

NOTTINGHAM CITY COUNCIL

HEALTH AND WELLBEING BOARD

MINUTES of the meeting held at Ground Floor Committee Room - Loxley House, Station Street, Nottingham, NG2 3NG on 29 May 2019 from 2.03 pm - 4.09 pm

Membership

Present

Councillor Eunice Campbell-Clark (Chair)
Hugh Porter (Vice Chair)
Councillor Cheryl Barnard
Andrea Brown
Alison Challenger
Alison Michalska
Catherine Underwood
Councillor Sam Webster
Councillor Adele Williams
Tim Guylar

Absent

Councillor Leslie Ayoola
Dr Marcus Bicknell
Sarah Collis
Samantha Travis
Hazel Johnson
Jane Todd
Alison Wynne

Colleagues, partners and others in attendance:

Lyn Bacon - Nottingham Citycare Partnership
Matthew Healey - Nottinghamshire Police
Leslie McDonald - Nottingham Third Sector Health and Wellbeing Provider Forum
Kate Morris - Governance Officer

1 CHANGE IN MEMBERSHIP

RESOLVED to note the following membership changes:

Current Member	Organisation	New member
Councillor Sam Webster	Nottingham City Council	Councillor Eunice Campbell-Clark
Councillor David Mellen	Nottingham City Council	Councillor Adele Williams
Vacancy	Nottingham City Council	Councillor Leslie Ayoola
Superintendent Ted Antill	Nottinghamshire Police	Superintendent Matthew Healey
Tracey Taylor	Nottingham University Trusts	Alison Wynne
Hazel Buchanan	Greater Nottingham Clinical Commissioning Group	Andrea Brown

2 APOLOGIES FOR ABSENCE

Councillor Leslie Ayoola – Nottingham City Council

Dr Marcus Bicknell – CCG
Jane Todd – Nottingham CVS
Alison Wynne – NUH Trust

3 DECLARATIONS OF INTERESTS

None.

4 OBESITY

David Johns, Acting Consultant in Public Health, introduced the themed discussion on Obesity. He gave the Board an overview of Obesity in Nottingham City, which has increased in recent years, outlining the correlation between high levels of deprivation and high levels of obesity in children in Nottingham. David emphasised the need for a whole system approach, incorporating partner organisations and stakeholders in order to tackle the issue.

Caroline Keenan, Insight specialist for Public Health presented the Board with information on the new adult weight management services available in Nottingham. She highlighted the following points:

- (a) There are 4 tiers of weight management provision for adults, the first 2, health promotion & primary care and lifestyle interventions are primarily the responsibility of the local authority. The third and fourth tiers, including specialist weight management services and bariatric services are traditionally the responsibility of health care trusts.
- (b) Nottingham City Council currently offers two interventions, Slimming World weight management on referral and Ladle, a digital weight management course.
- (c) Eligibility for referral to Slimming World is based on BMI, includes 12 weekly classes and is available across the city at various different times of the day. Priority groups include:
 - People with learning disabilities
 - People with mental health problems
 - Pregnant women
 - People of African, Caribbean or South Asian descent; and
 - Men.

Mark Fulford, Facilities Manager (Catering) for Nottingham University Hospitals detailed to the Board work ongoing within the Trust to improve the food offering for staff visitors and patients. He highlighted the following points:

- (d) There are 4 trust wide standards which all catering outlets are subject to:
 - A ban of price promotions on sugary drinks and foods high in fat, sugar or salt.
 - A ban on advertising sugary drinks and foods high in fat, sugar or salt on NHS premises.
 - A ban on sugary drinks and foods high in fat, sugar or salt from check out areas
 - Ensuring that healthy options are available at any point, including those staff working night shifts.

- (e) Other standards introduced ensure that at least 75% of prepacked sandwiches and other savoury prepacked meals contain 400kcal or less per serving, and do not exceed more than 5g saturated fat per 100g and that 80 % of confectionary and sweets do not exceed 250kcal;
- (f) Going forward there are a number of initiatives taking place to continue to theme of healthy eating within NUH trust. A fruit a veg stall will be introduced onto the City and QMC Campus'. There will be continued work with retail partners to deliver the standards set out above and checks and audits to ensure that the maintained.

