

**NOTTINGHAM CITY COUNCIL (NCC)
CHILDREN'S PARTNERSHIP BOARD**

MINUTES of the meeting held at LB 31-32 - Loxley House, Station Street, Nottingham, NG2 3NG on 28 March 2018 from 4.00pm - 5.53pm

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| ✓ | Cllr Mellen (Joint Chair) | Portfolio Holder for Early Intervention and Early Years NCC |
| ✓ | Cllr Webster (Joint Chair) | Portfolio Holder for Business, Education and Skills NCC |
| ✓ | Alison Michalska | Corporate Director for Children and Adults, NCC |
| | Helen Blackman | Director of Children's Integrated Services NCC |
| | John Dexter | Director of Education NCC |
| ✓ | Sophie Russell | Head of Children's Strategy and Improvement NCC |
| | Jon Rea | Engagement & Participation Lead Officer NCC |
| | Adil Malik Zartasha Zahied | Representatives for Young People (Youth Cabinet) |
| ✓ | Ted Antill | Superintendent) Nottinghamshire Police |
| ✓ | Andrea Baxter | Detective Chief Inspector) |
| | Chris Wallbanks | Head of Commissioning NCC |
| ✓ | Sally Seeley | Director of Quality and Personalisation (NHS Nottingham City Clinical Commissioning Group) |
| | Phyllis Brackenbury | Nottingham CityCare Partnership, Director of Operations and Transformation |
| | Chris Cook | Independent Chair, Local Safeguarding Children Board |
| | Julie Burton | Senior Operational Support Manager, National Probation Service Nottinghamshire |
| ✓ | Kate Clifford (Southwold Primary School & Early Years Centre) | Primary Schools' representative |
| ✓ | Scott Mason (Snape Wood School) | Primary Schools' representative |
| | David Stewart (Oakfield School) | Special Schools' representative |
| | Derek Hobbs (Nottingham Emmanuel School) | Secondary Schools' representative |
| ✓ | John Yarham | Chief Executive of Futures Advice, Skills and Employment Ltd |
| | Gaynor Rossiter | Manager, DWP Job Centre Plus |
| ✓ | Stephen McLaren Becky Cameron | Voluntary Sector Representatives (substitute) |
| ✓ | Maria Ward | School Governor Representative |
| | Toni Price | Community Engagement representative, NCC |
| ✓ | Helene Denness | Public Health representative, NCC |
| ✓ | Zoe Butler | Further Education representative (Nottingham College) |

✓ Indicates present at meeting

Colleagues, partners and others in attendance:

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|-----------------------|---|
| Janine Walker | - Head of Inclusion and Disability |
| Lucy Peel | - Programme Lead, Children and Young People's Mental Health and Wellbeing (Nottinghamshire and Nottingham City) |
| Aileen Wilson | - Head of Early Help Services (NCC) |
| Catherine Kirk | - Relationship and Sex Education Consultant (NCC) |
| David Johns | - Speciality Registrar for Public Health (NCC) |
| Shelley Nicholls | - Strategic Lead for Youth Offending |
| Emily Humphreys | - Support Assistant to Children and Adults Directorate (NCC) |
| Selina Thomas | - Nottingham CityCare Partnership (NCCP) |
| Catherine Ziane-Pryor | - Governance Officer (NCC) |

37 APOLOGIES

Helen Blackman
Phyllis Brackenbury
Chris Cook
Sarah Fielding
Derek Hobbs
Stephen McLaren (Becky Cameron substituting as the Voluntary Sector Representative)

38 DECLARATIONS OF INTERESTS

Although there were no declarations of interest made at the time this item was considered, during the Board's discussion of agenda item 8, Partner Update :Further Education (minute 43), Councillor Sam Webster declared an interest insofar as he is a member of the Nottingham College Board. This did not preclude him from speaking on the item.

39 MINUTES AND MATTERS ARISING

The minutes of the meeting held on 13 December 2017 were confirmed as a true record and signed by the Chair.

40 RELATIONSHIPS AND SEX EDUCATION (RSE) DAY - 28 JUNE 2018

Catherine Kirk, RSE Consultant, informed the Board that the first Relationships and Sex Education Day will be held on 23 June 2018 to celebrate current activity and help spread awareness and responsibility beyond educational organisations.

The day will focus on positive relationships and sexual health and will include a widely promoted social media message. Activity will include talks to children and promoting existing material, including the NSPCC underwear rule webpage (which offers activity packs for parents and teachers) as well as involving LGT organisations, and raising awareness of access to available resources and how organisations can be vigilant.

