

## **Director of Public Health**

### **1. Nottingham awarded £540,000 to reduce alcohol harm**

Thanks to the hard work of colleagues within Nottingham City Council, Nottingham University Hospitals and Framework, £540,000 has been secured to fund capital projects which will reduce alcohol harm. This follows a successful joint bid, focussing on how partners can better work together as a system to identify, treat and support people harmed by alcohol.

The funding will be shared between Nottingham University Hospitals and Framework and will support;

- The provision of a mobile liver scanning device, held within the Emergency Department
- The building of a 'prevention hub' to sit within the Emergency Department
- The development of ICT systems to ensure information and data can inform service development
- The development of eight 'Housing First' units for people with complex needs who have struggled to maintain housing and engage successfully with treatment

Alcohol harm represents a huge public health burden locally, with high rates of alcohol-specific mortality. With a rate of 20.7 per 100,000 (compared to an England average of 10.6) Nottingham has the fifth highest rate in the country.

This funding will support Nottingham's system wide alcohol plan, with a focus on identifying people with a need for treatment and support and then providing that to reduce harm and improve outcomes.

I am grateful to all colleagues who have been involved in the bidding process, as I know it was a significant undertaking, and I look forward to seeing the difference that can be made.

### **2. Nottingham City Mental Health and Wellbeing Strategy (2019-2023) – Consultation of draft open now**

Public Health colleagues have worked alongside partners, particularly the Health and Wellbeing Boards mental health sub-group, to refresh the City's Mental Health and Wellbeing Strategy. This refreshed strategy outlines the overarching approach to improving the mental health and wellbeing of the citizens of Nottingham City. Its purpose is to provide a shared direction of travel that consolidates existing local plans and aligns to wider partnership strategies whilst identifying nuances specific to Nottingham City.

We are now seeking your feedback. We are also keen that organisations encourage services users and their families and carers to respond to the consultation. Results of the consultation will be built into the final version of the strategy, before it is brought to the Health and Wellbeing Board for endorsement in the summer.

The draft strategy proposes that focus is placed on addressing mental health through three key areas:

- Mental illness prevention;
- Mental health promotion and early intervention; and
- Treatment and recovery.

In addition, actions across three crosscutting themes aim to tackle disparities in mental health:

- Employment;
- Mental health stigma; and
- Parity of esteem.

To view the draft strategy in full please visit the [Healthy Nottingham website](#). To submit your comments please send by email to [healthandwellbeing@nottinghamcity.gov.uk](mailto:healthandwellbeing@nottinghamcity.gov.uk). The consultation will close on **12<sup>th</sup> June 2019**.

### **3. Mental health in the workplace**

Midlands Engine have announced its intention to award £6.8 million in funding to a partnership of Midlands organisations, including Nottingham City Council, for a three-year programme of work to address the impact mental health in the workplace has on productivity.

The partnership includes 20 organisations from across the East and West Midlands and the funding will be used to find innovative ways to reduce levels of sickness absence and the number of people falling out of work due to mental health conditions. The pilot will engage with over 1,600 businesses, train 45,000 staff and offer a free online resource that aims to reach one million people.

Further details will be shared with Health and Wellbeing Board members in due course.

### **4. Love Bump – campaign to reduce smoking in pregnancy**

As Board members will be aware the Love Bump campaign was launched during our previous meeting, at the end of March. Almost twice as many women in parts of Nottingham are smoking during pregnancy when compared to the national average. I want to thank colleagues who have supported the awareness raising campaign and ask for all to ensure they continue to promote the campaign through their own channels. A full toolkit will be available via your Communications Team but can you;

- Share posts on social media using #LoveBump?
- Display a poster or put information on a plasma screen?
- Encourage people to visit the website – [www.lovebump.org.uk](http://www.lovebump.org.uk) – with downloadable animations and video case studies?

## **5. Ageing Well Day – 11<sup>th</sup> June 2019**

Age Friendly Nottingham's popular 'Ageing Well' Day will be taking place on Tuesday 11 June, 10am-3pm on the Old Market Square, aimed at citizens aged 50+.

A range of services will be on hand, offering information and advice to enable older citizens to stay active, fit and well – ranging from staying safe and warm in the home, carers information, volunteering opportunities and arts and culture offers.

Visitors to the 'Ageing Well' Day will also have the opportunity to visit the Council House to experience a showcase of Age UK Nottingham and Nottinghamshire dementia awareness and support services and Advantage mobility products and services.

A poster is included at the end of this update. I would be grateful for Board Members support in promoting this event within their organisations and to their service users.

For more information contact Age Friendly Nottingham on 0115 876 3513 or email [healthandwellbeing@nottinghamcity.gov.uk](mailto:healthandwellbeing@nottinghamcity.gov.uk)

## **6. Public Health Forum – Self Harm**

The June Public Health Forum shall be focussed on Self Harm.

Wednesday 12<sup>th</sup> June – 11.00am to 12.30pm – Committee Room, Loxley House

This session is open to anyone who would like to learn more about the topic, but places are limited and must be booked in advance. To find out more, be added to the mailing list or book your place please contact:

[healthandwellbeing@nottinghamcity.gov.uk](mailto:healthandwellbeing@nottinghamcity.gov.uk)



# 'Ageing Well' Day

Tuesday 11<sup>th</sup> June, 10.00 am to 3.00 pm  
The Old Market Square, Nottingham

Do you want to know more about what is available in the city?

Come along to this free event where there will be lots of opportunities to find out about what is on offer for people as they grow older.



More than 30 stalls will give information and advice on a wide range of services and support including:

- Health and care services
- How to stay active, fit and well
- Information on diabetes, bone health etc
- Carers information
- Support in the home
- Dementia awareness
- Staying safe and warm at home
- Arts and culture offers
- Volunteering opportunities
- New ways to meet people



**Age Friendly  
Nottingham**

Plus much more.....

The Council House will be open for:

- Tours (places must be booked in advance)
- A showcase of Age UK Nottingham & Nottinghamshire dementia awareness and support services and Advantage mobility products and services.

For more information contact Age Friendly Nottingham on 0115 8763513 or email [healthandwellbeing@nottinghamcity.gov.uk](mailto:healthandwellbeing@nottinghamcity.gov.uk)



**Nottingham  
City Council**