



**NOTTINGHAM
CHILDREN'S
PARTNERSHIP**

PROUD OF NOTTINGHAM'S CHILDREN & YOUNG PEOPLE

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| Title of paper: | Public Health Nursing for School Aged Children and Young People | |
| Report to: | Children's Partnership Board | |
| Date: | 24 September 2014 | |
| Relevant Director: | Dr Chris Kenny, Director of Public Health | Wards affected: All City Wards |
| Contact Officer(s) and contact details: | Lynne McNiven Loxley House: lynne.mcniven@nottinghamcity.nhs.uk 01158765429 | |
| Other officers who have provided input: | Sarah Diggle | |
| Relevant Children and Young People's Plan (CYPP) objectives(s): | | |
| Stronger safeguarding – With a key focus on ensuring that there are high standards of safeguarding across all agencies and that the Partnership takes a pro-active approach to the elimination of domestic violence. | | X |
| Healthy living – With a key focus on increasing the proportion of children and young people who have a healthy weight. | | X |
| Reducing substance misuse – Partnership work to lessen the impact on children of parental drug and alcohol misuse and to reduce drug and alcohol misuse amongst children and young people. | | X |
| Raising attainment – Raising the attainment levels and increasing engagement in employment, education and training. | | X |
| Improving attendance – Improving rates of attendance at both Primary and Secondary as a key foundation of improving outcomes. | | X |
| Summary of issues (including benefits to customers/service users): | | |
| <p>Health is crucially linked with education. Good health and emotional wellbeing are associated with improved attendance and attainment at school, which in turn lead to improved employment opportunities. An evidence-based approach using prevention and early intervention reduces costs to society and to health, education and wider children's services in the long term.</p> <p>School nurses are specialist public health nurses who support children and young people in their developing years between school entry age and 19 to have the best possible health and education outcomes. The School Nursing service in Nottingham is delivered by Nottingham CityCare Partnership and aims to <i>promote and protect the health and well-being of all school-aged children and young people so that they can optimise their education and wider social opportunities</i>. School nursing is the only independent access to health and social services for children and young people.</p> <p>The responsibility for commissioning school nursing transferred from Primary Care Trusts (PCTs) to Public Health in the Local Authority in April 2013 following the Health and Social Care Act. As part of the transition process, a full review of the service was undertaken between December 2012 and December 2013. The aim of the review was to develop a school nursing service model for Nottingham based on local need to ensure children, young people and families are offered a core programme of evidence based preventative health care with additional care and support for those who need it.</p> <p>The report of the review findings and recommendations was completed in April 2014 and can be found here: Nottingham School Nursing Review Report. A comprehensive action plan is being implemented. One of the key changes is the development of a needs-led model of delivery which began to be fully implemented at the beginning of the 2014/15 academic year. The new model will ensure children and</p> | | |

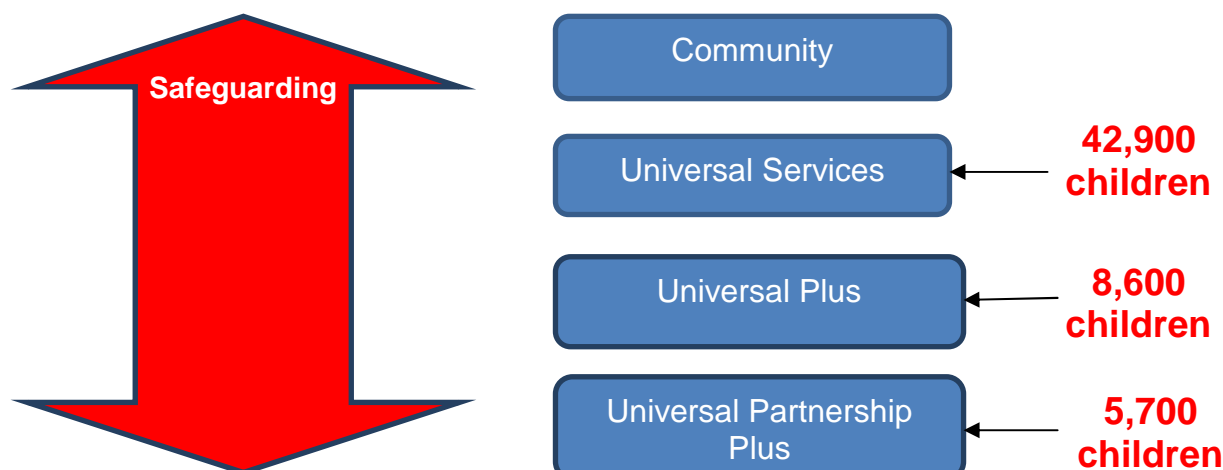
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| young people with the greatest level of need are supported by the most qualified nurses contributing to improved health and educational outcomes. | |
| Recommendations: | |
| 1 | Note the key findings of the review and recognise the value of school nursing in improving health and educational outcomes. |
| 2 | Support the development of the new needs-led model of delivery. |
| 3 | Future reports on progress of implementing the school nursing development action plan be brought to the Children's Partnership Board. |