Gemma Poulter, Head of Integration – Adult Social Care and Amanda Chambers, Getting Active Strategic Lead introduced information to the Board on the Sport England local delivery pilot aimed at reducing physical inactivity.

Gemma presented the story of a citizen who had a long term condition which had led to her becoming increasingly inactive. She detailed her meeting with a community activator, who spoke to the citizen and her partner about what they wanted to achieve, supported the citizen to access the leisure centre and swimming facilities. The outcome for the citizen was not just becoming more active, but increased their confidence, increased their feeling of belonging to the community, increased motivation for healthier eating, and improved the relationship with her partner.

After presenting the case study, the following information about the programme was highlighted to the Board:

- (g) The aim of the pilot is to make being active easy, integrate physical activity into the community and co-ordinate work of partners and organisations who are working towards making physical activity the norm for people who live in our communities;
- (h) It is recognised that how active someone is, is influenced by a range of different factors around them that are beyond the limits of their own motivation and the control of any single service, club or programme. The pilot is exploring with local communities how these factors can be tackled to increase activity;
- (i) The most significant benefits can be seen in citizens who move from being inactive (no physical activity, light intensity activity or activity limited to up to 30 minutes a week) to being fairly active.
- (j) Outcomes for citizens engaging in physical activity are not limited to health benefits, they also report better mental wellbeing, increased feeling of community integration, and improved interpersonal relationships;

Penny Poyser, Chair of the Nottingham Good Food Partnership (NGFP) introduced the partnership to the Board and outlined some of the work the Partnership is doing in Nottingham to promote healthy and sustainable food. She highlighted the following points:

- (k) In 2018 Nottingham Good Food Partnership became a member of the Sustainable Food Cities Network, a network of over 60 members working towards developing best practice in all aspects of sustainable food;

- (l) In 2018 NGFP ran two new programmes in Sneinton focussed on providing children with healthy food and fun activities during the school holidays. This included a healthy eating and play programme over a number of sessions to reach low income families to help alleviate the issue of holiday hunger;
- (m) 108 young children and 50 parents were fed at a cost of £0.31 per head. The meals provided were nutritiously dense vegan meals including home made baked beans and beetroot falafels. Surplus food was distributed to participant to take home.
- (n) The partnership also hosted the city's first healthy food festival for children called Veg Power which attracted over 400 children and their parents.
- (o) The festival had a number of creative activities available, home baking ideas, a pop up allotment, and food from a diverse range of cultures. Feedback from parents was that children tried foods they would normally refuse at home.
- (p) Future projects include the Family Veg Power Festival on 4 August 2019 in Sneinton Plaza and Square and more work on holiday hunger.

Following discussion and comments from the Board, the following points were made:

- (q) There is a piece of work currently looking at the provision already in place across the sectors, and collating information on where there is need for services. This information will feed in to work to ensure a responsive system is in place.
- (r) A focus on work with faith groups and the culturally diverse community groups across Nottingham is helping to raise awareness.
- (s) Workforce education is essential and work at NCC continues and healthy eating options have been introduced at the food outlets at Loxley house. This not only raise awareness for staff but prompts frontline staff to engage with service users around healthy eating;
- (t) The introduction of planning legislation to create exclusion zones for fast food outlets around schools has recently been turned down at a central government level, further work is being done at a local level to attempt to restrict exposure around schools;
- (u) A 10% reduction in childhood obesity is ambitious but the Board questioned whether there should be a target to reduce obesity in adults too.

RESOLVED to:

- (1) Commit to the Nottingham City Council objective of reducing childhood obesity by 10% by 2023**
- (2) Encourage conversations with citizen on moving and eating for good health and, where appropriate, refer citizens to one of the weight management services available in Nottingham City**
- (3) Support exploration of a new, systems approach to eating and moving for good health in Nottingham City; and**

(4) Sign-up to the Physical Activity and Nutrition Declaration, which has previously been endorsed by the Health and Wellbeing Board.

