

# Nottingham City Council Delegated Decision



**Nottingham**  
**City Council**

Reference Number:

1844

Author:

John Wilcox

Department:

Chief Executives Group

Contact:

John Wilcox

(Job Title: Public Health Manager, Email: john.wilcox@nottinghamcity.gov.uk, Phone: 8765110)

Subject:

Public Health NHS Health Checks Contract

Total Value:

£806,400 (Type: Revenue)

Decision Being Taken:

- A. To approve funding for Locally Commissioned Public Health Services (LCPHS) for the delivery of the NHS Health Checks Programme for up to 4 years, from 1 April 2015 to 31 March 2019, at a value of up to £176,000 per annum, to be divided across up to 61 GP practice contracts on the basis of demand.
- B. To approve the funding of a contract, detailed in exempt Appendix 1, which supports the delivery of the NHS Health Checks Programme for up to 4 years, from 1 April 2015 to 31 March 2019.
- C. To approve not renewing contracts with 6 pharmacies for NHS Health Checks and the supporting IT software provider after their end date on 31 March 2015.
- D. To approve dispensation from Council's Contract Procedure Rules 5.1.1 and 5.1.2, in accordance with Financial Regulation 3.29, to award contracts without a tender in respect of the Health Checks LCPHS and the support contract detailed in exempt Appendix 1 for up to 4 years.
- E. To delegate authority to the Director of Public Health to agree the final values and award contracts for the Health Checks LCPHS and the support contract detailed in exempt Appendix 1.
- F. To delegate authority to the Head of Quality and Efficiency to sign the final contract extensions in respect of the Health Checks LCPHS and the support contract in exempt Appendix 1.

**The Programme**

The NHS Health Check programme is a national public health programme which sets out to identify and reduce the risk of cardiovascular disease (CVD) in the population by offering citizens aged 40-74 years without existing cardiovascular disease (or certain other conditions) a free health check. CVD is one of the main causes of citizens dying early in the city and rates of death from CVD in the city are significantly higher than the England average. The higher rate of CVD is therefore a significant contributor to the lower life expectancy in the city compared with the England average (Nottingham City JSNA).

The delivery of NHS Health Checks and improving uptake to the programme each year is a mandatory requirement of the Health and Social Care Act 2012 for the City Council. Therefore it is essential that the City Council commissions services to deliver this programme and ensure continuity of service provision.

Contracts with up to all 61 GP practices located within Nottingham City to conduct NHS Health Checks with all eligible registered patients

The current LCPHS with GP practices for the delivery of the NHS Health Checks Programmes are due to expire on 31 March 2015, and do not have an option to extend.

This is the central delivery mechanism for the programme. GP practices invite eligible patients for a health check using their medical records. The Health Check involves assessing cholesterol and blood pressure levels, and putting this information together with demographic and health related behaviour information, to calculate an individual's risk of developing CVD over 10 years. Patients with higher risk are then offered clinical support by their GP and can also access healthy living services commissioned by the City Council.

The programme is provided through GP practices as market research indicates this is where citizens expect health checks to be delivered and because GP practices are where patients who require additional clinical support will receive it. GP practices also hold the patient's medical records and so are the only way by which the Council can ensure that only clinically eligible patients are invited onto the programme. NICE guidance CG181 on Lipid Modification (July 2014) recommends prioritising people for a CVD risk assessment based on information stored in their medical records. Local market analysis has found that the current remuneration offered by Nottingham City Council to GP practices for the delivery of Health Checks is good value for money for the authority.

The proposal is to award contracts with individual GP practices to deliver NHS Health Checks for up to 4 years from 1 April 2015 to 31 March 2019. The contracts will be issued and the current service specification will be updated with minor changes to the national and local requirements for delivery. In addition GP targets will be stretched to improve efficiency and performance. Dispensation from the Council's contract procurement rules is required in order to issue the contracts with GPs. Payments are made on the basis of activity delivered across 61 GP contracts. A payment of £17 is made for each health check completed and £20 for each patient found to be at high risk of CVD. As explained above access to patient's medical records held at GP practices is required in order to identify individual citizens who are eligible for the Health Checks Programme, and therefore the viability of the programme is dependent on delivery by GPs.

