

<b>JOINT CITY AND COUNTY HEALTH SCRUTINY COMMITTEE</b>
<b>14 JULY 2015</b>
<b>NOTTINGHAMSHIRE HEALTHCARE TRUST - 5 YEAR STRATEGY FOR CHILDREN, YOUNG PEOPLE AND FAMILIES</b>
<b>REPORT OF HEAD OF DEMOCRATIC SERVICES (NOTTINGHAM CITY COUNCIL)</b>

## **1. Purpose**

To consider Nottinghamshire Healthcare Trust's proposals regarding services for children, young people and families.

## **2. Action required**

2.1 The Committee is asked

- (a) to consider if the proposals are a substantial variation or development of service;
- (b) to consider and contribute their views to the consultation process of the proposal; and
- (c) to invite representatives to attend a future meeting to discuss the outcomes of the Full Business Case that will be presented to the Nottinghamshire Healthcare Trust Board in September 2015.

## **3. Background information**

- 3.1 Representatives of Nottinghamshire Healthcare Trust attended the Committee on 10th February 2015 and presented a series of options on the Trust's transformation plans for children, young people and families in relation to Child and Adolescent Mental Health Services (CAMHS) and Perinatal Services.
- 3.2 These developments are part of a wider implementation programme to improve services for children and young people with emotional and mental health needs.
- 3.3 Following a detailed options appraisal Nottinghamshire Healthcare Trust began a twelve week consultation on 15<sup>th</sup> June 2015 regarding the following proposals:
- Community CAMHS – new outpatient facilities for the City and South of the County with a Countywide single point of access
  - Inpatient CAMHS – a new unit, with an increase in the number of beds from 13 to 24 and a new 8 bed Psychiatric Intensive Care Unit
  - A purpose built Education Unit for CAMHS inpatients
  - Perinatal Services – new Mother and Baby inpatient unit, with a small increase in the number of beds from 7 to 8 and a new outpatient facility for the City and South of the County.

- 3.4 It is proposed to bring the above four services together onto a new, single site at what was previously known as the Cedars Rehabilitation Unit on Mansfield Road, Nottingham. Resulting in the relocation of CAMHS from Thorneywood and Perinatal Services from the Queens Medical Centre site.
- 3.5 The Cedars site would provide green open space, thus improving the therapeutic and caring environment for children, young people and perinatal mothers and babies as well as having access to good transport links.
- 3.6 These proposals require significant financial investment so it is planned that a full Business Case will be taken to the Trust Board in September 2015 for consideration.
- 3.7 The benefits of the proposals include:
- more children and young people accessing specialist services closer to home
  - improvement of the overall pathway of care and the development of high specialist CAMHS support for eating disorders and psychiatric intensive care
  - improvement in the quality of care through modern fit for purpose facilities
  - address the isolation of in-patient areas
- 3.8 Areas of risk currently being worked through include:
- securing sufficient income for the increase in bed occupancy
  - financing the capital development
  - gaining planning permission for the Cedars site
- 3.9 This Committee has statutory responsibilities in relation to substantial variations and developments in health services. While a 'substantial variation or development' of a health service is not defined in Regulations, a key feature is that there is a major change to services experienced by patients and future patients. Proposals may range from changes that affect a small group of people within a small geographical area to major reconfigurations of specialist services involving significant numbers of patients across a wide area. The Committee's responsibilities are to consider the following matters in relation to any substantial variations or developments that impact upon those in receipt of services:
- a) Whether, as a statutory body, the relevant Overview and Scrutiny Committee has been properly consulted within the consultation process;
  - b) Whether, in developing the proposals for service changes, the health body concerned has taken into account the public interest through appropriate patient and public involvement and consultation;
  - c) Whether a proposal for change is in the interests of the local health service.
- 3.10 Councillors should bear the matters outlined in paragraph 3.9 in mind when considering the proposals and discussing them with Nottinghamshire Healthcare Trust.

#### **4. List of attached information**

Appendix 1 – Consultation on improving Child and Adolescent Mental Health Services and Perinatal Services

5. **Background papers, other than published works or those disclosing exempt or confidential information**

None

6. **Published documents referred to in compiling this report**

Joint Health Scrutiny Committee report and minutes of the meeting held on 10 February 2015.

7. **Wards affected**

All

8. **Contact information**

Clare Routledge, Health Scrutiny Project Lead Tel: 0115 8763514  
Email: [clare.routledge@nottinghamcity.gov.uk](mailto:clare.routledge@nottinghamcity.gov.uk)