1. BACKGROUND AND PROPOSALS

The government recognised the importance of school nursing in the public health strategy 'Healthy Lives, Healthy People' and committed to developing a new vision for the role. In March 2012, the Department of Health published '*Getting it right for children, young people and families: Maximising the contribution of the school nursing team: Vision and Call to Action*'. This guidance gives a new vision and model for the profession and is set within the context of the Healthy Child Programme 5 – 19, and is linked to the Public Health Outcomes Framework and Children and Young People's Health Outcomes documents published in August 2012.

The nationally set service model for school nursing is described as follows 'school nursing is a Universal Service, which also intensifies its delivery offer for children and young people who have more complex and longer term needs (Universal Plus). For children and young people with multiple needs, school nurse teams are instrumental in co-ordinating services (Universal Partnership Plus) (figure 1).

Figure 1 Service Model for School Health Nursing Service and number of children in each cohort in Nottingham



The review process for school nursing has been described in a previous report. A summary of this process is illustrated in Figure 2.

Figure 2: Summary of the School Nursing review process

| Element | Summary |
|---------------------------------|--|
| 1. Data and Intelligence | <ul style="list-style-type: none"> Review of national and local data. Development of school health profiles for 16 groups of schools http://www.nottinghaminsight.org.uk/insight/partnerships/public-health/school-health-profiles.aspx |
| 2. Engagement and communication | <ul style="list-style-type: none"> Extensive engagement with children & young people, parents/carers, schools staff and governors, GPs, school nurses and other stakeholders <ul style="list-style-type: none"> 785 surveys completed 113 participated in focus groups 39 one-one interviews |
| 3. School nurse practice | <ul style="list-style-type: none"> Reviewed current practice against Healthy Child Programme (including safeguarding). Identified, strengths, gaps and areas for improvement. |
| 4. Workforce | <ul style="list-style-type: none"> Training needs assessment Workforce planning |

SCHOOL NURSING REVIEW KEY FINDINGS AND DEVELOPMENT ACTION PLAN

A partnership group has been established and is being led by Nottingham CityCare Partnership. This group is leading the implementation of an action plan consisting of over 50 actions. A summary of key findings, actions and developments to date are outlined in figure 3.

Figure 3: Key developments following review of public health nursing for school aged children.

| Key finding | Development |
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| Significant health and social need amongst City's children. | <ul style="list-style-type: none"> School health profiles are being used to ensure a needs-led model of delivery. Development of a health assessment for all children and young people who are absent from school for more than 15% of time. To be introduced early in the 2014/15 academic year. Introduction of a targeted mid-teen health check so that young people will have access to information and advice on sexual health and relationships, emotional well-being, smoking, alcohol, substance misuse and healthy lifestyles. |
| School nurses are valued by schools, parents and young people. | <ul style="list-style-type: none"> Referral mechanisms and accessibility of nurses is being improved. Prioritisation of in-school presence. Development of a working group with deputy head teachers for the development of processes within schools. |
| Service delivery not currently based on need. | <ul style="list-style-type: none"> A new service specification / contract has been written and agreed by our provider. Development of a new model of delivery in which the most experienced/qualified nurses support children and families with |

