

Occupational Therapy in NFRS Prevention

Rebecca Sandy



CREATING
SAFER
COMMUNITIES




NOTTINGHAMSHIRE
Fire & Rescue Service

01.

Occupational Therapy Assessment Intervention and Evaluation



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- OT home visits offered when specialist intervention would reduce fire risks:
 - Cooking
 - Smoking
 - Use of electrical equipment
 - Ability to respond / evacuate / stay in a safe place
 - Smoking has emerged as our specialist area
 - Provision of specialist equipment on individual basis

Following OT assessment, we record the following outcome data to show impact:

- ✓ East Kent Outcome System (EKOS) to record SMART goals achieved with each client
- ✓ Comparison of CHARLIE-P score, pre- and post- intervention
- ✓ No further fire incidents attended post-OT intervention (at 3 month)
- ✓ Case studies and client/carer feedback through SUCE forms to capture qualitative achievements

We currently meet 92% of our agreed goals with clients.

02.

Mental Health Triage

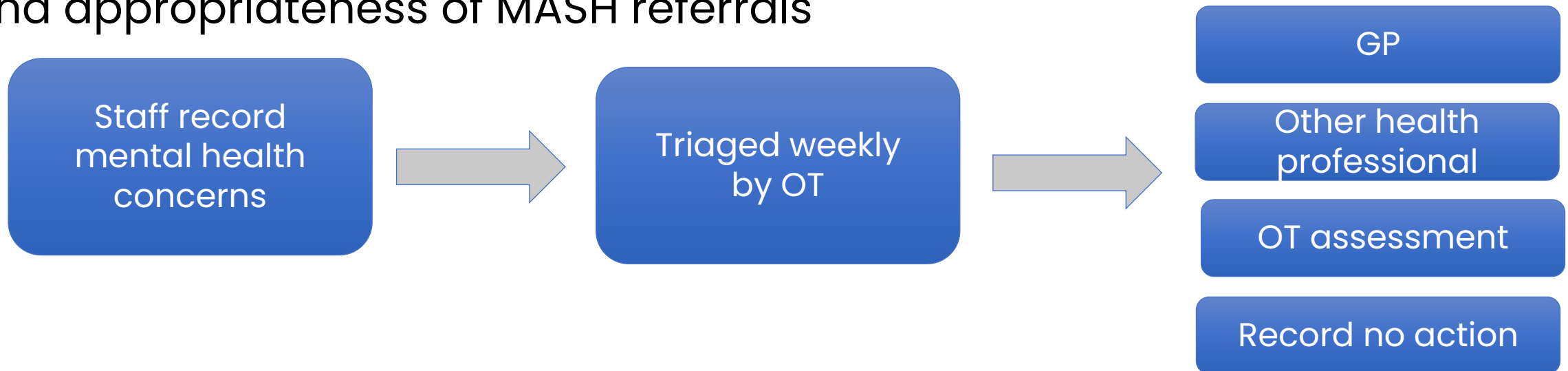


Mental health cases are triaged weekly

OT can complete assessment of cognition, features of psychosis (delusions, hallucinations), mood, DSH and suicidality

From Jan – Sept 2024 we have triaged 413 cases with onward action for 40%

This process supports our Safeguarding Procedure and appropriateness of MASH referrals



03.

Case Study – Mrs S



Crew called to an incident – primary fire reported by the occupier

Mon 8 Apr.

Contact with GP, PCSO and Housing Officer.

Referral to CRHT

Mon 15 – Wed 17 Apr.

Liaison with Social Care to support safe discharge-planning

September – ongoing

Thu 11 Apr.

PART Crew Manager and OT visit – urgent GP letter emailed same day

Thu 18 Apr.

Mrs S is sectioned – currently in hospital receiving care



Our key pillars



Our Strategic priorities



Our Service Values



NOTTINGHAMSHIRE
Fire & Rescue Service