

Nottingham City Health and Wellbeing Board
Wednesday 26 February 2025

Report Title:	Integrated Care Strategy for Nottingham and Nottinghamshire 2023-2027 and NHS Joint Forward Plan 2025-2030: March 2025 annual review
Lead Board Member(s):	Lucy Hubber, Director of Public Health, Nottingham City Council Victoria McGregor-Riley Director of Strategy and System Development NHS Nottingham and Nottinghamshire Integrated Care Board
Report author and contact details:	Joanna Cooper, Assistant Director of Strategy, NHS Nottingham and Nottinghamshire Integrated Care Board
Other colleagues who have provided input:	
Executive Summary:	
<p>The purpose of this report is to update Nottingham Health and Wellbeing Board members on progress regarding delivery of the Nottingham and Nottinghamshire Integrated Care Strategy and to outline and agree an approach to reviewing and refreshing the strategy and NHS Joint Forward Plan by March 2025.</p>	
Recommendation(s):	
<p>The Board is asked to:</p> <ol style="list-style-type: none"> 1) Note the approach for the review of the Integrated Care Strategy and the refresh of the NHS Joint Forward Plan. 2) Endorse the proposed Integrated Care Strategy to be presented to the Integrated Care Partnership for their 24 March 2025 meeting. 3) Agree to delegate ongoing input from the Health and Wellbeing Board regarding the review of the Integrated Care Strategy and refresh of the NHS Joint Forward Plan to the Chair of the Nottingham Health and Wellbeing Board and Director of Public Health. 4) Agree to the Chair and Director of Public Health submitting the formal statement of opinion for the draft revised NHS Joint Forward Plan. 	
The Joint Health and Wellbeing Strategy	

Aims and Priorities	How the recommendation(s) contribute to meeting the Aims and Priorities:
Aim 1: To increase healthy life expectancy in Nottingham through addressing the wider determinants of health and enabling people to make healthy decisions	The NHS Joint Forward Plan is the NHS response to the Integrated Care Strategy, which focuses on improving prevention, equity and integration across the health and care system.
Aim 2: To reduce health inequalities by having a proportionately greater focus where change is most needed	
Priority 1: Smoking and Tobacco Control	
Priority 2: Eating and Moving for Good Health	
Priority 3: Severe Multiple Disadvantage	
Priority 4: Financial Wellbeing	
<p>How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health:</p> <p>The NHS Joint Forward Plan covers all aspects of NHS provision and responds to national priorities, including mental and physical health.</p>	
List of background papers relied upon in writing this report (not including published documents or confidential or exempt information)	Paper to the 24 January 2024 HWB meeting.
Published documents referred to in this report	Nottingham and Nottinghamshire Integrated Care Strategy Nottingham and Nottinghamshire NHS Joint Forward Plan NHS England Guidance on refreshing Joint Forward Plans

Integrated Care Strategy delivery and impact

1. In line with guidance from the Department of Health and Social Care (DHSC), at its meeting on 13 March 2023, the Integrated Care Partnership (ICP) approved Nottingham and Nottinghamshire's Integrated Care Strategy. Subsequent work has focussed on implementation and refining measures to monitor the impact of the strategy to assure the ICP that the right conditions for success have been established and embedded.
2. The Strategy is reviewed and refreshed on an annual basis. At its 28 October 2024 meeting, the ICP agreed to a light touch review of the Integrated Care Strategy. The ICP will consider the revised strategy at their meeting on 24 March 2025.
3. The Integrated Care Strategy is being delivered by Nottingham City and Nottinghamshire County Health and Wellbeing Boards through the implementation of their Joint Local Health and Wellbeing Strategies, and by NHS partners through delivery of the NHS Joint Forward Plan.
4. The ICP considered the impact of the strategy at their [October meeting](#). Key areas of delivery to note include:
 - a) Key stakeholders across Nottingham and Nottinghamshire continue to work jointly to pursue the expansion of water fluoridation to improve oral health outcomes, following the submission of a formal request letter to the former Secretary of State in January 2024. This is in addition to oral health improvement activity commissioned by Nottingham City and Nottinghamshire County Councils, which includes follow up with children and young people who are admitted to hospital due to tooth decay, targeted supervised toothbrushing in early years settings linked to primary schools and oral health brief intervention training for professionals that work with children and young people.
 - b) In Nottingham City, recurrent funding from the Integrated Care Boards (ICB) Health Inequalities and Innovation Fund (HIIF) is supporting a range of activities to transition from national to local funding for the Changing Futures programme which improves the lives of people facing Severe and Multiple Disadvantage (SMD). This includes a review of strategic ambitions which will be followed by a review of strategic and operational oversight arrangements.
 - c) Nottingham City's new integrated wellbeing service, Thriving Nottingham, commenced in April 2024, providing tailored health and wellbeing support following an initial wide ranging health assessment to identify individuals needs and goals. Services include smoking cessation and a range of programmes to enable children and adults to eat and move for good health. An annual report will be produced after the first year of operation, however data for the year to date shows a total of 7,500 referrals into the service, 1,200 quit dates set, and a total of 3,419kg of weight lost.

