

Operational Executive Decision-Making Form

Guidance

This form should be used to record operational decisions taken by officers.

Operational decisions are defined as those which:

- have a value below £250,000
- are taken within agreed policies and within the overall agreed budget controlled by the officer taking the decision
- bid for and accept grant funding to implement agreed policies, up to the value of £250,000.

When defining the financial value of a decision the following principles apply:

- the financial value of a decision should reflect the total committed financial impact of that decision to the Council, for example, the full cost of a contract over its lifespan rather than the cost per year
- decisions incurring savings, income (including income from grants), loss of income and expenditure all fall within the definition of financial impact.

Governance Services can provide advice if you are unsure whether your decision is operational.

Please refer to Decision Making Guidance, available on the intranet, for information on how to fill out this form.

Signatures should not be added to this form, but it is your responsibility to obtain explicit approval for the decision from the decision maker (usually your Corporate Director).

Publication and Implementation of the Decision

Once complete you must send a copy of this form to constitutional.services@nottinghamcity.gov.uk for publication on the Council's website. If there is a valid reason why any of the information cannot be published please attach it as an exempt appendix. In exceptional circumstances, the whole decision may be exempt from publication. If this is the case, please make this clear on the form. The title of the decision will still be published.

Operational officer decisions are not subject to call-in. Therefore, decisions should be completed and submitted to Governance Services before they are implemented but do not have to be published before implementation.

Operational decisions with a value below £25,000 do not require this form to be completed.

The Appropriate Decision Maker

Regardless of the financial threshold, consideration will need to be given to ensuring decisions are taken by the appropriate decision maker. This is not always dictated by value. There may be some decisions with a value of under £250k which would be most appropriately taken by a Portfolio Holder or Executive Committee.

Procurement

Where the decision involves the procurement of goods or services from a third party you must follow the Council's agreed procurement procedures, including arrangements for exemptions from those procedures. Please contact the procurement team for advice.

Operational Decision Record

Publication Date 16/12/22	Decision Reference Number 4796
Decision Title	
Remote Adult Weight Management Service	
Decision Value	
£206,311	
Revenue or Capital Spend?	
Revenue	
Department	
Public Health	
Contact Officer (Name, job title, and contact details)	
Ellen Kelly – Public Health Manager ellen.kelly@nottinghamcity.gov.uk Jessica Tomlinson – Public Health Lead Commissioning Officer jessica.tomlinson@nottinghamcity.gov.uk	
Decision Taken	
To approve spend of up to £206,311 for 1.25 years (expected to commence January 2023) for the delivery of remote adult weight management services. To approve award of a contract to Oviva.	
Reasons for Decision and Background Information	
<p>Background:</p> <p>Eating and Moving for Good Health is one of the four priorities of Nottingham’s Joint Health and Wellbeing Strategy 2022-25. The strategy acknowledges the multiple barriers and challenges to eating and moving for good health and this service helps to address them.</p> <p>Nottingham has high rates of people who are overweight or obese across its adult population as the percentage of adults classed as overweight or obese continues to increase nationally, year on year, and Nottingham is similar to the national average. In 2020-21, 66.9% of adults (aged 18+) were classified as overweight or obese in Nottingham (OHID). Communities with higher levels of deprivation have higher proportions of overweight or obese adults.</p> <p>The Strategic Council Plan commits to increasing opportunities for people in the city to become more physically active.</p> <p>Reason for decision:</p>	

People from our more deprived communities, which include a disproportionately higher rate of people from ethnic minority groups, are more likely to work in occupations which require them to work shift-working patterns. It can be difficult for people working shifts to engage in group based behavioural interventions, therefore we need to provide more flexible ways to access support for weight management by tapping into the potential offered by a range of digital services, where evidence of effectiveness is still emerging.

Oviva are a national provider with digital and telephone methods, who have been commissioned nationally to deliver the NHS Digital Weight Management Service via GPs to those living with obesity plus diabetes or high blood pressure.

The local offer would extend this, to include for example marketing and self-referral options to those who do not realise they are overweight and that this puts them at risk. Delivered by dietitians and health coaches, the service can reach clinically complex patients, is delivered in 25 languages and is culturally appropriate. Digital and telephone services (materials can be posted for those without digital access) are more accessible for citizens with caring commitments, shift working, or those who do not like groups.

This Tier 2 Weight Management service is delivered by dietitians and health coaches. Care is delivered as either telephone-only or digitally enabled options using the NHS Digital approved Oviva app (which supports self-management and offers secure communication with their dietitian).

The service will have a wide reach into the community and establish a user-friendly referral pathway and engage and motivate service-users to ensure maximum retention rate and weight loss outcomes.

The key benefits of a local tier 2 services over and above the national offer are:

Greater accessibility for Nottingham City residents:

- Oviva will provide an alternative pathway for people who do not have access to a smartphone, whereby the 12-week programme is provided as a combination of web browser-based learning (Oviva Learn) and phone calls.
- Oviva will provide the programme in any language the Service User requires. The NHS Digital Weight Management Programme is only available in English.

Localised content and signposting to maximise weight loss:

- Oviva's expert Dietetic Clinical Leads will co-create targeted meal and physical activity plans for Nottingham Service Users during mobilisation which reflect access to food and activity across the local area. Furthermore, a Nottingham specific signposting pack will be available which Oviva's

dietitians will use in the sign up process and throughout the 12 week care pathway to ensure Service Users weight loss can be maximised through the use of locally available services both within the programme and afterwards.

Actions to support underrepresented groups being referred to the service (?)

- Oviva Service Managers will support Primary Care Networks across Nottingham City to help drive referrals in groups underrepresented in existing weight management services, for example Minority Ethnic and more deprived groups.

Guaranteed access to an evidence-based service:

- All Nottingham City citizens that sign up to the programme will have access. The NHS Digital Weight Management Programme triages patients to different levels of care, and within that approach Oviva is only available to people with more complex needs (level 2). This means up to two-thirds of patients referred into the NHS Digital Weight Management Programme will not be offered the evidence-based and effective Oviva service, posing a risk to them achieving weight loss and the associated health benefits

Other Options Considered and why these were rejected

The option of not commissioning Oviva has been considered and rejected. Oviva provides a remote service via telephone/app and can send materials in the post which ensures that there is a service for people who cannot attend a weekly session in person. For example, if they are a carer, have an irregular working shift pattern, or have childcare responsibilities. The programme also provides the support in a range of languages; the advice and programme content are translated into 25 community spoken languages increasing accessibility to the provision provided for Nottingham City residents.

Reasons why this decision is classified as operational

This decision is within agreed budgets and policies to support an agreed activity.

Additional Information

- Oviva provided support for Nottingham City residents under the OHID (previously PHE) grant contracted from October 2021 – June 2022.
- Oviva are on are on the Dynamic Purchasing System, which Nottingham City Council applied for access to for one year initially until March 2023.
- Advice has been received from procurement and they support our decision to award this contract on the basis that it is a call off from a Compliant Government Dynamic Purchasing System.
- Advice has been received from legal that they are satisfied with the commissioning of this service.
- This remote service will be part of a wider offer which includes face to face delivery. The risk of commissioning a remote service for people in Nottingham is mitigated by the commissioning of a variety of other face to face weight management services.

- The contract is pay by performance which incentivises Oviva to help more people to achieve and maintain a healthy weight.

Decision Maker (Name and Job Title)

Lucy Hubber – Director of Public Health

Scheme of Delegation Reference Number

1

Date Decision Taken

29/11/22