

## Health and Wellbeing Board 21 September 2020

<b>Report for Action</b>	
<b>Title:</b>	Health and Wellbeing Strategy Refresh 2020
<b>Lead Board Member(s):</b>	Alison Challenger, Director of Public Health
<b>Author and contact details for further information:</b>	Uzmah Bhatti, Public Health Insight Manager, Nottingham City Council
<b>Brief summary:</b>	This report provides the board with the background and update on progress of refresh of the Nottingham City Joint Health and Wellbeing Strategy.

### **Recommendation to the Health and Wellbeing Board:**

Board is asked to:

1. Note contents of this report;
2. Agree the proposed approach to refreshing the Health and Wellbeing Strategy 2020-24

### **Contribution to Joint Health and Wellbeing Strategy:**

<b>Health and Wellbeing Strategy aims and outcomes</b>	<b>Summary of contribution to the Strategy</b>
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities	This report provides the Board with information on the refresh of the Nottingham City Joint Health and Wellbeing Strategy itself.
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy	
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles	
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well	
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health and wellbeing	

<b>How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health</b>
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<b>Background papers:</b>
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