

**Nottingham City Health and Wellbeing Board  
29 September 2021**

	<b>Report for Information</b>
<b>Title:</b>	Update on the Nottingham City Integrated Care Partnership (ICP)
<b>Lead Board Member(s):</b>	Councillor Adele Williams (Chair, Nottingham City Health and Wellbeing Board and City ICP Forum member) Dr Hugh Porter (Vice Chair, Nottingham City Health and Wellbeing Board and Interim Lead / Clinical Director, City ICP)
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<b>Brief summary:</b>	This update includes a progress report on priorities 1-5 from 2020/21 and the newly agreed mental health and wellbeing priority for 2021/22. An update on activities under the priority to strengthen the infrastructure, governance and accountability of the partnership, and on priority 8, with work undertaken to support uptake of the Covid-19 vaccine in the City, is also included.

**Recommendation to the Health and Wellbeing Board:**

1. To note the ICP update.

**Contribution to Joint Health and Wellbeing Strategy:**

<b>Health and Wellbeing Strategy aims and outcomes</b>	<b>Summary of contribution to the Strategy</b>
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities.	The programmes of work undertaken by the ICP supports all of the aims, but recent work has been especially focussed on reducing inequalities.
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy.	
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles.	

<p>Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health.</p>	
<p>Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well.</p>	
<p>Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health and wellbeing.</p>	

**How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health**

The new programme adopted by the ICP will be focussed on mental health and wellbeing.

<p><b>Background papers:</b></p>	<p>Appendix 1 – Nottingham City ICP Programme Priorities 2020/21</p> <p>Appendix 2 – Green social prescribing update</p> <p>Appendix 3 – NHS England 'Developing Thriving Places' – part of a suite of national guidance around the proposed changes in the Health and Social care bill currently going through parliament.</p>
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## **1. Introduction**

This update includes an update of the City ICP programme priorities 1-5 from 2020/21 and the newly agreed mental health and wellbeing priority agreed for 2021/22. An update on activities under priorities 6 (developing the partnership, its PCNs and ICP culture) and priority 7 (supporting the Integrated Care System (ICS) in managing Covid and recovery) is also included.

## **2. Programme Priorities 1-5: Review**

The City ICP established its first set of programmes in June 2020 (Appendix 1), Programme Leads have been working with project teams (made up of different ICP partners), meeting regularly to progress activity against programme plans. Each of the five ICP programmes has made good progress in the first year despite operational pressures caused by the pandemic.

The most significant recent development has been the success of the programme around Severe Multiple Disadvantage in securing funding from the Ministry for Housing, Communities and Local Government (MHCLG) through the Changing Future Programme. The ICP has secured funding of £3.9 million over 3 years to support system transformation in how the system and services support and wrap around these citizens.

The Changing Futures programme is a £64 million joint initiative by the MHCLG and The National Lottery Community Fund, the largest funder of community activity in the UK. The fund is for local organisations to work in partnership to better support those who experience multiple disadvantage, including homelessness, substance misuse, mental health issues, domestic abuse, and contact with the criminal justice system.

It will build on the positive work already being delivered in the city to support those facing multiple disadvantage, especially by Opportunity Nottingham; an organisation that closes in June 2022. This will see key aspects of its work in supporting those facing multiple disadvantage in Nottingham continue under the new funding. People experiencing multiple disadvantage within the city were also involved in the bid, providing their views on how services can be improved to ensure better outcomes for people facing very challenging circumstances in their lives.

### **How the funding will help**

The grant will fund a specialist team, with links to key services including housing, probation, mental health services, and Social Workers. A key focus will be on building a sustainable City Partnership; delivering integrated support for people facing multiple disadvantage in the city, via a cost effective, connected and person-centred system.

The impact of the funding will be felt immediately within the city, with a core delivery team structure already developed, and transition into new roles to commence during the summer.

