

Schools Forum – Central Expenditure Contribution

Impact Statement

September 2019

Schools Forum contribution underpins early help, preventative and targeted support and intervention for families in Nottingham City.

58% (22,248) of pupils in the City (matched from most recent school census) have been known to Children’s Services in the last 5 years.

- 3,622 of those children are registered with our Children’s Centres/Play & Youth services in the last 5 years
- 1,934 have AT LEAST one recorded attendance at a Children’s Centre or Play & Youth session in the last 5 years
- 4,998 have had at least one episode as an Early Help case (case managed in Early Help or Targeted Family Support Teams) in the last 5 years
- 8,069 have been subject to a referral to social care in the last 5 years.

Overview of the Services: Family Support

Total Budget: <small>NB: this is budget not actual spend. Some services are needs-led and may be over-spending to meet the needs of service users (any overspends are picked up by the LA) Also, figures quoted cover direct costs only and do not include any overhead/support costs incurred by other Council departments e.g. HR/Finance.</small>	Early Help - £6.434m Targeted - £4.465m Social Care - £8.253m (For info only – all costs are met by the local authority) TOTAL - £19.152m
CEG Contribution:	£0.981m (5% of budget, excluding other contributions)
Other Contributions:	£0.830m Youth Justice Board £1.441m Public Health £0.404m Priority Families
Number of Children Supported:	Circa 20,550 per annum

Funding Allocation:

Area	Intervention	Reach
Case Management – Priority Families / Child Only	Family Support Clinics to triage concerns and provide brief intervention and sign-posting to appropriate services. Case Management of Targeted Family Support (whole family or child only). This includes: <ul style="list-style-type: none"> - Engagement (gaining consent) - Assessment of needs - Development of a tailored plan - Regular safeguarding visits and direct work with families - Brokering support from other partners to meet identified needs - Escalation to Children’s Social Care (CSC) - Supporting sustainable de-escalation 	Early Help case-holding circa 2,500 (per year) In addition to case-holding, TFST have also been implementing the Targeted Family Support around School offer during 2018/19. See update attached.

	<p>from CSC</p> <p>In Targeted Family Support cases are open for 6 months on average. In Early Help cases are open for 3 months on average.</p>	
Parenting Programme Delivery	<p>Delivery of Triple P Parenting, Non-Violent Restraint, Teen ADHD Programme, Caring for Kids, Stronger Families (delivered in partnership with WAIS). These are delivered by two services – Early Help Services and an established Parenting Team in Targeted Services.</p>	<p>Early Help Parenting Delivery – see below.</p> <p>Parenting Team - 31 group programmes delivered across the city to 197 parent participants. See courses run below.</p>

Family Network Meetings	<p>See Case Study attached.</p> <p>Family of 5 children, all children aged 5-15yrs on CP under the category of neglect. Mother has poor mental health and currently not leaving the family home. Children are not meeting milestones due to poor school attendance and lateness. FNM was requested to identify support for mum around the home and to take the children to and from school and to be taken to appointments. The network were able to come together to write a plan of support and a rota of who would be available to take the children to school daily. This has now been in place since start of September 2019 and is currently working well. Plans are reviewed 3mths from the date of the Family network meeting.</p>	<p>Brokered on a case-by-case basis.</p> <p>Apr 19 – Sept 19 completed FNM = 49</p> <p>Number of children supported = 95</p>	
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Children's Centres & Play and Youth Services	<p>CCs deliver open access and targeted services for families with a child aged 0-5 years (also work with siblings). Outreach for particularly vulnerable parents (targeted groups are CiN, SEND, DV, Teenage Parents and Workless Households).</p> <p>Play & Youth Services deliver open access and targeted play & youth sessions. Youth service delivers themed projects on key PSHE areas to build self-esteem and confidence. Examples are CSE, bullying, DV and positive relationships.</p>	<p>Total number of Children's Centre sessions April 2018 – March 2019 = 5,452 sessions were delivered</p> <p>Total number of Children's Centre attendances April 2018 – March 2019 = 95,098 attendances</p> <p>Total number of Play Youth sessions April 2018 – March 2019 = 1916 sessions were delivered</p> <p>Total number of Play Youth attendances April 2018 – March 2019 = 27848 attendances</p>
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Intended Outcomes:

- Improved resilience in families by reducing financial vulnerability, reducing worklessness and increasing work readiness.
- Improved attendance at school and behaviour in the classroom leading to a reduction in exclusions
- Reduction in trilogy of risk factors – substance misuse, parental mental health and domestic violence.
- Improved parenting skill and competence
- Early intervention and prevention – reduction in the number of families requiring more specialist intervention or children being accommodated.
- Reductions in behavioural issues, youth offending and broader impact on communities.
- Improved personal, social and emotional wellbeing of children and young people.
- Improved school readiness and earlier identification of additional needs.

Impact

Priority Families

Below is a summary of some key outcomes data in relation to the impact of our intervention for families.

