for 6 sessions.

Attendance at school went from 81% attendance with 8 unauthorised absences to 90% attendance with no unauthorised absences

Measurable outcome: Improved well-being of child; Less anxiety from mother; Education back on track; Paediatric assessment identified issues that can be acted on

Longer term – no action on school attendance = possible ASB, criminal justice interventions. Poor education, less job opportunities. Health – no input, deterioration longer term, more expensive interventions in future



#### Child B

Presenting problems: Police involvement (ASB), poor boundaries for children, poor school attendance, succession of new men into house (mother's partners)

Targeted Family Support, Education Welfare Service, Police, School CAF declined by family

Involvement – Dec 2012 – Dec 2013

Outcomes: Attendance at school improved for all siblings; Communication improved from mother to agencies (e.g. school); No police visits to house; More structure and boundaries in children's lives.

Longer term – no action on school attendance = possible ASB, criminal justice interventions. Poor education, less job opportunities. Police call outs = less pressure on police service



#### Child C

Presenting problems: 2 yr old; developmental delays; balance / motor skills

Portage service, Nursery, Educational Psychology, Community Paediatrician, Health visitor, SALT team

**CAF** initiated

Involvement – Mar 2012 - Dec 2013

Outcomes: Communication skills improved; support from autism team; anxiety / frustration levels of child significantly improved

Longer term: child hopefully remains in mainstream education = no social isolation



