

One Door MANY Pathways

Improving Services for Children, Young People and Families

Improving CAMHS and perinatal services

Joint Health Scrutiny Committee: 14 July 2015





Current position

Child and adolescent mental health services (CAMHS)

- Focus of consultation is on services provided at Thorneywood, Porchester Road, Nottingham
- Community services for City and South County
- Inpatient services - 13 specialist beds for Notts and Derbys





Current position

Perinatal Mother and Baby Unit

- Focus of consultation is on services provided at Queen's Medical Centre, Nottingham
- Community services for City and South County
- Inpatient services - 7 specialist beds





Case for change

CAMHS

- National and local priority to improve CAMHS
- New model to join up care and improve access
- Insufficient local inpatient services to meet need
- Limitations of the current facilities
- Inpatient unit is isolated



Case for change

Perinatal services

- Inpatient unit is isolated
- Limitations of the current facilities
- Potential for increased demand





How we've arrived at this proposal

- Listened to what people say about the services
- Reviewed national quality standards and requirements
- Looked at current and future need
- Assessed a number of options covering:
 - the type and number of inpatient beds
 - the range and type of community CAMHS
 - the site location



The proposal

A new campus-style health and wellbeing 'hub' – located on the Cedars Unit, Mansfield Road, Nottingham, providing:

- ✓ **Community CAMHS** – new facilities for the City and South County, with a Countywide single point of access and new professional base
- ✓ **Inpatient CAMHS** – a new unit, increase in the number of beds to 24, and a new 8 bed Psychiatric Intensive Care Unit
- ✓ A purpose built **Education Unit** for the CAMHS inpatients
- ✓ **Perinatal** - a new Mother & Baby unit, a small increase in the number of beds to 8, and new outpatient facilities for the City and South County





Benefits of the proposal

- ✓ More children and young people will be able to access specialist support closer to home
- ✓ Improved overall pathway of care
- ✓ New local provision of highly specialist CAMHS support, eg for eating disorders and psychiatric intensive care
- ✓ Improved quality of care through modern, fit-for-purpose facilities which are 'child and family friendly' and offer better therapeutic and caring environments
- ✓ Inpatient areas will be better supported





Consultation plan

Several ways for people to have their say, including:

Public meetings – 1 July and 28 July 2015

Visit www.nottinghamshirehealthcare.nhs.uk/haveyoursay

Complete the online survey at
www.surveymonkey.com/ithinkCYPeri

Focus group discussions





Next steps

- Listen to what people think - closing date for comments 7 September 2015
- Business case to Trust Board on 24 September 2015 – will include consultation feedback
- If approved:
 - seek planning consent
 - continue involving children, young people, perinatal mothers, families and other stakeholders in the design