Promotional ideas from partner organisations would be welcomed along with any promotional help, including at events, as stand-alone activities, and helping promote awareness. For further information, to contribute ideas or to be involved, please contact catherine.kirk@nottinghamcity.gov.uk.

70% of City schools have signed the RSE Charter in preparation for new legislation coming into place in 2019, although it is anticipated that in Nottingham City the legislative requirements will be met during the autumn of 2018. Nottingham City is already very active in promoting healthy relationships and sex education and is nationally recognised for good practice.

Members of the Board welcomed the quality of existing RSE work within the City as very positive and congratulated Catherine Kirk on achieving a 70% commitment to RSE Charter by City schools.

RESOLVED to note the presentation and thank Catherine Kirk for her attendance.

41 FUTURE IN MIND UPDATE

Helene Denness, Consultant in Public Health, presented the report which updates the Board for the third year on the 'Future in Mind' programme. Lucy Peel, Programme Lead, Children and Young People's Mental Health and Wellbeing (Nottinghamshire and Nottingham City), and Aileen Wilson, Head of Early Help Services (NCC), delivered a presentation to accompany the report.

The profile of this topic has been significantly raised recently and received a lot of political attention which has resulted additional measures including ensuring that children and young people have access to mental health support services within four weeks of applying to Children and Adolescent Mental Health Services (CAHMS).

Current activity relies on statistics from a 2004 survey of children and young people's emotional health and well-being, the survey has recently been repeated and the findings will be released later this year. It is anticipated that the numbers of young people acknowledging issues has increased year on year.

Health care providers are sensitive to the increasing need and are working in partnership on the Future in Mind local transformation plan, which is in its third year and has resulted in:

- the purpose built facility 'Hopewood' on Mansfield Road which will include new inpatient and outpatient facilities for Child and Adolescent Mental Health Services (CAMHS);
- the MH:2K project which aims for 30 local young people to be trained to deliver engagement events for young people across the City and County (more than 700 young people have been engaged so far) to gauge what support young people want and need. A showcase event will be held at 10 May 2018 and all members of the Board will be invited to attend;
- establishment of a targeted CAMHS Service User Group;
- Early intervention work including:
 - whole-school approaches to wellbeing;
 - Universal services CAMHS practitioner role;
 - 'Time4me', self-harm clinics in schools, and 'Amazing Me';
 - 'New Forest Parenting Programme';

- Targeted CAMHS including:
 - a new Syrian Refugee Practitioner post;
 - support for the 'Trans4Me Group';
 - focus on better supporting universal services and reducing waiting times for interventions;
- Specialist CAMHS including:
 - an expanded Crisis Resolution and Home Treatment Team;
 - further focus on CYP Eating Disorder Service;
 - focus on improving waiting times for assessment and treatment.

Nottingham City is considered as performing ahead of many other cities and has mental health workers and counsellors already established in many schools with other work under development. Added to which, the current average waiting time to access CAMHS in Nottingham is 2.86 weeks (ranked third in the country), whilst the next shortest waiting time the country is 5.3 weeks.

However there are challenges and whilst there is additional financial support from central government to assist in addressing mental health issues, services are not able to meet the requirements of young people at an early stage and staff retention remains a concern.

Key priorities of the Future in Mind programme are set out within the report but summarised as follows:

- complete sign-up to the Emotional Health and Wellbeing Charter for City schools;
- further strengthening joint working between targeted and specialist CAMHS;
- rolling out CAMHS Liaison at Queen's Medical Centre;
- strengthening mental health support to looked after children and care leavers.

It is noted that a project to develop personal health budgets for children in care and care leavers is to be rolled out in the near future.

Councillor David Mellen welcomed the comprehensive update report and commented that Nottingham City is in a good position with regard to progressing mental health and well-being services for young people, but asked Board Members in attendance if they felt confident that they could direct young people to the support which they may need?

Zoe Butler, Further Education Representative, responded that colleges are very different to schools but are keen to understand the learning of schools and how it can be taken into secondary schools and beyond as mental health is an issue for a huge number of young people aged 16-18 years old. The same commitment and focus needs to be given to young people leaving school and/or entering further education as support at this level doesn't currently exist. Offending rates are significant regarding adolescents with mental health issues.

John Yarham, Chief Executive of Futures Advice, Skills and Employment Ltd, commented that the biggest risk to the success of young people is mental health, and suggested that the City Mental Health Charter should have greater visibility across partner organisations.

