


Help and Support - Useful telephone numbers for Dales residents

General Help and Support Numbers	Nottingham City Council (NCC) Customer Hub/Golden Number (if you're shielding and need help or for council services)	0115 915 5555	
	Refugee Forum (for refugees and asylum seekers)	0115 960 1230	
	Age UK (advice line for older people)	0800 678 1602	
	Disability Support	0115 978 5095	
	Free Bulky Waste Collection (NCC)	0115 915 2000	
	Anti-Social Behaviour (call to report issues)	0115 915 2020	
	Have your say (comments compliments and complaints)	www.nottinghamcity.gov.uk/hys	
	Fire, Police, Ambulance emergency	999	
Police non-emergency	101		
Crime stoppers (give information anonymously)	0800 555 111		
Victim Care (for victims of crime)	0800 304 7575		
Food and Clothing Support	Foodbank / energy vouchers referrals (The Chase Neighbourhood Centre, St Ann's)	07979 159 095	
	Salvation Army (Sneinton foodbank)	0115 950 3927	
	Himmah Food Bank (referrals and delivery only)	0115 871 4426 / info@himmah.org www.himmah.org	
	The Foodprint Store (low cost affordable food) 101 Sneinton road - NG2 4QL	info@foodprint.io   @foodprintio	
	Sharewear (free clothing bedding, shoes by referral)	07724 118 666	
Housing and Welfare Support	Nottingham City Homes	0115 746 9555	
	Housing Aid (for homelessness and housing advice)	0115 876 3300	
	NCC Welfare Rights (for advice on benefits and debt)	0115 915 1355	
	St Ann's Advice Centre	Welfare and benefits advice	0115 950 6867
		Debt advice	0115 908 1530
Money Sorted for financial wellbeing		0115 908 1534	
Crisis Support	Domestic Abuse 24-hour helpline (for women and children)	0808 800 0340	
	Domestic Abuse helpline (for men)	0808 801 0327	
	Adult Safeguarding (report concerns and get support for vulnerable adults at risk of harm)	0300 131 0300	
	Childline (helpline for children 7.30am – 3.30am)	0800 1111	
	Children and families direct (if you're worried about a child being harmed)	0115 876 4800	
	Samaritans (24-hour)	116 123	
	Shout mental health text line (struggling to cope?)	85258 / giveusashout.org	
	Mental Health helpline (9am – 11pm every day)	0300 555 0730	
Nottingham Recovery Network (drug/alcohol services)	0800 066 5362		

Benefits and Money Advice - St Ann's Advice Centre

Money Sorted

Personalised 1:1 support to improve financial wellbeing
0115 908 1534

Debt Advice

General Debt advice (eg. housing, council tax, fuel), negotiations with creditors, payment plans, Debt Relief orders – **0115 908 1530**

Welfare and Benefits Advice

Support with applications, form filling, Advocacy support with DWP, PIP, ESA appeals
0115 950 6867

Children and Young People's Activities

The Renewal Trust

  @TheRenewalTrust or @BrendonLawrenceSportsCentre

0115 911 2226

enquiries@renewaltrust.org.uk

Families information Service (for families/children)

0800 458 4114

NCC youth and play timetable

www.nottinghamcity.gov.uk/playandyouth

www.nottinghamcity.gov.uk/childrenscentres

Local Libraries Click & collect books, PC access by appointment, Home Library Service, Online Library

Dales Centre Library

0115 876 1990

St Ann's Valley Centre Library

0115 883 9700

Contact your local Dales ward councillors to raise any issues or concerns

Councillor David Mellen

e: david.mellen@nottinghamcity.gov.uk / t: 07759 829 654

Councillor Neghat Khan

e: neghat.khan@nottinghamcity.gov.uk / t: 07891 287 522

Councillor Gul Khan

e: gul.khan@nottinghamcity.gov.uk / t: 07737 576 427

Need help finding a job? Are you unemployed and living in The Dales? Give us a call, we are waiting to help you!

Are you 16+? Worried about being unemployed? Do you need support to find your next job?

Great NEWS there are lots of support services to help with the challenges in finding work. For all ages (16+) and backgrounds (including those living with long term health concerns or disabilities).

You can get help with:

- CV Writing
- Interview questions and answers
- General Job Searching
- Careers Guidance
- Looking for volunteering opportunities
- Identifying the roles that best suit you

Nottingham Jobs

Tailored employability support i.e Age, Location, Health and Links with local employers and current vacancies. Contact **Sarah Barr – 0115 876 4508**, jobs.hub@nottinghamcity.gov.uk

The Renewal Trust

General employment support and advice offering support with job searching, looking into a career change and seeking out volunteering? Contact **Ann Rose – 07867 562 295** or ann@renewaltrust.org.uk

Futures

Training and employment support tailored to your needs and goals. Support into education, employment and apprenticeships is available for school leavers, through to retirees. Call **0800 100 900** or email hello@the-futures-group.com

More information about services can be found online at: www.asklion.co.uk

Supported by The Dales councillors

Due to the changing regulations regarding COVID-19 please phone the numbers to find out about any changes to the details given here. This leaflet has been produced by members of the Dales, Mapperley and St Ann's Area Partnership February 2021.



Nottingham
City Council