### **3. New Programme Priority: Mental Health and Wellbeing**

As part of the review of the current 20/21 programmes 1-5 in March 2021, Healthwatch supported by the Nottingham Community and Voluntary Service held a further listening event to support the ICP to understand the concerns and issues of City residents. Following this and subsequent discussions at the ICP Executive it has been agreed to develop a new programme with a focus on Mental Health and Wellbeing for 2021/22. This will be supported and have input from the current Nottingham Mental Health Collaborative.

A dedicated programme lead has been identified and is now scoping this work which will focus on a small number of key mental health issues, whilst also supporting the wider ICS mental health programmes of work.

### **4. Programme Priority: Developing the partnership and its Primary Care Networks (PCNs), and Establishing the ICP Culture**

This has taken on increased importance given the progression of the health and care bill being laid before Parliament on the 6 July 2021, with plans to make the ICS a statutory body, and for Clinical Commissioning Groups (CCGs) to cease to exist in April 2022. As part of this, the current ICS board has been involved in two recent development sessions to start to process the raft of guidance now available from NHS England. Importantly for Nottingham City ICP is the guidance on place-based partnerships produced by NHS England and the Local Government association on 2 September: 'Thriving places Guidance on the development of placebased partnerships as part of statutory integrated care systems' ([ICS-implementation-guidance-on-thriving \(england.nhs.uk\)](https://www.england.nhs.uk/guidance-on-thriving-places/)).

This guidance allows a high level of flexibility for each ICS around its places, but also stresses the importance of Health and Wellbeing Boards in both place but also being foundations to the ICS strategy. A sub-group of the ICS / CCG had been set up to work through the national requirements of this documentation in preparation for April 2022. The ICP is working closely with this group following the development sessions that took place over the summer between City Health and Well-being Board and the ICP.

A small but important aspect to note - the new ICS partnership boards will officially be called Integrated Care Partnerships (ICPs) , so the place based partnerships in Nottingham and Nottinghamshire, which to date have also been called Integrated Care Partnerships, will need to be renamed. Currently, the terminology used in the legislation is Place-Based Partnerships (PBPs).

#### **Primary Care Network accelerator sites**

After discussion across the 8 PCNs which make up the City ICP, it has been agreed that PCN 1 – Bulwell and Top Valley, and PCN 6 – Nottingham City East (which covers St Anns, Sneinton and Bakersfield) would act as pathfinders in future PCN development – taking them from groups of general practices towards more integrated neighbourhood teams (and

leadership) across multiple partners. As part of this, PCN 1 has launched the Bulwell and Top Valley Health Forum, bringing partners to their on a regular basis.

The ICP is working with the remainder PCNs on smaller-scale neighbourhood projects and developments (see Appendix 2 as an example of work going on in PCN 3 – BACHS).

### **‘Share and Learn’ and co-mentoring**

Another arm to developing both our PCNs and the ICP culture is around increasing understanding between different frontline staff in different organisations of our work, pressures and achievements.

Two aspects of this are Share and Learn webinars – brief 30 minute slots that explain an organisation or service and allow staff to ask questions. This completed its first tranche of events over the summer, with positive feedback, so wave 2 of these webinars is set to launch on 29 September with an update on the ICP itself, and its plans going forward. Alongside we launched a co-mentoring scheme (Appendix 3), which pairs different people from across our partner organisations. Again, a pilot first wave was completed earlier in the year and now a wave 2 is live with increased numbers of participants.

### **Green social prescribing**

Green social prescribing connects people to community groups and other organisations for practical and emotional support to improve their health and wellbeing. Nottingham and Nottinghamshire ICS was successful in securing £500,000 as part of a two-year (April 2021 to March 2023) national green social prescribing scheme aimed at improving the mental wellbeing of communities hardest hit by coronavirus.

The focus of the programme is within Nottingham City, however the project will aim to grow into Nottinghamshire in the second year. The project is being run by the Department of Health and Social Care; the Department for Environment, Food and Rural Affairs; Natural England; NHS England and NHS Improvement; Public Health England; Sport England; the Ministry of Housing; and the National Academy for Social Prescribing.