5 HEALTH AND WELLBEING STRATEGY ANNUAL UPDATE

Uzmah Bhatti, Insight Specialist (Public Health) Strategy and Resources introduced the Annual update report 2019 on the Joint Health and Wellbeing Strategy 2016-2020 providing the Board with an update on strategic developments. She brought the following points to the attention of the Board:

- (a) The strategy is divided into 5 areas, an overarching aim to increase healthy life expectancy in Nottingham and 4 outcomes which are then further broken down into different indicators:
 - Healthy lifestyles
 - Mental wellbeing
 - Healthy culture
 - Healthy environment
- (b) Healthy life expectancy in Nottingham is lower than comparators for both men and women. This figure has not changed for men but has shown a downward trend women since targets were set;
- (c) When targets were set, there were significant differences between neighbourhoods in Nottingham with people in the most socio-economically deprived wards experiencing poorer health earlier than those in less deprived wards. Further ward level data is not available to analyse whether there has been a greater impact at ward level.
- (d) The Healthy Lifestyle Outcome indicators updates include the following key points:
 - Although rates of sexually transmitted infection remains high in Nottingham, there has been no statistically significant increase since baseline. Actions are being taken to address challenges around rising demand and higher needs in groups such as young people.
 - There has been significant progress and the conception rate amongst girls age 15-17 has decreased approximately 15% since baseline. Further system-wide actions are being identified to sustain this downward trend.
 - Alcohol related hospital remain unchanged and are higher than comparators. A number of work streams are in progress to reduce this number, including funding bids for an Alcohol Hub in emergency departments and for accommodation to help “street drinkers”.
 - Targets around reducing smoking amongst adults have been achieved. Persistent and vulnerable smokers are now to focus of a new smoking cessation service.
 - Obesity is an ongoing national issue. This has been discussed at length in minutes 4.

- (e) Service related targets for mental health have been achieved. In addition to this, Time to Change hub has over achieved on targets. Activity target at people with serious mental illness, BME people and construction workers is being progressed. A refreshed strategy is currently out for consultation
- (f) Healthy Culture targets around askLION and reablement have been met and exceeded. However, targets around hospital discharge and financial resilience have been more challenging. Actions are being taken to address these.
- (g) Good progress has been made in the Healthy Environment Outcome. Air quality has been improved and EMAS has reduced their carbon footprint. There is still work to do around reducing the number of households in fuel poverty and excess winter deaths as is the case across most of the core cities; Policy restricting hot food outlets near secondary schools has had to be removed due to challenges. Transport improvement continues with various initiatives funded by external sources.

During questions and comments from the Board the following further points were highlighted:

- (h) There has been some really positive work coming from the strategy. It is due to be refreshed and the Board will work towards setting further robust and focused challenges in order to benefit the citizens of Nottingham;
- (i) The Board agreed that partnership working continued to be essential to progressing work towards the strategy targets including the co-ordination of funding where appropriate;

RESOLVED to:

- (1) Note the contents of the report;**
- (2) Consider what actions members can take together to support delivery of the Strategy in its final year; and**
- (3) Support the development of a refresh of this strategy;**

6 PRIMARY CARE NETWORKS

Andrea Brown, Associate Director of Joint Commissioning and Planning for Greater Nottingham Clinical Commissioning Group introduced the report on Primary Care Networks (PCN's) to the Board setting out the development of PCN's. The following information was highlighted:

- (a) Since Nottingham and Nottinghamshire became one of the first wave of Integrated Care Systems in 2018 Nottingham City CCG and the other 5 CCG's within Nottingham and Nottinghamshire have been working towards aligning teams and functions;