- Worked with 6415 (versus 3591 in 2018/19) families in Phase 2 of the Priority Families Programme. Average length of intervention is 6 months and have to evidence that outcome is sustained for up to 3 terms (depending on the need identified).
- The majority of Nottingham's Priority Families are supported by Nottingham City Council's Early Help and Targeted Services.
- Claimed for significant and sustained progress or continuous employment for 2833 (versus 1651 in 18/19) families since 2015.
- To date we have 87% 'conversion rate' from attachment to significant and sustained outcomes.

2153

families supported to achieve significant and sustained improvement against all of the needs identified at the start of intervention (15th highest number nationally - data as per 31/12/2018)

680

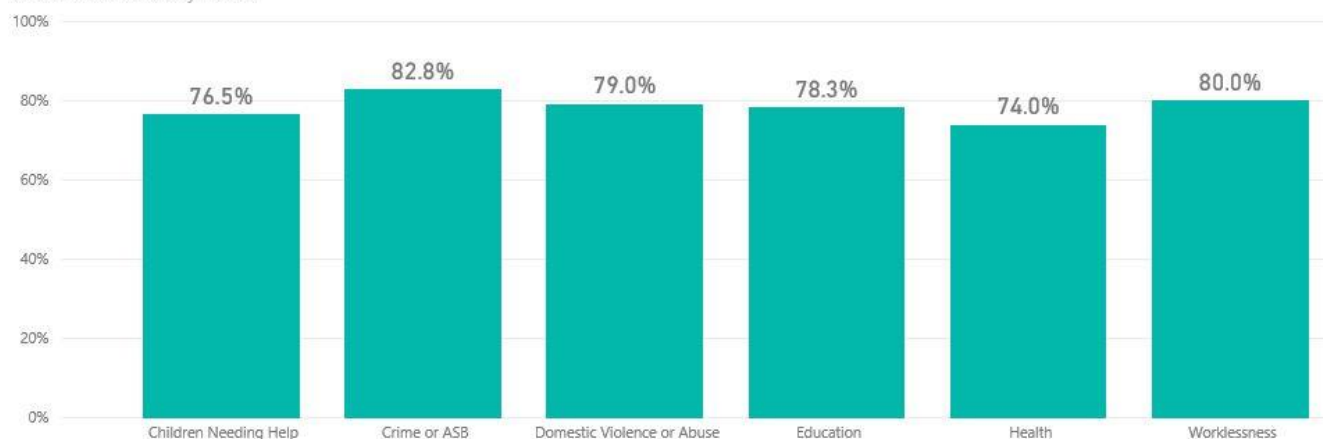
families supported to achieve continuous employment (2nd highest number nationally, 12th highest proportion of total claims at 29% - data as per 31/12/2018)

Of the 2833 claims:

As of 13.09.19, 72.9% of cases have not subsequently been referred to Children's Integrated Services within 12 months of closure.

Domain	Families(Distinct)	Individuals(Distinct)	Successful Outcome #	Identified Issues	Successful Outcome %
Children Needing Help	2758	14986	65466	85569	76.5 %
Crime or ASB	749	4837	11814	14268	82.8 %
Domestic Violence or Abuse	1793	10050	33277	42115	79.0 %
Education	1494	9269	19998	25549	78.3 %
Health	2060	11387	33263	44945	74.0 %
Worklessness	2344	13339	29901	37354	80.0 %
Total	2810	15250	193719	249800	77.5 %

Successful Outcome % by Domain



In relation to specific education outcomes: (NB: successful outcomes will differ for the needs identified below e.g. for 2.1 this would be considered successful if the child maintained attendance over 90% of 3 consecutive terms after the end of intervention)

Domain	Criteria	Description of need identified at the start of intervention	Successful Outcome %
Education	2.1	A child who is persistently absent 10% from school for an average across the last 3 consecutive terms.	81.70%
Education	2.2	A child at primary school who has had at least 5 school days of fixed term exclusion in the last 3 consecutive terms.	78.50%
Education	2.2	A child of any age who has had at least 10 days of fixed term exclusion in the last 3 consecutive terms.	83.80%
Education	2.2	A child who has received at least 3 fixed term exclusions in the last 3 consecutive school terms.	68.80%
Education	2.3	A child who has been permanently excluded from school in the last 3 consecutive school terms.	71.20%
Education	2.4	A child who is in alternative provision for behavioural problems.	77.80%
Education	2.5	A child who is neither registered with a school, nor being educated in an alternative setting.	72.60%
Education	2.6	A child referred by education professionals as having attendance problems of equivalent concern to indicators above because he or she is not receiving a suitable full time education.	73.20%

Targeted Family Support around Schools - Progress

14th August 2019

CONSULTATION

DATE	WHO
1st August 2018	Education meeting - Nick Lee, Pat Whitby, Sam Danyluk, CI, SJB
16th August 2018	Fiona Gray re TAS offer from IES & R2i
11th September 2018	Meeting with Peter McConnochie re Secondary Schools
9th October 2018	Secondary Schools Deputies Meeting consultation
11th October 2018	Priority Families seminar – TM & SR presenting
16th January 2019	NST Primary Head Teachers & ADSLs consultation
5th February 2019	Head Teachers briefing Nick Lee presented TFS Around School Offer
13 th June 2019	Head Teachers briefing – update
6 th August 2019	Meeting around R2i, Inclusion model and exclusion

