

HEALTH AND WELLBEING BOARD

29th May 2019

	Report for Action
Title:	Joint Health and Wellbeing Strategy 2016-2020 annual update 2019
Lead Board Member(s):	Alison Challenger, Director of Public Health
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Brief summary:	This report provides the board with the 2019 annual update on strategic developments in relation to the Joint Health and Wellbeing Strategy 2016-2020.

Recommendation to the Health and Wellbeing Board:

The Health and Wellbeing Board is asked to:

1. Note contents of this report
2. Consider what actions Health and Wellbeing Board members can take together to support delivery of the Strategy in its final year.
3. Support the development of a refresh of this strategy

Contribution to Joint Health and Wellbeing Strategy:

Health and Wellbeing Strategy aims and outcomes	Summary of contribution to the Strategy
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities	<p>This report provides the board with the 2019 annual update on strategic developments in relation to the Joint Health and Wellbeing Strategy 2016-2020.</p> <p>A summary report is provided along with updated dashboards and an updated action plan for each of the four outcomes.</p>
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy	
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles	
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well	
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health	

and wellbeing	
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How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health
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Mental wellbeing is a theme threaded throughout all of the four outcome action plans.

Background papers:	
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<i>Documents which disclose important facts or matters on which the decision has been based and have been relied on to a material extent in preparing the decision. This does not include any published works e.g. previous Board reports or any exempt documents.</i>	
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