- (b) The PCN's will focus on service delivery with responsibility for planning and funding of services remaining with the commissioner;
- (c) A PCN will be a group of practices working together with a range of local providers across primary care, community services, social care and the voluntary sector and it will offer more personalised coordinated health care;
- (d) PCN's broadly fit with the Nottingham City Council Ward Boundaries and have a similar configuration as the Care Delivery Groups previously established;
- (e) The CCG's aim is to form a single CCG as the strategic commissioning organisation within the Nottingham and Nottinghamshire ICS, which will work alongside a number of other changes to NHS services outlined in the NHS Long Term Plan;
- (f) A consultation process is currently taking place on this merger and input from Board members would be welcomed;

RESOLVED to:

- (1) Help raise awareness of the plans for the Primary Care Networks and the different levels of the ICS in order to build a consistent and shared understanding of how the system will work together to improve health and care in Nottingham City; and**
- (2) Consider the role that partners could play in the development and implementation of the PCNs.**

7 IMPACT OF THE COMMISSIONING REVIEWS 2018/19

Christine Oliver, Head of Commissioning, introduced the report updating the Board on the progress to date on the Commissioning reviews for Nottingham City Council and the joint priorities for NCC and Nottingham City CCG for 2018-19. The following points were highlighted during discussion:

- (a) A new inpatient contract was tendered resulted in a new in patient detoxification contract being awarded. A new contract is due to commence a the beginning of July 2019.
- (b) Work around Homelessness continues with a number of new contracts introduced at the beginning of 2018/19 and a new service model implemented. These services include those aimed at reducing the risk of homelessness and a greater number of households at risk of homelessness have been supported into accommodation that is more appropriate. Further work continues;
- (c) Following the review of Domestic and Sexual Violence Services additional funding was secured which has allowed additional provision including 24hour domestic helpline, a male IDVA service and 3 specialist domestic violence refuge provision;

- (d) Many of the joint reviews are still being undertaken and will continue into 2019/20. This includes reviews of Mental Health services where there is currently a lot of pressure;
- (e) The Transforming Care Programme is an ambitious and complex programme. The joint review is taking place closely with NHS England;

RESOLVED to note the progress made in relation to last year's Strategic Commissioning Priorities

8 COMMISSIONING INTENTIONS 2019/20

Christine Oliver, Head of Commissioning, updated the Board on the Commissioning Intentions for 2019/20. She set out the intentions of Nottingham City Council (NCC) and the Joint intentions of Nottingham City Council and Nottingham City Clinical Commissioning Group (CCG) which will form the basis of the work programme for both organisations. She highlighted the following information contained within the report:

- (a) Although there is work occurring around mental health services a clear pathway for services is yet to be established. Catherine Underwood, Hugh Porter and John Brewin will take this work forward and align it to the Integrated Care Partnership for the city. This includes transformation of CAMHS services and the development of an integrated Mental Health Accommodation Pathway;
- (b) A new homecare model is in place which forms part of the Adult Social Care Better Lives Better outcomes agenda;
- (c) The Better Care Fund and improved Better Care Fund supporting integration of provision between Health and Social Care continues to focus on Delayed Transfers of Care from hospital to the community;

RESOLVED to note the main areas of activity identified within the Commissioning Plans.

9 BOARD MEMBER UPDATES

Board member updates were noted.

10 MINUTES

The minutes of the meeting held on 27 March 2019 were confirmed as a true record and were signed by the Chair.

11 FORWARD PLAN

RESOLVED to note the forward plan

12 ACTION LOG

The Chair asked that all members review the action plan and provide updates on outstanding actions.

13 MINUTES OF THE HEALTH AND WELLBEING BOARD COMMISSIONING SUB COMMITTEE HELD ON 27 MARCH 2019 (DRAFT)

RESOLVED to note the draft minutes of the Health and Wellbeing Board Commissioning Sub Committee held on 27 March 2019.

14 NEW JOINT STRATEGIC NEEDS ASSESSMENT CHAPTERS - DEMOGRAPHY AND PREGNANCY

RESOLVED to note the new Joint Strategic Needs Assessment Chapters Demography and Pregnancy.

15 QUESTIONS FROM THE PUBLIC

None.

16 FUTURE MEETING DATES

RESOLVED to meet on the following Tuesdays:

**24 July 2019
25 September 2019
27 November 2019
29 January 2020
25 March 2020**