



LOTTERY FUNDED

Small Steps Big Changes

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SSBC Programme Manager



Small Steps Big Changes



@ncitycare_SSBC

www.nottinghamcitycare.nhs.uk/ssbc

Lottery Funded – 10 years

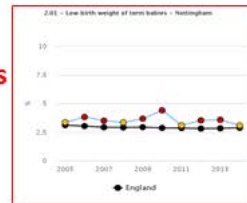
- Universal focus on pregnancy and first 3 years of life
- Four wards:
 - Aspley
 - Bulwell
 - St Ann's
 - Arboretum
- Three child development outcomes:
 - Communication & language
 - Nutrition
 - Social & Emotional Development
- System Change



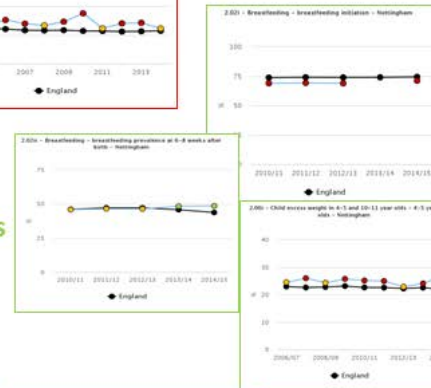
Activities and outcomes



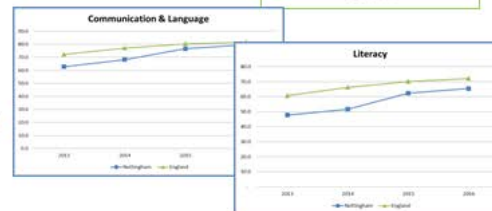
Birth outcomes



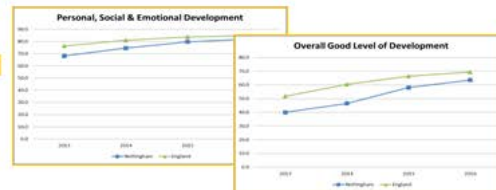
Nutrition outcomes



Communication & Language outcomes



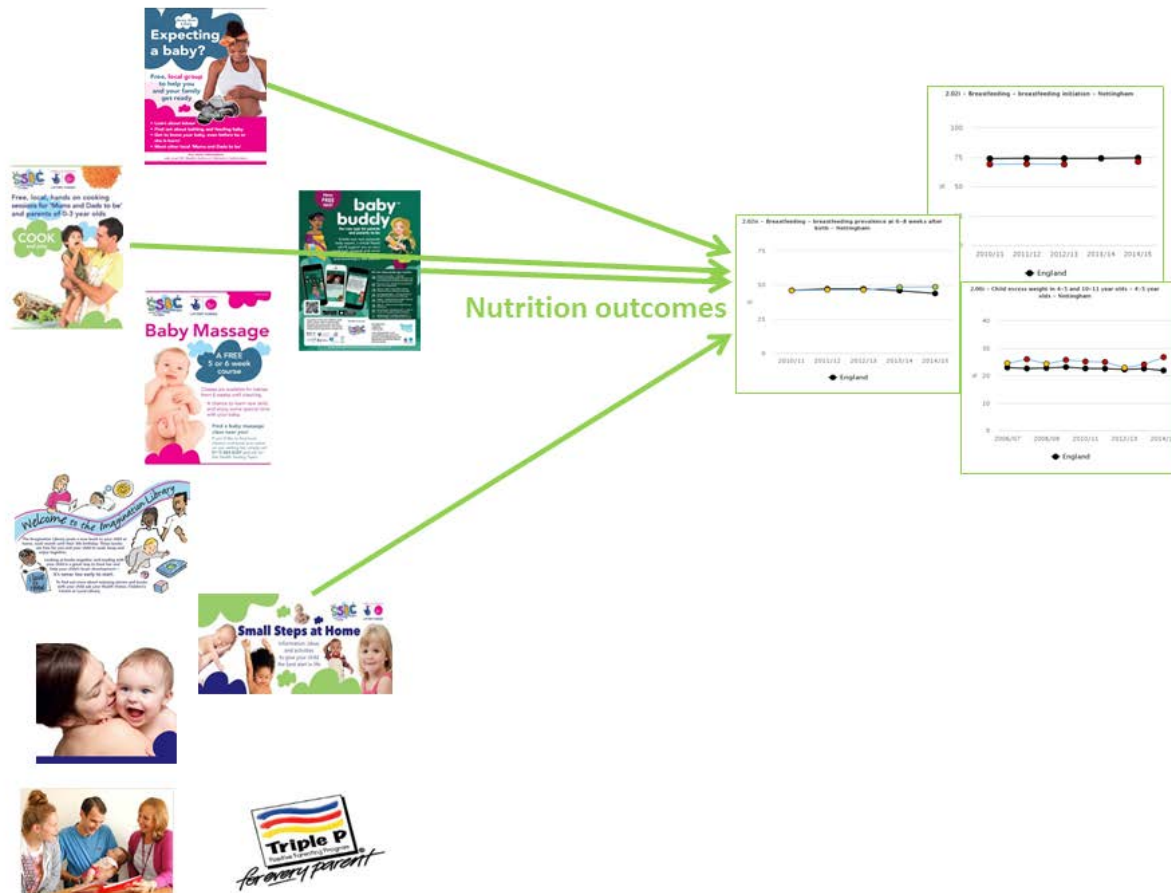
Social & Emotional outcomes



Activities and outcomes



Activities and outcomes



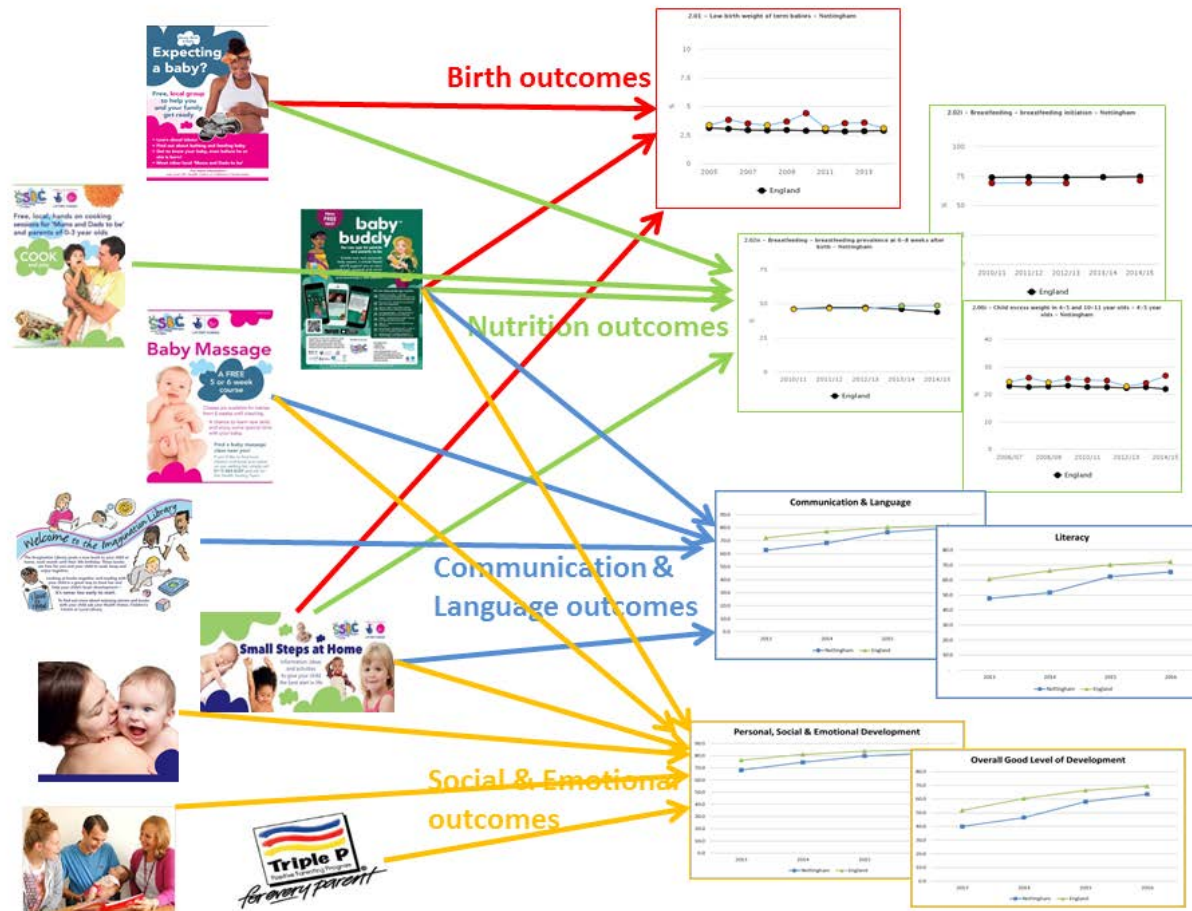
Activities and outcomes



Activities and outcomes



Activities and outcomes



Collaborative working

Existing Workforce

(Midwifery; Health Visiting; FNP;
Children's Centres; VCS; Early