Locally, Nottingham Community and Voluntary Service is leading the programme on a day-to-day basis, working closely with Framework and the Canal and River Trust East Midlands. A website is now live with more information and details of how to get involved: <https://www.nottinghamcvs.co.uk/voice-and-partnerships/greenspace>.

The programme is now starting to roll out with a project manager in place and links formed with the social prescribing link workers that have been employed by the PCNs across the City. It will also include targeted initiatives to support some of the most deprived communities that have been disproportionately affected by the coronavirus crisis, namely:

- People living with long term conditions, especially older people;
- Black, Asian and Minority Ethnic (BAME) communities;

- Families living in disadvantaged communities and, in particular, those without access to gardens, balconies or green space.

### **Notts in City Mind**

The ICP had teamed up with Trent Bridge Community Trust to launch an initiative around men's mental health. This free 12-week programme is based in BACHs PCN and aims to offer support and improve mental health and well-being through sporting activities (see appendix 4).

### **5. Supporting our Partners' Response, Recovery and Restoration from Covid-19**


Work has continued across the ICP in increasing Covid vaccination uptake, especially across our younger citizens and diverse communities. The ICP is now working with the ICS and especially its member PCNs, who will be delivering not only the third phase of the programme which involves Covid boosters vaccinations to the most vulnerable, health and social care staff and those over 50, but will also be delivering the expanded influenza vaccination programme.

Importantly the ICP is working with general practices across the City to look at how we can support practices given the unprecedented pressures they face – managing Covid infections during this third wave, delivering the above vaccination programmes, managing general patient need and demand (including providing large numbers of face-to-face appointments) and making in-roads into the backlog of long-term condition reviews that on national recommendations were put on hold during the first waves of the pandemic.

## Appendix 1 – Nottingham City ICP Programme Priorities 2020/21

In 2020/21 City ICP partners will work together to improve the lives of citizens by:	
1	Supporting people who face severe multiple disadvantages to live longer and healthier lives
2	Preparing children and young people to leave care and live independently
3	Supporting those who smoke to quit and reducing the number of people at risk of smoking
4	Increasing the number of people receiving flu vaccinations
5	Reducing inequalities in health outcomes in BAME communities
As well as focusing on improving outcomes for citizens City ICP partners will:	
6	Develop the Integrated Care Partnership and establish the ICP culture
7	Support our partners in response, recovery and restoration from Covid-19


## Appendix 2 – BACHS PCN newsletter



# BACHS PCN Monthly Newsletter

Issue 6 – August 2021

### A Message from the Clinical Director



"Teamwork divides the task but multiplies the success"

Another busy month for the PCN amidst school holidays for parents, staff and patients. Phase 3 planning has been the core work for our PCN along with further ARRS recruitments. Thank you to our network manager Ruth, Dr Churchill and other colleagues from Bilborough medical practice to collaborate and meet all the deadlines. I also sincerely thank all of our families who have coped with most of us working during the holidays! PCN3 practices have been resilient amidst covid isolations and sustained to provide quality care for our citizens even while they were red on CPFL dashboard due to staff shortage. Keep up the good work and I look forward for the covid booster and flu vaccinations in coming weeks.

- Subeer Satyam

### Action Updates

Due to blood collection supply disruption, certain tubes are limited in number until Friday 17 September 2021. This means that only urgent blood testing can be permitted at this time.

The NUH and SFH Emergency Departments are currently under extreme pressure. If a patient is to be referred to the ED, referrers are asked to ensure that the speciality department and NEMS Care Navigator cannot direct the patient to a more appropriate pathway beforehand.

The process for minor surgery claims has been returned back to the previous form, reducing workload and complexity for practices.

SystemOne practices are asked to update their 'Share In' whitelst to include Beechdale to allow communication between FCPs and practices.

### A Message from the Network Manager

This month has been busy with arranging for the 3rd dose of the Covid vaccine. Working closely with Dr Churchill and his team as the designated site for the BACHS PCN. Working with the SPLWs on forecasting events, coffee mornings/afternoons and how to reach as many patients as possible within our PCN area. It has also been great meeting different partners within the community and how we can work together in the forth coming months. I have been preparing for our Health & Wellbeing Coaches to join the PCN in September 2021. Exciting times ahead!


