

Health and Wellbeing Board Action Log

Meeting and Issue	Agreed Actions	Updates received on progress
<p>28 November 2018</p> <p>Reducing Alcohol Harm</p>	<p>All Board Members were asked to:</p> <ul style="list-style-type: none"> • Sign the Alcohol Declaration • Identify alcohol champions within their organisation • Consider how to embed Identification and Brief Advice (IBA) in their organisation 	<p><u>CCG</u> has signed the declaration, appointed an alcohol champion and is working towards embedding IBA in their organisation.</p> <p><u>NCC</u> confirmed declaration signed, alcohol Champion appointed and IBA embedded as part of HiAP work.</p> <p><u>NUH Signed.</u> Consultant medical champion identified. [Dr Steve Ryder] Screening for alcohol introduced in all in-patients at NUH. IBA training by area given and being delivered. ED-bid for prevention hub in ED successful which will also embed screening and IBA in ED</p> <p><u>Notts Fire and Rescue</u> Declaration has been signed and returned. Alcohol champions have been identified and notified to Caroline Keenan (Tracey Straw and Robyn Ellis) Working ongoing regarding IBA in Service.</p>
<p>28 November 2018</p> <p>Autism</p>	<p>All Board Members were asked to:</p> <ul style="list-style-type: none"> • support engagement on the themes within the Autism Strategic Framework within their organisation • identify autism champions within their organisation 	<p><u>CCG</u> has appointed an autism champion</p> <p><u>NUH</u> Autism awareness and autism champion training delivered (approx. 250 staff). Training was funded by NUH charity and this funding has ended and training concluded. Awaiting outcome of national consultation to inform next steps for future training.</p> <p>Autism champion identified (Giles Matsell, Head of Equality and Diversity)</p> <p><u>Notts Fire and Rescue</u></p>

Meeting and Issue	Agreed Actions	Updates received on progress
<p>30 January 2019</p> <p>Mental Health</p>	<p>All Board Members were asked to consider:</p> <ul style="list-style-type: none"> • signing the Time to Change Employer Pledge to demonstrate their commitment to changing how people think and act about mental health in the workplace and ensuring employees with mental health problems are supported • identifying mental health champions within their organisation • ensuring that their workforce has access to mental health training • how their organisation could take the impact of past traumatic experiences on mental health into account when reviewing its working practices and supporting its workforce <p>The Mental Health Sub Group was asked to review the issues raised during the discussion and bring back proposals for actions that Board Members can take to make a difference to improving mental health a future Board meeting.</p>	<p>Autism champion identified (Rebecca Harding)</p> <p><u>CCG</u> has signed the Time to Change Employer Pledge and are reviewing the opportunity to train staff on Mental Health First Aid.</p> <p><u>NUH</u> have established a Mental Health Shared Governance Council. This group has agreed that the pledge should be signed and have provisionally registered to obtain the information to do this.</p> <p>Work is underway to determine our approach to identify, train and support mental health champions within the organisation. This approach will need to be embedded appropriately as part of our wider organisational response and strategy to mental health.</p> <p>Various training is available to all staff (and training for managers) including stress awareness and mindfulness. Training is continually monitored and reviewed.</p> <p><u>Notts Fire and Rescue</u> Mental health champions trained and structure within Service to support mental health of employees, including around PTS. Processes and support embedded within Service. Wellbeing Strategy being revised which encompasses Mental Health. Time to Change Employer Pledge signed.</p>
<p>27 March 2019</p> <p>Smoking in Nottingham City</p>	<p>All Board Members were asked to:</p> <p><u>Smoking in Pregnancy</u></p> <ul style="list-style-type: none"> • Support the LoveBump Campaign across their organisations • Support the achievement of the Council 	<p><u>CCG</u> has confirmed completion of 1-6 - The majority of the actions are supported through the approach taken across the system, including through the ICS prevention workstream. The CCG are considering staff policies and the opportunity to introduce vaping.</p> <p>NUH Smoking in Pregnancy</p>

Meeting and Issue	Agreed Actions	Updates received on progress
	<p>Plan commitment to reduce smoking rates of pregnant women at the time of delivery</p> <ul style="list-style-type: none"> • Ensure the NHS long term plan commitment to provide pregnant women and their partners with a new NHS stop smoking pathway including support, is designed alongside non-NHS funded services <p><u>Smoking Cessation</u></p> <ul style="list-style-type: none"> • To create awareness about smoking cessation service (Stub-it) • Encourage citizens who smoke to seek support via their GP's especially if they are in one of the target groups for the service • Support referral of patients who are smokers in target groups to the new service <p><u>Implementation of the NICE guidance supporting cessation in secondary care (PH48)</u></p> <ul style="list-style-type: none"> • Support continued implementation of PH48 in NUH • Review current policies and ensure that provision is made for staff, patients, and families who wish to vape on site • Support staff in the delivery of brief advice through completion of the "very Brief Advice Training Module" by the National Centre for Smoking Cessation Training (NCSCT) 	<p>The smokefree team at NUH is providing a regular training session at the maternity / maternity support worker forums. Materials relating to Love Bump have been disseminated to midwives.</p> <p><u>Smoking Cessation</u> The Smokefree advisers based at NUH routinely offer information to smokers about how to access the stop smoking service in the community.</p> <p>Implementation of the NICE guidance supporting cessation in secondary care (PH48) NUH now have a smokefree lead in post since April whose role is to support the continued implementation of ph48 across NUH. The current smokefree policy is under review and agreement has been established from the management board that staff, patients and visitors can vape on site.</p> <p>Funding is also being sought to support NUH staff wishing to quit smoking to access Stop smoking medications.</p> <p>A training pathway for VBA for staff across NUH is currently being developed.</p> <p><u>Vaping and E-cigarettes</u> Current policy is being updated and will include recognition that e-cigarettes are 95% less harmful than cigarettes.</p> <p><u>Notts Fire and Rescue</u> Smoking Champion identified (Alastair Bramley-Little). Service promotes smoking cessation and referrals for support through Safe & Well visits. 'No Smoking' policy adopted at Service sites</p>

Meeting and Issue	Agreed Actions	Updates received on progress
	<p><u>Vaping and E-cigarettes</u></p> <ul style="list-style-type: none"> • Review current smoking cessation policies in organisations • Consider expanding current policy to include recognition that e-cigarettes are 95% less harmful than cigarettes • Support staff, patients, and clients who wish to vape by considering the provision of dedicated vaping locations/areas on site 	
<p>29th May 2019</p> <p>Obesity</p>	<ul style="list-style-type: none"> • Commit to the Nottingham City Council objective of reducing childhood obesity by 10% by 2023 • Encourage conversations with citizens on moving and eating for good health and, where appropriate, refer citizens to one of the weight management services available in Nottingham City • Support exploration of a new, systems approach to eating and moving for good health in Nottingham City; and • Sign-up to the Physical Activity and Nutrition Declaration, which has previously been endorsed by the Health and Wellbeing Board. 	