

Operational Decision Record

Publication Date 16/12/22	Decision Reference Number 4798
Decision Title	
Adult Weight Management on Referral	
Decision Value	
£80,375	
Revenue or Capital Spend?	
Revenue	
Department	
Public Health	
Contact Officer (Name, job title, and contact details)	
Ellen Kelly – Public Health Manager ellen.kelly@nottinghamcity.gov.uk Jessica Tomlinson – Public Health Lead Commissioning Officer jessica.tomlinson@nottinghamcity.gov.uk	
Decision Taken	
To approve spend of up to £80,375 for 1.25 years (expected to commence January 2023) for the delivery of the adult weight management on referral service. To approve the increase of the current contract value with Slimming World and extend the contract to March 2024.	
Reasons for Decision and Background Information	
Background: Eating and Moving for Good Health is one of the four priorities of Nottingham’s Joint Health and Wellbeing Strategy 2022-25. The strategy acknowledges the multiple barriers and challenges to eating and moving for good health and this service helps to address them. Nottingham has high rates of people who are overweight or obese across its adult population as the percentage of adults classed as overweight or obese continues to increase nationally, year on year, and Nottingham is similar to the national average. In 2020-21, 66.9% of adults (aged 18+) were classified as overweight or	

obese in Nottingham ([OHID](#)). Communities with higher levels of deprivation have higher proportions of overweight or obese adults.

The Strategic Council Plan commits to increasing opportunities for people in the city to become more physically active.

Reason for decision:

The decision to extend the Slimming World contract to March 2024 has been taken to ensure that there is a continuity of a weight management service for adults in Nottingham City. Additionally, if the contract is to end in March 2023, Slimming World would need to cease issuing vouchers by 23rd December 2022 to ensure the completion of the 12-week programme.

The decision to increase the funding of the contract has been taken to increase the eligibility criteria of the service to make it more accessible to more people, and because Slimming World have slightly increased their prices.

Current Eligibility Criteria	Increased Eligibility Criteria
<ul style="list-style-type: none"> • Living within Nottingham City Council boundaries • Motivated to lose weight and attend the programme. • Aged 18 years and older • Body mass index ≥ 30 kg/m² (≥ 27.5 kg/m² if of Asian or Asian British, Black or Black British or Mixed background or Other Ethnic Group) 	<ul style="list-style-type: none"> • Living within Nottingham City Council boundaries • Motivated to lose weight and attend the programme. • Aged 18 years and older • Body mass index ≥ 25 kg/m² (≥ 23 kg/m² if of Asian or Asian British, Black or Black British or Mixed background or Other Ethnic Group) • As part of this enhanced offer, citizens who have attended a 12-week programme and successfully lost weight will be invited to receive a 2nd or subsequent referral to reach their target weight. In other words, eligible citizens are entitled to more than one free 12-week programme, where appropriate. • Not have been a paying member in the last 6 months

Other Options Considered and why these were rejected

The option not to increase the value of the contract has been rejected because not increasing the value would not widen the eligibility criteria of the service which would not help to make the service more accessible to people living in Nottingham.

The option not to extend the contract has been rejected because obesity continues to be a city priority and obesity measures are not showing improvement. Extending the contract ensures a continuity of service for people living in Nottingham to access an adult weight management service.

Reasons why this decision is classified as operational
This decision is within agreed budgets and policies to support an agreed activity.
Additional Information
<ul style="list-style-type: none">• Advice has been received from procurement that they don't consider this decision to be a substantial change under Reg 72(1)(e) of PCR 2015, which makes it compliant with the NCC Constitution 18.99.• Advice has been received from legal that they are satisfied with the recommissioning.• Slimming World was originally commissioned via an open tender process in 2020.• An identified risk is of competing programmes being delivered in the city which could impact the number of people engaging with this service. This is being mitigated by working with the provider to ensure varied access in terms of days, locations and times across the city. Alternatively, widening the eligibility criteria may lead to more demand than capacity. This is being mitigated by commissioning additional programmes to meet the different needs of different people.• The contract is pay by performance which incentivises Slimming World to help more people to achieve and maintain a healthy weight.
Decision Maker (Name and Job Title)
Lucy Hubber – Director of Public Health
Scheme of Delegation Reference Number
1
Date Decision Taken
29/11/22