- Ruth Leachman

### COVID-19 Update

One person from each PCN practice must sign the Phase 3 COVID-19 Vaccination Collaboration Agreement for boosters. All practices but Melbourne Park will be taking part, and Melbourne Park must still agree with the MOU.

Vaccination uptake information was last made available on Friday 20 August 2021.

### ARRS Updates



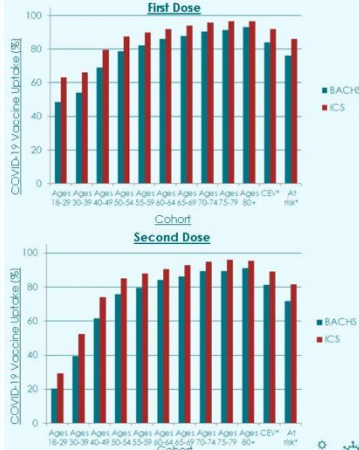
BACHS PCN **Social Prescribing Link Workers** continue to work with Practice SPLW Champions. Champions are thanked for your support. Referrals are general increasing, but it is requested that as much information is put on the forms as possible.

SPLWs continue to be out in the community to scope and validate groups and organisations including food banks, social groups and more. A new coffee morning is starting at Hyson Green Library, and the Melbourne Park Coffee Morning will move to Strelley Library. At the coffee mornings they enjoy quizzes, arts & crafts and cake making. SPLWs look forward to working with the Green Social Prescribing Team to secure tools and equipment to start a community garden in the area.

Between 1 August and 28 August, there were 39 referrals from BACHS practices to the SPLW team. The majority of these were categorised as for Health and Wellbeing support, with 18 patients giving 47% of all referrals.

BACHS PCN **Clinical Pharmacists** are continuing with implementing the DES by performing SMRs. The team has been having a quiet time in the holiday season but they do have new **Pharmacy Technician** Kejal Upadhyay working with them. Welcome, Kejal!

Collected and produced by Nottingham City General Practice Alliance.



**First Dose**

Age Group / Cohort	BACHS (%)	ICS (%)
Ages 16-29	55	65
Ages 30-39	60	70
Ages 40-49	65	75
Ages 50-54	70	80
Ages 55-59	75	85
Ages 60-64	80	90
Ages 65-69	85	95
Ages 70-74	90	98
Ages 75-79	95	100
Ages 80+	90	95
CEV*	85	90
A1 risk*	80	85

**Second Dose**

Age Group / Cohort	BACHS (%)	ICS (%)
Ages 16-29	30	40
Ages 30-39	40	50
Ages 40-49	50	60
Ages 50-54	60	70
Ages 55-59	70	80
Ages 60-64	80	90
Ages 65-69	85	95
Ages 70-74	90	100
Ages 75-79	95	100
Ages 80+	90	95
CEV*	85	90
A1 risk*	80	85

\*CEV = Clinically extremely vulnerable cohort  
\*A1 risk = COVID-19 at risk cohort

## Appendix 3



# APPLY for the Nottingham City ICP co-mentoring scheme ...



## become a part of our future

The world is changing and how we work in the future is changing alongside it!

## Appendix 4

Notts In Mind is a new 12 week programme with sessions taking place every Tuesday between 1pm and 2.30pm at Melbourne Park starting Tuesday 14th September.

We use sport and physical activity to:

- INCREASE SELF ESTEEM
- BUILD CONFIDENCE
- IMPROVE FITNESS LEVELS
- MEET NEW PEOPLE

The sessions will:

- BE FUN, FREE AND WELCOMING
- BE IN A SAFE ENVIRONMENT
- BE TAKEN BY QUALIFIED COACHES



Want to find out more? Contact Ian Richardson on 07814 112 510 or email [ian.richardson@trentbridge.co.uk](mailto:ian.richardson@trentbridge.co.uk)

OR VISIT  
[TRENTBRIDGE.CO.UK/TRUST](http://TRENTBRIDGE.CO.UK/TRUST)