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| | the greatest need irrespective of age (figure 4). |
| Service provision is inconsistent across the City. | <ul style="list-style-type: none"> • Standard Operating Procedures including pathways are being developed to ensure consistency of provision across schools. The following draft pathways have been developed: <ul style="list-style-type: none"> ○ emotional health ○ sexual health and relationships ○ healthy weight ○ safeguarding |
| Need to increase visibility/accessibility. | <ul style="list-style-type: none"> • Communication strategy developed. • Development of promotional materials including parent/carer pack to be given out at the beginning of the school year. • Considerable consultation undertaken with Primary, Secondary and Special Schools across the City: <ul style="list-style-type: none"> ○ The Public Health team have presented at Head Teachers', Assistant Heads and Governors' meetings to present review findings and the proposed new model. ○ A multidisciplinary meeting in April where over 30 schools sent representation to discuss the future role of School Nurses. There was a specific focus on social emotional and mental wellbeing and healthy weight. ○ A further event is planned for October 16th which will have sexual health and relationships as its focus and an official re-launch of school nursing. |
| Lack of coordinated approach to health promotion. | <ul style="list-style-type: none"> • Three health improvement facilitators (healthy weight, sexual health and relationships and emotional well-being) have been included within the School Nursing contract to develop a whole school approach to improving health and social care outcomes, with equity across each school in the city. |
| Increasing safeguarding demands | <ul style="list-style-type: none"> • A working group has developed a safeguarding pathway and guidance for school nursing. This began to be implemented in September 2014. School nurses' involvement in safeguarding activities will depend on: <ul style="list-style-type: none"> ○ Health concerns ○ Knowledge of the pupil ○ The involvement of other professionals ○ Whether the nurse has a role to play |
| Challenges with recruitment, training and capacity. | <ul style="list-style-type: none"> • A plan for addressing workforce issues, focusing on training and use of skill mix across the service has been developed. • New nurses are being employed on year-round contracts (rather than term-time). |

THE NEW SCHOOL NURSING MODEL

The new school nursing model ensures young people with the greatest level of need are supported by the most qualified nurses, contributing to improved health and educational outcomes.

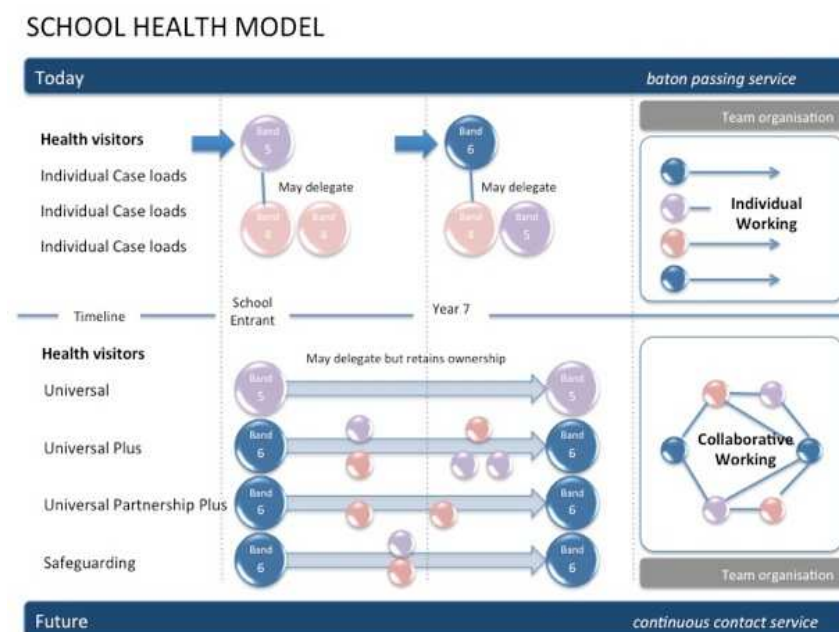
The previous model of delivery for school nursing consisted of one Public Health Specialist Nurse (the most qualified/experienced nurses) being attached to each secondary school. Registered nurses were assigned to the primary schools (approximately five primary schools per nurse). At school entry, each health visitor passed on their entire caseload to the registered nurse. At transition to secondary school the registered nurse passed on their caseload to the Public Health Specialist nurse. This model resulted in nurses working in isolation and was not dependant on the needs of the children/young people.