Superintendent Ted Antill, Nottinghamshire Police, echoed what had been said and added that the Police have to try to quantify what level of the high demand on services is as a result of

mental health issues. There is also concern that in areas where other partner provision may be lacking, not just in mental health support but including poor education and behaviour, there is often further pressure on Police Services as a result. Work is ongoing around situations where previously the Police were required to enforce Section 136 of the Mental Health Act, in that there is now a broader consideration of identifying how to appropriately support young people, including distinguishing if psychological difficulties are as a result of trauma. As a result, the numbers of detentions under Sections 136 have reduced.

Maria Ward, Governor Representative, welcomed the broadening of mental health training and shared learning across children's services as beneficial.

It is noted that at every training course provided by the local authority, places are available for external partners. The Future in Mind programme has funded two additional posts and is investigating the funding of a carer's support post.

A gap in provision of services for older adolescent young people is recognised, is being considered by commissioners and will be included in the work to simplify pathways and increase partner co-ordination as there is currently fragmentation in some areas.

RESOLVED to

- (i) note the contents of the report and progress to improve the mental health and wellbeing of children and young people in Nottingham;**
- (ii) note Nottingham City Targeted CAMHS Team's offer to be a trailblazer, testing the new ways of working proposed in the green paper;**
- (iii) receive a further update in 6 months' time to include progress on the Nottingham College Wellbeing Hub and the new inpatient and outpatient facilities for Child and Adolescent Mental Health Services at Hopewood.**

42 UPDATE RE CYPP PRIORITY: PROMOTING THE HEALTH AND WELLBEING OF BABIES, CHILDREN AND YOUNG PEOPLE

Helene Denness, Consultant in Public Health, and David Johns, Speciality Registrar in Public Health, presented the revised report which was electronically circulated as a supplement to the agenda, and delivered a presentation which focuses on the work undertaken to address the following:

- proportion of women smoking in pregnancy;
- number of babies that die in the first year of life;
- percentage of children aged 5 years with tooth decay;
- proportion of year 6 children who are obese.

The report contains detailed information and statistics in each of these areas, which were summarised as follows:

Smokers at the time of delivery.

- (i) It is estimated that 17.6% of women in Nottingham are smoking at the time of delivery, this is against the national average of 10.7%. However, due to the overall lack of detailed information, it can't easily be established how many women were smoking at the beginning of their pregnancy and had stopped during pregnancy;
- (ii) smoking during pregnancy is the most important modifiable cause of stillbirth;
- (iii) since funding has been withdrawn for the New Leaf stop-smoking service, other approaches and ways of working need to be considered;
- (iv) as between 30 and 40% of pregnant women do not engage with smoking cessation services, on site specialist maternity stop smoking support, may have a greater influence;
- (v) 'love your bump' a social media campaign may also influence women's decision to stop smoking.

The number of babies who die in their first year.

- (vi) With an infant mortality number of 5.9 deaths per thousand live births, Nottingham has a higher infant mortality rate than the English average which is 3.9 deaths per 1000 live births, with little indication of a decrease. It is noted that stillborn deaths are not included in the statistics;
- (vii) a healthy pregnancy is important including mothers refraining from smoking or drinking alcohol, and fully engaging with the midwife at the early stages of pregnancy to ensure that any early signs for concern are recognised and can be appropriately dealt with;
- (viii) further work needs to be undertaken with regard to safer sleeping of infants to prevent avoidable deaths.

Oral health

- (ix) Good oral health is important for the broader health and well-being of children and young people as poor oral health negatively impacts on the ability to sleep, eat, speak, play and socialise with other children. There is currently no new data on the number of children with missing or decayed teeth since the last update to the Board, but it is recognised that deprivation has a noticeable impact on oral health;
- (x) current and future work to address oral health issues will be challenging, particularly as funds are not available to continue existing preventative work. A new approach will require working with partners including health visitors promoting oral health.

Childhood Obesity

- (xi) During the 2016/17 academic year, 26% of reception aged children were considered obese or overweight and 39.7% of year six children were considered obese or overweight. As illustrated by the graph in the report, this indicates an upwards trend.

Whilst local and national initiatives such as 'change4life' aim to change parental and child behaviour, there is still much work to be done.

Joint Chair, Councillor David Mellen, stated he was 'not encouraged' by the overall statistical picture of health and well-being for children and young people in Nottingham. As concerted work was needed on childhood obesity it was suggested that it may be appropriate, given the joint work needed, that this group be a sub-group of the CYP Partnership.