- d) Local design teams in Nottingham and Nottinghamshire are focusing on areas of greatest clinical need, including cardiovascular disease (CVD) as almost 17% of the ICB's population is diagnosed with some form of the disease. Hypertension is one of the most important risk factors for CVD and case finding approaches have been put in place to identify people with suspected hypertension for early appropriate management. Since September 2022, hypertension diagnosis across the ICS has increased by 10.4% (August 2024) with over 17,800 new cases diagnosed.
 - e) The ICB System Analytics and Intelligence Unit (SAIU) have developed a data informed approach to addressing health inequalities. An SAIU dashboard for health inequalities has been developed aligned with the ICB Health Inequality Statement. This provides comprehensive population health data across all programmes of work.
 - f) The ICB have commissioned a Severe Mental Illness Locally Enhanced Service (LES) and Health Improvement Workers. The service has exceeded the national target by 2% at 62% in 24/25. There will be a continued focus in 25/26 including increasing uptake of alcohol markers.
 - g) 550 frontline staff in child related services across Nottingham and Nottinghamshire have been trained to deliver oral health brief advice interventions.
5. Also at the October meeting was a report on outcomes. A task and finish group, with colleagues from Public Health, ICB and the SAIU was established to confirm a set of outcomes to monitor progress with delivery of the Strategy. The approach draws on the ICS Outcomes Framework agreed in 2019.
6. A suite of outcomes, metrics and ambitions have been identified that reflect the overarching ambitions articulated in the Strategy:
- a) Improving Healthy Life Expectancy.
 - b) Improving Life Expectancy.
 - c) Reducing Health Inequalities.
7. A new ICS Outcomes Framework dashboard on the System Analytics Intelligence Portal (SAIP) has been launched. The SAIU and Public Health colleagues have been working to confirm a set of outcomes which underpin our system Integrated Care Strategy vision and ambitions for local people. The dashboard can be used to review key outcomes and metrics for the population. As the dashboard will be updated when new data is available, it is possible to see the impact that we're making over time. Information from the dashboard will be used to update partners in the ICS on the health and wellbeing outcomes local people are experiencing.
8. An Integrated Care Strategy Operational Outcomes Group has been established to support the continued evolution of the dashboard. This is a group of technical colleagues from Public Health, ICB and SAIU. The primary purpose will be to support and oversee the ongoing development and delivery of the Strategy outcomes and metrics throughout the year, including:

- a) Undertaking scenario modelling of what is possible for individual metrics to help inform trajectories and ambitions to support system stakeholders responsible for strategic delivery.
- b) Agreeing quantifiable ambitions for each of the above that seek to reduce variation across the ICS.
- c) Providing assurance that the deliverables will achieve the target level of ambition for each of the outcomes.