Years)

- Design new systems and processes
- Support delivery of wider programme
- Adapt and enhance current practice
- Information Sharing
- Embedding strengths based approaches
- Sustainability

Direct Delivery

(SSBC Child Development
Practitioners)

- Innovate & test new approaches
- Work independently and with other staff groups
- Focussed on group based activities known to improve outcomes for children
- Quality Assurance of other SSBC programme activities

New Commissioned Workforce

(Family Mentors)

- Fuse evidence based activities with Voluntary Sector approaches
- Paid workforce
- Universal offer
- Lived experience of raising children in the areas
- Get alongside parents and speak their language
- Building community capacity

Community Connection

Community Partnerships – Community Connection Board – Parent champions

SSBC Programme Team

Partnership Management – Workforce Development – Participation & Engagement –
Outcomes & Implementation – Performance & Evaluation – Comms & Marketing

What's working well





What are SSBC Family Mentors?

Nottingham parents came up with the idea of Family Mentors - a new 'peer workforce' who all have lived experience of parenting within Nottingham communities.

Parents have helped SSBC to design the Family Mentor role and the activities they deliver in family home visits through our Small Steps at Home programme.





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Small Steps at Home

For babies aged 7-12 months, topics include:

- Introducing healthy tastes & more solid food
- Play activities to support language development
- Safety tips to prevent accidents
- Attachment & understanding your baby's needs
- Celebrating male role models



Small Steps Big Changes - giving every child the best start in life



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2 years



SSBC began funding Imagination Library books for Nottingham children on 1st April 2015

To date over.....

1,730

that's a
total of

15,504

Nottingham children have received books from SSBC with more newborn babies being registered every day!



books given to Nottingham children so far with more being posted to homes every month!