The following responses were given to questions from the Board:

- (a) the Small Steps Big Changes (SSBC) programme has been trying hard to encourage Parent Mentors to support other parents as there is evidence that this has worked very well in other areas such as breastfeeding;
- (b) the 'Cook and Eat' courses run in the SSBC wards are designed to promote healthy eating and change behaviours and are held without a crèche to encourage parents to be seen to be cooking healthily by their children and potentially encourage the involvement of their children in healthy cooking from an early age;
- (c) dental services commissioning is not a responsibility of Public Health but there may be opportunities to involve local dentists in the promotion of oral hygiene in schools. However, there needs to be a responsibility on parents for oral health and promoting physical activity;
- (d) it is not yet clear what the impact of vaping will have on the population e.g. will we see further reductions in the number of smokers. Evidence suggests that vaping is less harmful than smoking. However there are concerns about the availability of untested and un-safe vaping products;
- (e) parents need to be engaged to ensure that Public Health initiatives aimed at children work effectively.

Joint Chair, Councillor Sam Webster, commented that from the data presented, some public health interventions such as New Leaf, has not made much of an impact. Cllr Webster also suggested that Public Health funds should be spent on the most effective interventions. Helene Denness highlighted the decrease in smoking prevalence across Nottingham City as a whole and that the data she presented didn't go back far enough to illustrate these reductions.

RESOLVED

- (1) to note the contents of the report and progress on health and wellbeing outcomes in the Nottingham City Children and Young People's Plan;**
- (2) for Nottingham Children's Partnership Board partners to continue to support activity to improve health and wellbeing of children and young people in Nottingham;**
- (3) for Helene Denness to bring a proposed approach on childhood obesity, including proposed task and finish group membership, to a portfolio holder briefing;**

- (4) for an agenda item on Childhood Obesity to be added to the Forward Plan for further consideration.**

43 PARTNER UPDATE: FURTHER EDUCATION

Although not required to do so, during the Board's consideration of this item Councillor Sam Webster declared an interest, the details of which are recorded in minute 38, 'Declarations of Interests'.

Zoe Butler, Further Education Representative and Director of Customer Experience at Nottingham College, delivered a partner update presentation to the Board.

The following points were highlighted and responses given to questions from the Board:

- (i) as of 8 June 2017, Central College Nottingham and New College Nottingham merged and became Nottingham College;
- (ii) it is an employment led College offering a range of technical and vocational qualifications;
- (iii) the College engages with employers and is responding to the need for wider skills of employability including teamwork, self-motivation and independence, which employers had previously identified as lacking in some qualified students;
- (iv) student standards in English, maths and IT are being raised, which can be a challenge in just a 9 month course period when students have struggled in these areas throughout school;
- (v) a fully rounded approach is taken to teaching young people with the aim for them to be healthy, happy and employable citizens. This will be achieved with a specific focus from the 'wellbeing Hub' which will provide a single point of contact (developed by the Students Union) from the 2018/19 academic year, and will provide additional support from qualified staff including:
 - o Personal Success Coaches;
 - o Learner Achievement Coaches;
 - o Behavioural Management specialists;
 - o Learning Support specialists and Learning Support Assistants.

Where previously enrichment may have been sport focused, a broader, student-led approach will be taken towards well-being. Where issues cannot be supported or addressed by Wellbeing Hub staff, students may be referred to other specialist agencies;

- (vi) initially the merger of colleges resulted in a total of 12 campus. Following an estates review, as of July 2018, work will start on building a City Hub which, on completion in September 2020, will facilitate learning for approximately 40,000 full and part time students as young people and adults;

- (vii) with the establishment of the City Hub campus, it is proposed that campuses at Beeston, Clarendon and Maid Marion Way will be sold to help finance the new build, whilst other sites will be refurbished or upgraded;
- (viii) Nottingham College provides a valuable opportunity for consultations and also health education and promotion (messages from partners to benefit the health and well-being of young people and beyond), particularly as the College is training students in health and social care and students will be able to take health promotion messages forward within their careers;
- (ix) the College aims to be wholly inclusive and intends to encourage students with learning disabilities to access facilities and courses the main college;
- (x) the student voice is important and as there are still some decisions to be made on the fixtures and fittings of the new City Hub building, there is an opportunity for students to have input. This will also extend to the food offer in the building and physical activity opportunities.

Members of the Board welcomed the comprehensive presentation and requested to further discuss health promotion opportunities following the meeting.

Joint Chair, Councillor David Mellen, welcomed the update as exciting for the young people of Nottingham and as positive progress for the City.

RESOLVED to note the update and record the thanks of the Board to Zoe Butler for her interesting presentation.

44 UPDATE ON YOUTH OFFENDING TEAM PLAN

Shelley Nicholls, Strategic Lead for Youth Offending, delivered a presentation to accompany the Youth Justice Plan 2017-20.