The Public Health contract detailed in exempt Appendix 1 is due to expire on 31 March 2015, and does not have an option to extend. Specialised software is required to link with the clinical system in GP practices and provide both GP practices and Nottingham City Council with (suitably anonymised) lists of health checks offered and received. The proposal is to directly award a contract to the current provider for up to 4 years. The contract is essential to support the delivery of the GP contracts and therefore dispensation from financial regulations is required for this also.

To not renew contracts with 6 community pharmacies for NHS Health Checks and the supporting IT software provider after their end date 31st March 2015.

**The current Health Checks LCPHS with community pharmacies are also due to expire on 31 March 2015. Due to the low uptake of this provision it is proposed that these contracts will not be renewed. An equality impact assessment has been undertaken. Eligible citizens will be able to continue to access NHS Health Checks through the contracted GP practice provision. The supporting IT software will also no longer be required as this exclusively enables health checks in community pharmacies.**

**Other Options Considered:**

- 1. Do not renew the current contracts from April 2015**  
This option was rejected as this would renege on the Nottingham City Council's statutory responsibility under the 2012 Health Social Care Act to deliver the NHS Health Checks.
- 2. Test the market through competitive tender process for the GP practice Health Checks**  
This option was rejected as the GP patient lists are required to determine the eligible population and ensure that all eligible citizens are offered a Health Check every five years. It is a requirement to offer health checks to eligible citizens registered with all of the city's GP practices.
- 3. Test the market through competitive tender process for the It software which supports the delivery of the NHS Health Checks**  
This option was rejected in order to ensure continuity of service and avoid disruption to service delivery within 61 GP practices.

**Background Papers:**

**Published Works:**

**Affected Wards:**

Citywide

**Colleague / Councillor Interests:**

**Dispensation from Financial Regulations:**

Yes

**Exempt Information:**

**Description of what is exempt:**

Contract information

An appendix (or appendices) to this decision is exempt from publication under the following paragraph(s) of Schedule 12A of the Local Government Act 1972

**3 - Information relating to the financial or business affairs of any particular person (including the authority holding that information).**

**It is not in the public interest to disclose this information because it is commercially sensitive and may jeopardise contract negotiations.**

**Documents exempt from publication:**

**Health Checks Exemptappendixv2.doc**

**Consultations:**

**Date: 10/12/2014**

**Other: Nottingham City Clinical Commissioning Group Senior Manager and GP Lead.**

**Support was given by for the proposal an for working in partnership to improve the uptake to the programme through GP practices.**

**Those not consulted are not directly affected by the decision.**

**Crime and Disorder Implications:**

**N/A**

**Equality:**

**Please login to the system to view the EIA document: Health Checks EIA dec 14 final draft v2.doc**

**Social Value Considerations:**

**The NHS Health Check programme addresses priorities which disproportionately affect social disadvantaged communities with Nottingham City. These include prevention of cardiovascular disease and supporting citizens to make healthy lifestyle choices, such as stopping smoking, being more active, acheiving a healthy weight and drinking alcohol within recommended limits. The programme also raises awareness of dementia and cancer, as many of the risk factors are the same.**

**Through the prevention of cardiovascular disease in the longer term, the NHS Health Checks programme should improve the economic and social wellbeing of citizens by keepign citizens healthier for longer, therby reducing illness-related absence fromt he workplace and decreasing demand on social care and health care.**

**Regard for NHS Constitution:**

**Local authorities have a statutory duty to have regard to the NHS Constitution when exercising their public health functions under the NHS Act 2006. In making this decision relating to public health functions, we have properly considered the NHS Constitution where applicable and have taken into account how it can be applied in order to commission services to improve the health of the local community.**

**Decision Type:**

**Portfolio Holder**

**Subject to Call In:**

**Yes**

Call In Expiry date:

17/02/2015

Advice Sought:

Legal, Finance, Procurement, Equality and Diversity

Legal Advice:

This report does not raise any significant legal issues. The value of the recommendation is significant because it aggregates contract for 61 GP surgeries in Nottingham and it is understood from the report author that this is the only viable means of delivering this services. The value of the software contract is below the relevant EU threshold. The dispensations are supported. Advice provided by Andrew James (Team Leader Contracts and Commercial) on 16/01/2015.

Finance Advice:

The Public Health budget for 2014/15 is £27.839m. And for 2015/16 is confirmed at the same amount, with no inflation uplift. The estimated annual cost of the Health Check contract from 2015/16 onwards is £201,600. The total contract value over 4 years is £806,400.

