

## Nottingham City Health and Wellbeing Board

<b>Report Title:</b>	Occupational Therapy in Nottinghamshire Fire and Rescue Service Prevention Team
<b>Lead Board Member(s):</b>	Damien West – Assistant Chief Fire Officer
<b>Report author and contact details:</b>	Rebecca Sandy – Lead Clinical Specialist Occupational Therapist Rebecca.sandy@notts-fire.gov.uk 07385225042
<b>Other colleagues who have provided input:</b>	
<b>Executive Summary:</b>	
Occupational Therapy is now embedded within the Prevention service at Nottinghamshire Fire and rescue Service (NFRS), offering specialist assessment and weekly mental health triage of Safe and Well Visits (SWVs).	
<b>Recommendation(s):</b> The Board is asked to:	
<ul style="list-style-type: none"> <li>• To note progress of the Occupational Therapy secondment</li> <li>• To encourage professional parties to encourage staff to complete our referral training: <a href="#">Select tickets – CHARLIE-P Partner Training Sessions – Highfields Fire Station</a> – Next dates: March 12 2025 and May 8 2025.</li> <li>• To encourage interested parties to comment on the public consultation on the NFRS Community Risk Management Plan before 1 Decemeber 2024, available here: <a href="#">Have Your Say – Fire Service Seeks Public Views On Draft Plans - NFRS</a></li> </ul>	

<b>The Joint Health and Wellbeing Strategy</b>	
<b>Aims and Priorities</b>	<b>How the recommendation(s) contribute to meeting the Aims and Priorities:</b>
<b>Aim 1:</b> To increase healthy life expectancy in Nottingham through addressing the wider determinants of health and enabling people to make healthy decisions	Embedding Occupational Therapy within the Prevention offer by NFRS allows us to proactively improve access to health services as part of a holistic approach to fire prevention. We aim to be particularly

<b>Aim 2:</b> To reduce health inequalities by having a proportionately greater focus where change is most needed	<p>focussed on those who experience mental ill-health.</p> <p>The role also supports NFRS organisational commitment to education and support around smoking cessation, to also reduce smoking-related injury and death.</p>
<b>Priority 1:</b> Smoking and Tobacco Control	
<b>Priority 2:</b> Eating and Moving for Good Health	
<b>Priority 3:</b> Severe Multiple Disadvantage	
<b>Priority 4:</b> Financial Wellbeing	
<p><b>How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health:</b></p> <p>The Occupational Therapy role ensures weekly triage of NFRS Prevention activities where mental health is felt to impact on fire safety and wellbeing, as well as offering specialist mental health assessment for vulnerable occupiers.</p>	

<b>List of background papers relied upon in writing this report (not including published documents or confidential or exempt information)</b>	Presentation included
<b>Published documents referred to in this report</b>	