Small Steps Big Changes - giving every child the best start in life



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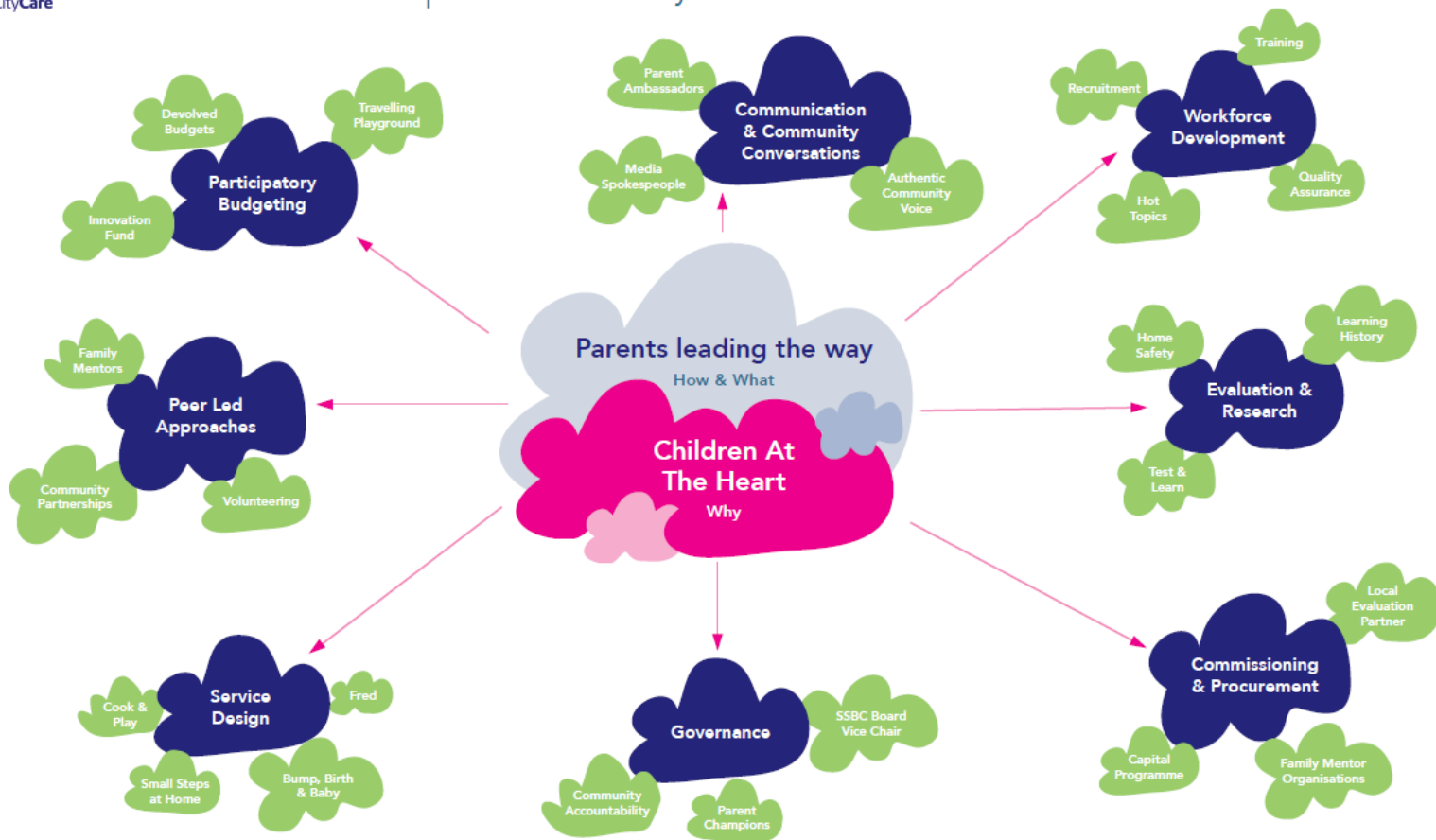
**Parents & communities are
alive with innovative ideas to
boost outcomes for children.**

The SSBC Innovation Fund turns
ideas into reality with £50,000
a year funding & a great
package of support.



People in the lead

Co-production and beyond



Challenges

- Consistent workforce engagement
- System Change



What next



Do you have a good idea?

The Innovations Fund is now open to new applications until 28th May 2017. It will offer individual awards between £1,000 and £5,000.

For more information on the application process please visit www.nottscf.org.uk or contact Nottinghamshire Community Foundation on 01623 620202 or email: enquiries@nottscf.org.uk



HOLD THE DATE

Small Steps Big Changes invites you to their

Our First Steps - shared learning event

Friday 12th May 2017

This event will bring together the SSBC partnership focussing on what we have achieved over the last two years and will provide exciting opportunities to

- hear from our Key note speaker on child development
- take part in a variety of SSBC outcome focused workshops
- network and learn together

Please share this 'Hold the date' invite with your teams. More details will be confirmed shortly and we will send out full invites and booking details for you and your teams.

Small Steps Big Changes - giving every child the best start in life



National
Literacy
Trust



Q: How does the FRED programme work?

A: It kick starts the daily reading habit by:

- Helping dads understand why their role in reading to children is so important
- Encouraging dads to commit to reading with their children each day for 1 month
- Celebrating all of the great progress dads achieve over the month



FRED has been shown to work and improve children's reading accuracy, comprehension and rate of reading.

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