

**Our 5-Year Strategy for Children, Young People and Families****Joint Health Scrutiny Committee: 14 July 2015****Consultation on improving Child and Adolescent Mental Health Services  
and Perinatal Services****1. Introduction**

Officers from Nottinghamshire Healthcare attended the Joint Health Scrutiny Committee in February 2015 to share details of work being undertaken to improve services the Trust provides for children, young people and families. At that point, the Trust was developing a series of options for consideration and wanted to share these with the Committee at the planning stages.

The particular focus is on:

- **Child and Adolescent Mental Health Services (CAMHS)** – inpatient and outpatient services currently provided by the Trust at the Thorneywood Unit (Porchester Road), Nottingham
- **Perinatal Psychiatric services**, for mothers and babies, currently provided at the Queen’s Medical Centre (QMC), Nottingham.

Since February, the options appraisal has been completed and the Trust Board has considered an Outline Business Case. In developing the proposal we have:

- Listened to what people say about the services
- Reviewed national quality standards and requirements
- Looked at current and future need
- Assessed a number of options covering:
  - the type and number of inpatient beds
  - the range and type of community CAMHS
  - the site location.

The Trust Board has asked that a Full Business Case of the preferred option be presented at its meeting on 24 September 2015.

We want to hear the views of our stakeholders before the Full Business Case is presented to the Board and the Trust has therefore commenced a consultation on the proposal. The feedback received will be part of the presentation to the September Trust Board.

This paper summarises:

- The background and case for change
- Details of the proposal
- Benefits and risks
- Overview of the consultation process.

## 2. Background and Case for Change

The report to the Committee in February 2015 set out the context and case for change. In summary, the case for change is compelling and largely driven by:

- National priorities – with increasing national spotlight and pledges for additional funding
- For CAMHS, the new local integrated pathway – developed in response to commissioner-led reviews and in line with the recent National CAMHS Task Force report 'Future in Mind'
- Limitations of current built environments – inpatient areas are not suitable by modern standards and present clinical and operational challenges which jeopardise the achievement of national standards. Community and outpatient areas are similarly unsuitable
- Inpatient areas are isolated
- Lack of sufficient local CAMHS inpatient services, which leads to many local young people being placed out of area, often at time of great distress for them and their families
- No Psychiatric Intensive Care (PICU) provision or any specialised eating disorders units within the East Midlands.

## 3. The Proposal

Following the detailed options appraisal, our proposal is as follows:

The proposal is to develop a new campus-style health and wellbeing 'hub', bringing **services together onto a new, single site** at what has previously been known as the Cedars Rehab Unit, Mansfield Road, Nottingham. The 'hub' will provide:

- **Community CAMHS** – new facilities for the City and South County, with a Countywide single point of access and new professional base.
- **Inpatient CAMHS** – a new unit, with an increase in the number of beds from 13 to 24, and a new 8 bed PICU.
- A purpose built **Education Unit** for the CAMHS inpatients - working in partnership with education colleagues and Nottingham's Hospital and Home Education Learning Centre.
- **Perinatal Services** - a new Mother & Baby Unit, with a small increase in the number of beds from 7 to 8, and new outpatient facilities for the City and South County.

The Cedars site is owned by the Trust and has real potential to provide green open spaces to improve the therapeutic and caring environment for children, young people and perinatal mothers and babies needing our services. The site is also ideally located to serve both Nottinghamshire and Derbyshire, with good transport links.

If the Trust Board approves the Full Business Case, we will make an application for planning consent to the City Council. We have already begun informal dialogue with the City's Planning and Building Control team.

If approved, this will mean CAMHS moving from Thorneywood and Perinatal Services moving from QMC.

The CAMHS development is part of an exciting wider programme we are implementing to improve services for children and young people with emotional and mental health needs. This will include developing new and innovative ways of delivering care within localities and closer to home eg digital health solutions such as apps and improved working with schools etc.

#### **4. Benefits and risks**

There are very significant benefits to this proposal:

- more children and young people will be able to access specialist support closer to home - reducing the need for so many to be cared for out of area.
- we will improve the overall pathway of care and develop highly specialist local CAMHS support, eg for eating disorders and for psychiatric intensive care
- we will improve the quality of care through modern, fit-for-purpose facilities which are 'child and family friendly' and offer therapeutic and caring environments
- inpatient areas will be better supported, addressing isolation.

There are also some risks, which we are working through and which will be considered as part of the Full Business Case. These include:

- securing sufficient income for the increase in beds
- financing the capital development – the Trust Board will consider affordability
- gaining planning consent for the Cedars site.

#### **5. Involving and consulting our key stakeholders**

Meaningful involvement with our key stakeholders, particularly children, young people and their families and perinatal mothers is underpinning our transformation programme.

We have undertaken a range of service user feedback activities to ensure their views are reflected in all stages of development, including the early scoping and design stages and the development and assessment of options. This includes, for example, user group discussions with former and current patients and we have reviewed feedback from a range of sources.

Following on from that, the Trust has commenced a 12 week consultation process, which will run until 7 September 2015. We are ensuring there are a number of ways for people to have their say, including two public meetings and an online survey. A summary of the consultation and communication plan is attached at Appendix 1.

Our consultation questions are seeking feedback as follows:

**Consultation questions**

Are you supportive of proposal overall?

Is there any part that you are particularly supportive of?

Do you have any concerns about the proposal overall?

Is there any part that you are particularly concerned about?

How could we address any concerns you have?

If the services move to the Cedars site, what would you want us to consider?

If the proposal is approved by the Board, we will continue to work with the people who use the services, their families, our staff and partner organisations in developing the detailed designs.