Integrated Care Strategy review and refresh

9. An annual review of the Nottingham and Nottinghamshire Integrated Care Strategy is planned for March 2025. There has been no further national guidance published on the Integrated Care Strategy.
10. At their October meeting, the ICP confirmed that the 2025 refresh will remain generally consistent in terms of stated vision, outcomes and ambitions. Focus of the refresh will be more on the way in which improved outcomes will continue to be achieved in line with new local or national policy developments. The ICP will consider all Joint Strategic Needs Assessments from the Health and Wellbeing Boards since the last review; changes in national policy or guidance; feedback from a period of engagement with partners and key system groups; and feedback from this meeting on future priorities and actions to further embed the Integrated Care Strategy principles of prevention, equity and integration.
11. The ICP will review and reconfirm the Integrated Care Strategy at their 24 March 2025 meeting. To support this, Board members were invited to feedback regarding the strategic priorities by 19 February 2025 in order that their comments are reflected in the final version of the strategy.
12. Feedback has been received from system partners and incorporated into the attached working draft of the strategy. Board members are asked to endorse the draft strategy.

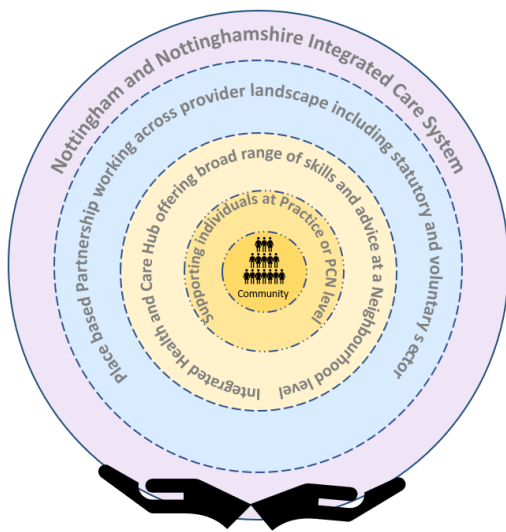
NHS Joint Forward Plan review and refresh

13. NHS partners are expecting a national policy shift over the coming months. The anticipated date for the publication of a NHS 10-year Health Plan is expected in late Spring 2025 and a multi-year financial settlement for the public sector as part of the Spending Review 2025. NHS partners are anticipating the Health Plan will further align NHS bodies to achieve three national policy shifts as recommended by the Darzi Review and referenced in the Fuller Stocktake Report:
 - a) Hospital to community: Moving more care from hospitals to communities and in primary care.
 - b) Analogue to digital: Making better use of technology in health and care.
 - c) Treatment to prevention: Focusing on preventing sickness, not just treating it.
14. An annual review of the Nottingham and Nottinghamshire NHS Joint Forward Plan (JFP) is planned for March 2025. NHS England published

updated [guidance on updating the Joint Forward Plan for 2025/26](#) on 30 January 2025.

15. Given the changing national context, ICBs and NHS Trusts are expected to perform a limited refresh of the existing plans for 2025/26. NHS England will develop expectations and a timetable for a more extensive revision in due course aligned to wider reform of nationally co-ordinated NHS planning processes and a shift from single to multi-year operational and financial planning.
16. NHS England guidance has also been published on the [promotion of an integrated neighbourhood health service](#), connecting together and making optimal use of health and care resources to enable these three shifts.
17. Key characteristics expected to be promoted by health and care partners as part of integrated working will be an ongoing focus on population health management and risk stratification and implementation of a neighbourhood health model supporting people with the most complex health, care and social needs via multi-disciplinary teams. This approach is consistent with initial discussions relating to a Nottingham and Nottinghamshire integrated health and care model as shown in the diagram below.

An Integrated Neighbourhood Health and Care Model



18. In the next iteration of the JFP, it is proposed to also ensure greater alignment with the local NHS system transformation programmes which have been agreed as well as to provide greater clarity on how we will deliver our ambitions working with partners across our East Midlands Combined County Authority footprint. These inclusions will offer further detail in respect to the 'how' we will work together as a system.

19. In this context, Board are asked to approve a formal statement of opinion to confirm whether the JFP continues to take proper account of the Joint Health and Wellbeing Strategy.
20. In consultation with the Chair of the Health and Wellbeing Board and subject to comment and approval of members of Health and Wellbeing Board on 25 February 2025, the Board's statement of opinion of the JFP is currently as follows:

“The Nottingham Health and Wellbeing Board is satisfied that the NHS Joint Forward Plan for Nottingham and Nottinghamshire takes full account and outlines the ICB's contribution to the delivery of the Nottingham Joint Health and Wellbeing Strategy.”