

Overall value of the Life Course programme: £393,583.00

*Project 1: 0-5 years emotional health and wellbeing training – £20 000*

The money will cover staff time for delivering training to the 0-5 years workforce employed by the council.

*Project 2: CAMHS primary/secondary age early intervention – £60 000*

*Project 3: Further education and higher education self-harm prevention – £50 000*

The above two projects break down into three areas, all overseen by the Nottingham City Council SHARP team, with overlap: Staff training at Windy Dryden Primary School, the It's Good to Talk programme, and the Keeping You Safe programme. The money will cover training, 2x FTE practitioners, and resources including Advertising & Promotion, Resources/Stalls, Video, and harm minimisation/first aid pouches

*Project 4: Adults and CYP gambling prevention and early intervention - £80 000*

There are approximately 1350 problematic gamblers in Nottingham and around 9450 people (adults and children/young people) affected by their gambling. Double Impact, a provider organisation, will undertake community asset mapping, connecting with people with lived experience and involving them at all levels, utilising peer researchers to carry out testing of the proposed model with problem gamblers. Specific interventions to improve financial inclusion will be fully developed and evaluated and include debt advice, money management, and links to Pathways to Employment.

*Project 5: Social prescribing (including green social prescribing) – £60 595*

Administered by Nottingham and Nottinghamshire CCG. We will boost provision of referral options for face to face nature-based and community-led activities. We will build in welfare advice, and connections to housing, education and employment support.

*Project 6: IAPT– £30 000*

Administered by Nottingham and Nottinghamshire CCG. Community development workers will be seconded into IAPT to work with 36 community groups over 9 months, to reach adults most at risk of poor mental health, likely to include people from BAME communities and from those whose first language is not English.

*Project 7: Supporting BAME Communities of Practice identified communications project – £15 000*

Communications project with black-led community groups in Nottingham, in collaboration with Nottingham City Council's Marketing and Communications service

*Project 8: All ages population needs assessment with focus on prevention - £20 000*

Administered by Nottinghamshire Health Trust – funding will be used to for a WTE staff member for six months to do the analysis.

Programme costs/evaluation - £37 288 budgeted plus additional £20,700 awarded by PHE