The new model illustrated in figure 4 incorporates the following:

- Public health nursing teams have been established around each of the 16 school groups (usually one secondary school and the feeder primary schools).
- Each team is led by a specialist Public Health nurse.
- Health visitors split their caseload of children into the four levels of need (universal, universal plus and universal partnership plus and safeguarding and pass children to school nursing in these caseloads. This ensures a smooth transition from health visiting to school health in which the needs of children are clearly identified and communicated.
- The most qualified and experienced nurses support children and families with the greatest need, irrespective of age. For example, children in the universal plus and universal partnership plus cohorts are the responsibility of the Specialist Public Health Nurse who may delegate to other members of her team as deemed appropriate. Registered nurses and other members of the team are responsible for children of all ages in the universal cohort.

The new team model of delivery will ensure that school nurses work collaboratively to ensure that the required provision is provided. Children and young people will receive the appropriate level of service according to their individual needs which will contribute to improved health and educational outcomes for children and young people.

Figure 4: Nottingham City School Nursing needs-led model of delivery



Evidence Base

Department of Health (2009) Healthy Child Programme: From 5 – 19 year olds

Department of Health (2012) Getting it right for children, young people and families: Maximising the contribution of the school nursing team: vision and call to action

Children and Young People's Health Outcomes Strategy: Report of the children and young people's health outcomes forum (2012)

Department of Health (2010) Healthy Lives, Healthy People: Our strategy for public health in England

Department of Health (2012) Improving outcomes and supporting transparency: A public health outcomes framework for England, 2013-2016

Department of Health (2012) Supporting implementation of the new service offer: School Nursing Service and Youth Justice Interface

Department of Health (2012) Supporting implementation of the new service offer: Safeguarding children and young people: enhancing professional practice – working with children and families

Munro (2011) The Munro review of Child Protection Final Report: A child-centred system

Nottingham City Public Health JSNA

Marmot Review (2010) Fair Society, Healthy Lives

MECC: www.nhs.uk/makeeverycontactcount

1. RISKS

Children's Partnership Board should be informed of the future commissioning intentions for the Public Health School Nursing Service in Nottingham City.

2. FINANCIAL IMPLICATIONS

None

3. LEGAL IMPLICATIONS

None

4. CLIENT GROUP

(Groups of children, young people or carers who are being discussed in the report)

Children and Young People aged 5 to 19 years of age.

5. IMPACT ON EQUALITIES ISSUES

(A brief description on how many minority groups are being engaged in the proposal and how their needs are being met: This section includes traveller and refugee families. The themes of the Shadow Boards – children and young people; parents and carers; equalities issues and the voluntary and community sector should be considered here.)

An equality impact assessment was completed during the process of reviewing the Public Health School Nursing Service in Nottingham City.

6. OUTCOMES AND PRIORITIES AFFECTED

(Briefly state which of the CYPP objectives and priorities will be affected)

The commissioning review and improved service outcomes for Public Health School Nursing in Nottingham City will affect the following CYPP priorities:

Stronger safeguarding – With a key focus on ensuring that there are high standards of safeguarding across all agencies and that the Partnership takes a pro-active approach to the elimination of domestic violence.

Healthy living – With a key focus on increasing the proportion of children and young people who have a healthy weight.

Reducing substance misuse – Partnership work to lessen the impact on children of parental drug and alcohol misuse and to reduce drug and alcohol misuse amongst children and young people.

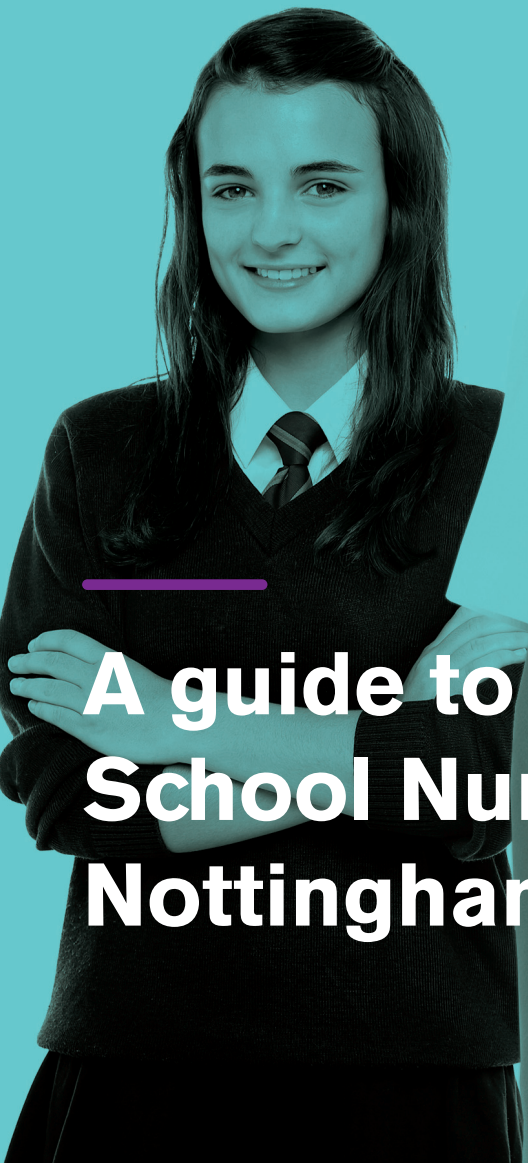
Raising attainment – Raising the attainment levels and increasing engagement in employment, education and training.

