

HEALTH AND WELLBEING BOARD

DAY MONTH YEAR

	Report for Resolution/ Report for Information
Title:	Nottingham City and Nottinghamshire Suicide Prevention Strategy 2019-2023
Lead Board Member(s):	Alison Challenger, Director of Public Health, Nottingham City Council
Author and contact details for further information:	Jane Bethea, Consultant in Public Health, Nottingham City Council Caroline Keenan, Insight Specialist – Public Health, Nottingham City Council
Brief summary:	The Nottingham City and Nottinghamshire Suicide Prevention Strategy has been refreshed. The Health and Wellbeing Board is asked to endorse this refreshed strategy.

Recommendation to the Health and Wellbeing Board:

The Health and Wellbeing Board is asked to:

- a) Endorse the Nottingham City and Nottinghamshire Suicide Prevention Strategy 2019-2023 (Enc. 2).

Contribution to Joint Health and Wellbeing Strategy:

Health and Wellbeing Strategy aims and outcomes	Summary of contribution to the Strategy
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities	Suicide prevention is vital to achieving the Health and Wellbeing Board's ambition to improve healthy life expectancy, as set out in Nottingham City's Mental Health and Wellbeing Strategy 2016-2020.
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy	
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles	
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well	
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health and wellbeing	

How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health

The refreshed Nottingham City and Nottinghamshire Suicide Prevention Strategy 2019-2023 aims to reduce the rate of suicide and self-harm by proactively improving the mental health and wellbeing of the population.

Background papers:

Documents which disclose important facts or matters on which the decision has been based and have been relied on to a material extent in preparing the decision. This does not include any published works e.g. previous Board reports or any exempt documents.

None

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