

Nottingham City CCG Personal Health Budgets (PHBs) Local Offer April 1st 2016

What is a personal health budget?

A personal health budget (PHB) is an amount of money to support a person's identified health and wellbeing needs, planned and agreed between the person and their local NHS Team.

At the centre of the personal health budget is a care and support plan. This sets out the agreed health and wellbeing outcomes that the patient wants to achieve and how the budget will be spent to help the individual.

More choice and control

The aim of a personal health budget is to give individuals more choice and control over the money spent on meeting their health and wellbeing needs.

PHBs support the vision of a more personalised and patient-focused NHS.

Who can have a personal health budget?

1. From 2014, those patients eligible for NHS Continuing Healthcare and children and young people eligible for a continuing care package have the right to request a personal health budget. Therefore, Nottingham City CCG will continue to provide PHBs for adults eligible for NHS Continuing Healthcare and children eligible for children's continuing care, including children with special educational needs and disabilities. This will include adults who are not eligible for NHS Continuing Healthcare but whose care package is jointly funded with the Local Authority.
2. Adults with a Learning Disability in line with the plans for 'Transforming Care' for People with Learning Disabilities in Nottinghamshire.
3. During the next 5 years the Local Offer is likely to be expanded to include those individuals with a range of long-term conditions and may include mental health (depending on the outcome of the evaluation of the Mental Health PHB Pilot – which will take place in 2016/7).

Children and Young people

For children and young people with special educational needs and disabilities (SEND), the personal health budget is likely to form part of their Personal Budget for their Education, Health and Care (EHC) Plan.

More information is available on the Nottingham City Council website:

<http://www.nottinghamcity.gov.uk/article/23481/Education-Health-and-Care-Plans-and-Statutory->

[Assessment-of-SEND](#)

What can a personal health budget be spent on?

Everyone with a personal health budget can get support to think through how they would like to use their budget to meet their health and wellbeing needs.

It is the responsibility of local NHS Teams to advise people, and recommend a range of organisations who can offer local support. This is often described as brokerage.

A personal health budget can be spent on any care or services that are set out in the care and support plan that has been put together with the NHS Team or Voluntary Organisation working with the person - and this needs to be agreed by the CCG (clinical commissioning group).

What it doesn't cover

There are things that it would not be right for the Government to fund such as alcohol, tobacco, gambling or debt repayment, or anything that is illegal.

A personal health budget cannot be used to buy Emergency Care - for example if someone in receipt of a personal health budget had an accident, they would go to A&E like everyone else - they would not use their personal health budget to arrange for example an x-ray or plaster a broken arm.

A personal health budget also cannot buy Primary Care Services such as seeing a GP or Dental Treatment.

Co-production and changing the conversation

One of the central aims of personal health budgets is to enable people to play an active role in managing their health. This can be described as Co-Production - working together with health professionals as an equal partner, deciding together how best to achieve goals.

This may lead to people using their budgets in innovative ways rather than relying on services that the NHS would normally provide.

I am interested in a PHB – what should I do?

The first step is to talk to your NHS Professional about your request or telephone Nottingham City Clinical Commissioning Group (0115) 883 9260.

Working with the Local Authority

The CCG works with the Local Authority to use the same support providers and way of paying the money.

This means that people who have a personal budget from the council who move from social care to health funding will have a better experience.