The current contract includes a service delivered by local pharmacies however the take up rate for this is low and does not demonstrate good value for money.

To cease the contract with pharmacies will generate a saving of £108,192 per year, to the authority, and this will be used to reinvest in other Public Health outcomes in accordance with the framework.

The attached Table 1 shows the budget profile.

Advice provided by Dee Fretwell (Finance Analyst) on 08/01/2015.

Advice documents: Health checks.xls

Procurement Advice:

The proposal to award contracts to GP practices to deliver NHS Health Checks will enable the continuation of this essential programme in accordance with updated service specifications to meet the current requirements. Market analysis suggests that the level of funding for GP practices for this service represents good value for money. The proposal to award a contract with the current provider of software will support the delivery of the Health Checks programme by the GP practices. The specialised software provided is required to link with the clinical system in GP practices. The value of the proposed contract is below the relevant EU procurement threshold. For these reasons the dispensations from the Council's Contract Procedure Rules (5.1.1 and 5.1.2) in accordance with Section 3.29 of the Financial Regulations are supported. Advice provided by Jo Pettifor (Strategic Procurement Manager) on 21/01/2015.

Equality and Diversity Advice:

The proposal offers an opportunity for broader coverage and uptake. It's therefore vital that a robust review process is inbuilt within the future rollout to ensure that everyone who is able have an opportunity to benefit. Advice provided by Adisa Djan (Equalities and Diversity Consultant) on 16/01/2015.

Signatures

Alex Norris (PH Adults, Commissioning and Health)

SIGNED and Dated: 10/02/2015

Chris Kenny (Director of Public Health)

SIGNED and Dated: 06/02/2015

<b>Theresa Channell (Head of Corporate and Strategic Finance) - Dispensation from Financial Regulations</b>
<b>SIGNED and Dated: 29/01/2015</b>
<b>Chief Financial Officer's Comments:</b>

## Equality Impact Assessment Form (Page 1 of 2)

**Title of EIA/ DDM: NHS Health Checks in community pharmacies**

**Name of Author: John Wilcox, Public Health Manager**

**Department: Early intervention**

**Service Area: Public Health**

**Author (assigned to Covalent): John Wilcox**

**Director: Chris Kenny, Director of Public Health  
Strategic Budget EIA Y/N (please underline)**

### **Brief description of proposal / policy / service being assessed:**

#### **The Service**

#### **Community Pharmacy NHS Health Checks**

The NHS Health Check programme is a cardiovascular risk assessment programme in England which aims to delay or prevent the onset of diabetes, heart and kidney disease and stroke for eligible citizens aged 40-74 years. The risk assessment element of the check provides a key route into existing lifestyle interventions through well-established pathways to support citizens to stop smoking, lose weight, be more active and drink within recommended limits as appropriate.

In Nottingham City nearly all GP practice are providing NHS Health Checks to approximately 6500 eligible citizens a year. GP practices Community pharmacies were contracted to offer opportunistic health checks to eligible patients or at organised community events.

From April 2014, 6 community pharmacies located within the Nottingham City boundary have been contracted to provide NHS Health Checks. It is estimated that based on current performance around 3% of the city's health checks will be completed in these pharmacies. The pharmacy programme also involves a contract with a company to provide support to the pharmacies for the operation and maintenance of their clinical assessment equipment, and IT support to generate reports on the health checks conducted.

#### **The proposal**

To not renew contracts with 6 community pharmacies for NHS Health Checks and the supporting IT software provider after their end date on 31<sup>st</sup> March 2015.

The proposal is to disinvest in all aspects of the pharmacy health check service and focus delivery on the core GP practice service to improve performance and access.

#### **Information used to analyse the effects on equality:**

GP practices Health Checks Performance data April-June 2014.

Community Pharmacy Performance data April-June 2014. Plus other performance reports.

2011 Census ethnicity and age data.

Joint Strategic Needs Assessment (JSNA) chapters for Cardiovascular Disease and Stroke.

Masters degree dissertation on the Equity of uptake of NHS Health Checks by different group from Nottingham City and Nottinghamshire GP 2012-2013.

Diva Creative (2014) NHS Health Checks – Scoping Report Nottingham City Council and Nottinghamshire County Council.



