

Health and Wellbeing Board Action Log

Meeting and Issue	Agreed Actions	Updates received on progress
28 November 2018 Reducing Alcohol Harm	All Board Members were asked to: <ul style="list-style-type: none"> • Sign the Alcohol Declaration • Identify alcohol champions within their organisation • Consider how to embed Identification and Brief Advice (IBA) in their organisation 	CCG has signed the declaration, appointed an alcohol champion and is working towards embedding IBA in their organisation. NCC confirmed declaration signed, alcohol Champion appointed and IBA embedded as part of HiAP work.
28 November 2018 Autism	All Board Members were asked to: <ul style="list-style-type: none"> • support engagement on the themes within the Autism Strategic Framework within their organisation • identify autism champions within their organisation 	CCG has appointed an autism champion
30 January 2019 Mental Health	All Board Members were asked to consider: <ul style="list-style-type: none"> • signing the Time to Change Employer Pledge to demonstrate their commitment to changing how people think and act about mental health in the workplace and ensuring employees with mental health problems are supported • identifying mental health champions within their organisation • ensuring that their workforce has access to mental health training • how their organisation could take the impact of past traumatic experiences on mental health into account when reviewing its working practices and supporting its workforce 	CCG has signed the Time to Change Employer Pledge and are reviewing the opportunity to train staff on Mental Health First Aid.

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	<p>The Mental Health Sub Group was asked to review the issues raised during the discussion and bring back proposals for actions that Board Members can take to make a difference to improving mental health a future Board meeting.</p>	
<p>27 March 2019</p> <p>Smoking in Nottingham City</p>	<p>All Board Members were asked to:</p> <p><u>Smoking in Pregnancy</u></p> <ul style="list-style-type: none"> • Support the LoveBump Campaign across their organisations • Support the achievement of the Council Plan commitment to reduce smoking rates of pregnant women at the time of delivery • Ensure the NHS long term plan commitment to provide pregnant women and their partners with a new NHS stop smoking pathway including support, is designed alongside non-NHS funded services <p><u>Smoking Cessation</u></p> <ul style="list-style-type: none"> • To create awareness about smoking cessation service (Stub-it) • Encourage citizens who smoke to seek support via their GP's especially if they are in one of the target groups for the service • Support referral of patients who are smokers in target groups to the new service 	<p>CCG has confirmed completion of 1-6 - The majority of the actions are supported through the approach taken across the system, including through the ICS prevention workstream. The CCG are considering staff policies and the opportunity to introduce vaping.</p>

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	<p><u>Implementation of the NICE guidance supporting cessation in secondary care (PH48)</u></p> <ul style="list-style-type: none"> • Support continued implementation of PH48 in NUH • Review current policies and ensure that provision is made for staff, patients, and families who wish to vape on site • Support staff in the delivery of brief advice through completion of the “very Brief Advice Training Module” by the National Centre for Smoking Cessation Training (NCSCT) <p><u>Vaping and E-cigarettes</u></p> <ul style="list-style-type: none"> • Review current smoking cessation policies in organisations • Consider expanding current policy to include recognition that e-cigarettes are 95% less harmful than cigarettes • Support staff, patients, and clients who wish to vape by considering the provision of dedicated vaping locations/areas on site 	