The following points were highlighted and questions responded to:

- (a) the Youth Offending Team (YOT) is a statutory partnership comprising the Local Authority, Nottinghamshire Police, National Probation Service and Health and recently achieved an assessment by Her Majesty's Inspectorate of Probation of 'a high performing YOT';
- (b) each child is considered as a whole and by a range of statutory and voluntary partners with the aim to reduce offending at a young age;
- (c) the victims of crimes remain at the heart of the YOT's activity;
- (d) funding for the partnership has reduced significantly during the past few years from £2,529,499 in 2014/15 to £1,903,903 for 2017/18. The funding available for 2018/19 is yet to be confirmed;
- (e) whilst the numbers of first time entrants to the system and occasions where custody is required are significantly higher than the national average, the percentage of re-offending is below the national average;

- (f) the Key Priorities of the YOT include:
- (i) Early Intervention – to prevent criminal behaviour with diversionary work and where appropriate, dealing with criminal activity in a way that doesn't criminalise young people, allowing them the opportunity to change direction;
 - (ii) Knife Crime – a six tiered partnership approach is taken including 'citizenship work' in schools;
 - (iii) Serious and Organised Crime – there has been a rise in the use and exploitation of young people for criminal activity;
 - (iv) Education, Training and Employment –there is a direct link to exclusion from school and offending, and also Special Educational Needs and Disability (SEND)

RESOLVED to note the Youth Justice Plan 2017-20 and record the thanks of the Board to Shelley Nicholls for her presentation.

45 AUTISM STRATEGY UPDATE

Helene Denness, Consultant in Public Health, and Janine Walker, Head of Inclusion and Disability, delivered a presentation to accompany the comprehensive report.

The following points were highlighted and responses given to Board Members' questions:

- (a) 26 March -2 April is Autism Awareness Week so on 29 March a drop-in session for more information on becoming Autism Champions will be held at Loxley House;
- (b) it is estimated that 1 in every 100 people has autism although the spectrum is broad and many will not be diagnosed;
- (c) 40% of Special Educational Needs and Disability (SEND) young people in school with an Education, Health and Care Plan (EHCP) are autistic but it is recognised that those with less obvious, lower level needs are often harder to identify;
- (d) the Autism Act 2009 requires Councils in England to have an Autism Strategy for adults but as separate plans for adults and children will result in duplications, Nottingham City Council is proposing to create an all-age strategy which will also meet the requirements of the SEND agenda;
- (e) the National Autism Society estimates that of the working population, only 16% of people with autism are in work. With a better understanding of the needs of autistic people, including adjustments such as working hours and building layout, this figure can be increased;
- (f) a range of training sessions provided by the Autism Education Trust have been facilitated by Nottingham City Council with places available to partner organisations. This training has been well attended and has received positive feedback so further courses are available;

- (g) a refresh of Nottingham's Autism Strategy 'One Size Fits One: Ensuring People With Autism Live Fulfilling and Rewarding Lives' is being undertaken by the Autism Strategy Group and monitored by the Health and Wellbeing Board. The all-age approach will encompass priorities for children, young people, adults, families, parents and carers;
- (h) it is anticipated that the draft strategy will be completed by Summer 2018 and then be available for consultation, but as a Health Needs Assessment Plan is to run alongside the consultation, it is possible that there may be a short delay;
- (i) employees may not have a diagnosis but raising employer (and employee) awareness of autism can help with understanding ways of working which will be supportive;
- (j) members of the Board should be assured that the focus on children and young people with autism will not be lost within an all-age Strategy;
- (k) multi-agency support of the strategy is vital as is ensuring that schools can meet the needs of young people, including support with speech and listening skills.

RESOLVED

- (1) to note the contents of this report and support the development of an all-age autism strategy for Nottingham;**
- (2) to continue to prioritise autism awareness training for colleagues;**
- (3) for Board partners to identify Autism Champions within their organisations.**

46 BOARD MEMBERSHIP UPDATE

Emily Humphreys, Support Assistant to Children and Adults Directorate, informed the Board that the following representatives have joined the Board membership:

Sarah Fielding – Joint CEO of Nottingham Schools Trust and the Virtual School
Andrea Baxter – Detective Chief Inspector of Nottinghamshire Police, (who is replacing Superintendent Ted Antill as the Police Children's Partnership Board representative as of 1 April 2018).

The Board welcomed the new members and thanked Superintendent Ted Antill for his contribution whilst a member of the Board.

47 FORWARD PLAN

RESOLVED to note the Forward Plan and include a future agenda item on Childhood Obesity.