Improving attendance – Improving rates of attendance at both Primary and Secondary as a key foundation of improving outcomes.

7. CONTACT DETAILS

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A guide to School Nursing in Nottingham City



NHS

Who are CityCare?

We are your local provider of free, NHS, community healthcare services.

We have a long heritage of delivering high quality care for you and your family at home, or close to home in community settings such as health centres, school and GP surgeries.

We deliver a range of nursing and healthcare services – from health visiting and education for young families, to community nursing and home-based rehabilitation programmes for older people, to NHS walk-in centres and specialist diabetes and educational nutrition and dietetics sessions.

We provide quality care you can trust.

As a social enterprise, we are dedicated to building healthier communities. We work in partnership with patients, staff, partners and the local community to build a healthier more sustainable future for all.



The School Nursing Team

The School Nursing Team is led by a Specialist Public Health Nurse and includes Registered Nurses; Nursery Nurses; Health Care Assistants and Administrators.

We work alongside a variety of professionals including teachers; parents; carers; children and young people to promote and maintain good health.

We are an 'all year round service' for all 5-19 year olds and work in schools; health centres; homes and other venues to meet the needs of children and their families.



Young people have a right to speak to a health professional and it be confidential except where there is a risk to themselves or others. However, we always encourage young people to speak to their parent or carer.



Our Services

These services are offered for **every** child and young person in Nottingham Schools:

Primary School

Reception

A health questionnaire will be sent to you about your child's health. Your child will be weighed and measured with your consent as part of the National Child Measurement Programme.

Year 6

Your child will be measured again.

Secondary School

Year 7

A health questionnaire will be sent to you about your child's health. There will be an assembly in school to explain the role of the school nurse.

Your child will be asked to complete a health questionnaire.

Year 8

All girls will receive the HPV (Human Papilloma Virus) immunisation to protect them from forms of cervical cancer.

Year 9

All young people will be asked to complete a 'mid-teen' health questionnaire.

Drop-in Services

Every child and young person will have access to a regular, confidential drop-in service provided by a nurse.

Additional Services

We can provide advice, support and signposting to services for the following:

- Healthy eating
- Weight management
- Emotional health and wellbeing
- Behaviour support
- Self harm
- Eating Disorders
- Smoking cessation
- Drugs and alcohol
- Puberty and hygiene
- Dental health
- Keeping safe
- Sexual health
- Domestic violence
- Continence/Constipation
- Young carers
- General health promotion

These services can be offered on a one to one or group basis



Getting in touch with the School Nursing Team

- Clifton Cornerstone (including Meadows)
0115 878 6328
- Basford Health Centre
0115 883 3236
- Bulwell Riverside
0115 883 3455
- Mary Potter Health Centre
0115 883 8089
- St Ann's Health Centre
0115 883 8702
- Sneinton Health Centre
0115 883 8600
- Wollaton Health Centre
0115 883 3100
- Strelley Health Centre
0115 883 3315

Please call 0115 883 4333 if you are unsure which team to contact.

Getting in touch with CityCare

You can feed back any compliments, concerns, complaints or comments by:

T: 0115 883 9654

E: [customercare](mailto:customercare@nottinghamcitycare.nhs.uk)

[@nottinghamcitycare.nhs.uk](mailto:customercare@nottinghamcitycare.nhs.uk)

W: www.nottinghamcitycare.co.uk

If you would like this information in another language or format such as larger print, please contact: **0800 561 2121**

www.nottinghamcitycare.nhs.uk

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