**6. Conclusion**

Nottinghamshire Healthcare is committed to improving the care and support we provide. We have developed an ambitious proposal to significantly improve the quality of care and local access to highly specialist services.

Feedback from the public consultation will form part of the Full Business Case presented to the Trust Board in September 2015.

We welcome the opportunity to discuss the proposal with the Joint Health Scrutiny Committee and seek its advice and views.

Sharon Creber, Associate Director  
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# Appendix 1



Nottinghamshire Healthcare   
NHS Foundation Trust



## Our 5-Year Strategy for Children, Young People and Families

# Consultation and Communication Plan

## Summary

June 2015

## **Purpose**

The aim of this plan is to support communication and consultation regarding the service development proposals outlined in the Business Case for *One Door, Many Pathways*, the Trust's Strategy for Children, Young People and Families.

The specific aims of this plan are to:

- set out the key consultation and communication messages and narrative
- identify potential areas of concern relating to the service development proposals
- identify key stakeholders
- plan and coordinate a range of consultation activities
- ensure communication/consultation with stakeholders is timely and effective.

Communication with all stakeholders will be open and honest, two-way, timely, clear and consistent.

## **KEY MESSAGES**

### **Our overall ambition**

- We know that early help is the best way to make lasting improvements in people's lives. A key theme of our strategy is to respond early and quickly to the needs of children, young people and their families.
- We provide a comprehensive range of services and are in a unique position to make a real difference. Over £52 million of the Trust's annual income relates to CYP&F services - ranging from services such as health visiting that every child and family receives to some highly specialised services. Our services are there from before birth, during school years, through adolescence and into young adulthood.
- We are ambitious to achieve real and lasting improvements. We have identified a number of areas where we are committed to transform our services.
- The Trust has agreed *One Door, Many Pathway*, an exciting 5-year strategy to improve services for children, young people and families, with the overall aim *to improve the quality of life and life chances for children and young people*.

### **Key messages**

The key messages relating to the proposal are:

- The need for change is compelling
- The challenge is how we respond to this in a way that is affordable and sustainable into the future
- We have developed an ambitious and exciting proposal that includes a significant increase in the number CAMHS inpatient beds and provides modern fit for purpose facilities, both inpatient and outpatient, for CAMHS and perinatal services
- For CAMHS, this is part of a much wider transformation programme
- We have listened to what our patients and their families say and reflected this in the early planning stages. We will continue to involve them at every stage
- Our Trust Board has not yet made a decision about this proposal. We want to hear the views of our stakeholders before we present the full business case to the Board.

## Potential areas of concern

We would hope the proposal receives high levels of support. However, concerns may be raised relating to:

- Change of location
- Planning objections or other concerns of local residents
- Affordability and relative investment decisions

## Our consultation questions

The main aims of the consultation are to:

- inform stakeholders about our proposal and the reasons for it
- seek support for the proposal
- understand any concerns about the proposal in order to respond to them.

Our consultation questions are therefore:

### Consultation questions

- 1a. Are you supportive of proposal overall?
- 1b. Is there any part that you are particularly supportive of?
  
- 2a. Do you have any concerns about the proposal overall?
- 2b. Is there any part that you are particularly concerned about?
- 2c. How could we address any concerns you have?
  
3. If the services move to the Cedars site, what would you want us to consider?

## External Stakeholders – Planned Consultation Activities

STAKEHOLDER	ACTION
All stakeholders	Information on Trust website, with access through social media ie Twitter and Facebook and online survey
	Press release
	Public meetings – 1 July and 28 July
	Annual General Meeting 24 July display and information
Current and former patients, and families	Posters in clinical reception areas
	Posters to patients on current and recent past caseloads
	Focus groups
NHSE Commissioners	Letter and briefing note
	Request for meeting
	Contract review meeting(s)
Local CCGs	Letter and briefing note
	Contract review meeting(s)
	Meetings/presentations as required
County CYP Integrated Commissioning Hub	Letter and briefing note
	Meetings/presentations as required



Joint Health Scrutiny Committee – Nottingham and Notts	Attended committee meeting on 10 Feb
	Provide briefing for Chair
	Attend committee on 14 July to present proposal and seek views
Healthwatch City & County	Initial meeting held on 22 April
	Invite to be involved in consultation process
Local MPs	Letter and briefing note
City Education Department	Several planning meetings held
	Briefing note
Hospital and Home Education Learning Centre	Several planning meetings held
	Letter and briefing note
	Meetings/presentations as required to governing body
Local residents – Cedars site	Letter to notify of consultation
City Planning Authority	Meetings with Planning & Building Control team
	Application for planning consent in due course
Community of Interest for Children and Young People	Link to website
Local acute providers – NUH & SFHT, B'law	Letter and briefing note
	Meetings with NUH as required re protocols with obstetrics
Local residents – Thorneywood site	Direct to Trust website
Relevant 3 <sup>rd</sup> sector providers and organisations	Alert to consultation and link to Trust website
GPs	Article in primary care newsletter
City and County Councils	Letter and briefing note
Other East Midlands Mental Health	Letter and briefing note

Trusts	
Joint Health Scrutiny Committee – Derby and Derbys	Contact scrutiny officer for advice
National Quality Networks	Letter and briefing note
<ul style="list-style-type: none"> <li>• Community CAMHS</li> <li>• Inpatient CAMHS</li> <li>• Perinatal</li> </ul>	Seek advice and support in design stages
Regional clinical networks	Letter and briefing note
Police	Letter and briefing note
General public	Public meetings – two to be held
	Trust website
	Social media – Twitter etc
	Media coverage
Education – County	Link to City Education and HHELC dialogue
Deanery and nurse training bodies	Letter and briefing note