

Greenline Fitness Loops – Nottingham

What is a greenline fitness loop?

A greenline fitness loop is a permanently marked route which is 1 mile in length and is marked with green route marker studs every 3m apart. The route will be promoted as a fitness loop to encourage people to run, walk or jog the 1 mile route.

Where will the fitness loops be installed?

There will be an Urban Civic fitness loop and an Urban Community fitness loop.

The Urban Civic loop will be city centre based and will include Castle Road, Castle Boulevard, Nottingham Canal and Wilford Street.

The Urban Community loop will be in Lenton and will include Derby Road, Gregory Street, Church Street and Lenton Boulevard.

What will the impact of the fitness loops be?

The fitness loops will encourage more people to be active and run/walk/jog one mile which will increase the Active People Survey results for Nottingham in regards to 1x30 minutes of sport or physical activity per week. This fits in with the Nottingham City Council Sport and Physical Activity Strategy.

Where is the funding coming from?

Nottingham City Council applied to England Athletics Capital Facilities Fund for the funding for the two routes of which the proposal for £17,218.80 has been accepted and an award offer sent by England Athletics.

How will the greenline fitness loops be promoted?

The fitness loops will be promoted through the Nottingham City Council website and the Run! Nottingham project as well as by notice boards at the Urban

How will the greenline fitness loops be maintained?

The fitness loops will require little maintenance. Maintenance costs have been included as part of the application and will be carried out by Nottingham City Council.