	Could particularly benefit X	May adversely impact X	How different groups could be affected (Summary of impacts)	Details of actions to reduce negative or increase positive impact (or why action isn't possible)
People from different ethnic groups.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<p>It is estimated that only 150 people will have a health checks via community pharmacists in 2014/15 which represents a small percentage of the overall health checks.</p> <p>By not contracting community pharmacists more resources from the city council working with Nottingham City Clinical Commissioning Group can be put into ensuring that there is equitable access for all groups through the GP practices where over 6500 NHS Health Checks are conducted a year.</p> <p>As there has been little demand for health checks in pharmacies there will be minimal impact on citizens.</p> <p>GP practices are located across the city thus enabling equitable geographical for all groups.</p> <p>Considerations relating to groups for health Checks in GP practices include:</p> <p><u>People from different ethnic groups</u> People of South Asian and Black Caribbean ethnicity are at higher risk of cardiovascular disease than the general population. The proportion of people accessing their GP practices for Health Checks from different ethnic groups was very comparable to the 2011 census ethnicity profile of the city for people aged 40 and over. However,</p>	<p><u>People from different ethnic groups</u> Analyse available ethnicity data for uptake of NHS Health checks in GP practices in 2014/15 in the first quarter of 2015/16 to increase equity of access in relation to health needs of different ethnic groups in relation to CVD. Engage with citizens and service users from these groups to understand their experience of health checks in the</p>
Men	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Women	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Trans	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Disabled people or carers.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Pregnancy/ Maternity	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
People of different faiths/ beliefs and those with none.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Lesbian, gay or bisexual people.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Older	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Younger	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Other (e.g. marriage/ civil partnership, looked after children, cohesion/ good relations, vulnerable children/ adults).				
<b><i>Please underline the group(s) /issue more adversely affected or which benefits.</i></b>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		

analysis has shown that this access many not be completely proportionate to health need and there may be variation in access across different GP practices.

Men and women

Men are more likely to die earlier from cardiovascular disease than women, and may be less likely to access their GP practice. The GP practice service had an equal proportion of men and women accessing the scheme.

However, analysis has shown that this access many not be completely proportionate to health need and there may be variation in access across different GP practices.

People with mental health problems

People with mental health problem are more likely to develop CVD, not access available treatment and die earlier from CVD. Analysis show that approximately one third of eligible patients with severe mental illness have received an NHS Health Check.

second quarter of 2015/16 to inform service improvements.

Men and women

Analyse available gender data for uptake of NHS Health checks in GP practices in 2014/15 in the first quarter of 2015/16 to increase equity of access in relation to health needs of men and women in relation CVD.

Analyse available mental health data for uptake of NHS Health checks in GP practices in 2014/15 in the first quarter of 2015/16 to increase equity of access in relation to health needs of people with mental health problems in relation CVD.

People with mental health problems

Work with the Clinical Commissioning group in the second quarter 2015/16 to ensure that GPs are understanding and taking action in relation to issues for any differential uptake of NHS health checks by group at more. Engage with citizens and service users with mental health problems to understand their experience of health checks in the second quarter of 2015/16 to inform service improvements.

**Outcome(s) of equality impact assessment:**

- No major change needed  •Adjust the policy/proposal  •Adverse impact but continue
- Stop and remove the policy/proposal

**Arrangements for future monitoring of equality impact of this proposal / policy / service:**

Annual review of access to the GP practice health checks by equality groups.

**Approved by (manager signature):**

Alison Challenger, Public Health Consultant

**Date sent to equality team for publishing:**

16.1.15

Send document or link to:

[equalityanddiversityteam@nottinghamcity.gov.uk](mailto:equalityanddiversityteam@nottinghamcity.gov.uk)

<b>TABLE 1</b>	<b>2014/15</b>		<b>2015/16</b>	<b>2016/17</b>	<b>2017/18</b>	<b>2018/19</b>	<b>TOTAL</b>
GP Practices CVD Risk Assessment LES	184,000		184000	184000	184000	184000	736000
Pharmacies Health Checks Delivery Service LES	90,000						
The Computer Room (TCR)	17,600		17600	17600	17600	17600	70400
Health Diagnosis	18,192						
<b>TOTAL</b>	<b>309,792</b>		<b>201600</b>	<b>201600</b>	<b>201600</b>	<b>201600</b>	<b>806400</b>