PROGRESS - PERIOD as of 5th August 2019

- 66% of schools have received an initial school visit that has taken place or is planned, 12% of school meetings are in progress
- Primary 52%, Secondary 12%, Special School 2%

Team	Offer sent to schools and school response	Visit to school undertaken	Visit arrangements in progress	School response - No
Team 1	4	24	0	8
Team 2	4	13	5	5
Team 3	12	9	4	9
Team 4	18	20	3	4

Total	38	66	12	22
		78		

OUTCOMES

A set agenda will be presented for a consistent approach to meetings with schools including:

- GDPR statement & information sharing
- Children & young people (CYP) on the school pupil at risk register
- CYP where concerns are emerging based on a set of indicators and early help can provide support or signpost

Outcomes for the children and young people discussed, will be monitored through the meetings and work with schools.

NEXT STEPS

- We are working with Education colleagues to access the list of young people who are at risk of exclusion to ensure that discussions about these young people are prioritised in this model moving forwards.
- Autumn term continue to deliver the universal offer of the model to all schools and to push out initial meetings with schools with a view to moving to reviewing the take up from schools and targeting provision
- January 2019 review data and evidence for universal offer delivered looking at impact, has it helped, has it made a difference
- Spring term focus activity to deliver a proportionate model as described in the Targeted Family Support around School Offer, considering high exclusion rates and high referral rates.

Parenting Programme Outcomes

Early Help Service

September 2018 – August 2019

Peep

The Peep programme is an early parenting programme; enabling parents to be learn about their child's development, understand their behaviours and how to enhance their child's development through every day opportunities.

Early Help Teams within Children's Integrated Services deliver the following Peep sessions:

- New Peek into Peep session
- Peep Watch Me Grow
- Peep Inbetweenies
- Peep Getting Ready for Nursery

These sessions are evidenced based and follow the topic strands and areas of learning identified by the Peep Learning Together Programme.

Some teams are using the 'Peek into Peep' session to deliver a taster session and increase take up of the existing programmes. It is also being used in the school holiday provision gain to give a taster session to families.

Each team is currently delivering a minimum of two sessions each term depending on the need and request of each community. Targeted families and those with an identified need have attended these sessions. Some families and referred by Health and Social Care partners. Referrals have included support for maternal mental health, attachment, social isolation, putting routines into place, and understanding the importance of interaction with baby.

September – December 2018	January – March 2019	April – July 2019	Total
91 children along with their parent / carer completed a Peep programme	91 children along with their parent / carer completed a Peep programme.	61 children along with their parent / carer completed a Peep programme	243 children and their parents completed a Peep Programme

- 100% of families that completed an evaluation of the session rated the sessions as good or very good.
- 80% of the overall total of attendees completed the end of programme Peep review.
- 100% of families agreed that they and their child had benefitted from attending the sessions.
- 75% of families attending said they wanted to continue or go on to the next Peep group.

Triple P

The Positive Parenting Programme (Triple P) is part of Early Help's core offer to provide preventative and early intervention for children and their families, this programme is part of the parenting intervention offer within Nottingham City.

Early help currently offer Triple P group programme for parents of children aged 2 – 8 years. This sits alongside the Parenting Team who offer Triple P for parents of children aged over 8 years.

The course is;

- Evidence-based
- A preventative, early intervention approach
- It places parents as the experts - self regulatory approach
- Flexible system of parenting and family support, via five intervention levels of increasing intensity
- Multidisciplinary focus
- Improve parenting support in the city
- Improve parenting skill & capacity in the city
- Improve outcomes and life chances for children

Q3 2018 (Oct-Dec)	Q4 2018 (Jan-March)	Q1 2019 (April-June)	Total
45 parents completed a Triple P programme	52 parents completed a Triple P programme	43 parents completed a Triple P programme	140 parents completed a Triple P programme

Freedom Programme

The Freedom programme is an evidenced based programme for survivors of domestic abuse. It supports them to identify and understand the behaviours of an abusive partner, with the aim of reducing further abusive relationships impacting on their children. The course content includes:

- The Dominator
- The Bully (Intimidation)
- The Bad Father (uses the children to control Partner)
- The Headworker (Coercive control)
- The Effects on Children
- The Jailer (Isolation)
- The Sexual Controller
- The King of the Castle
- The Liar
- The Persuader/Early Warning Signs

January –March 2019	April – July 2019	Total
10 women attended the course, 6 of whom completed the whole course – (there were 14 children in these 6 families).	14 women attended the course, 9 of whom completed the whole course – (there were 26 children in these 9 families).	24 women started a course, 15 of whom completed the whole course – impacting the lives of 40 children.

Couldnt thank Tracy and Claire enough
for talking through these programmes. Making
me understand and gain the confidence
in myself to know how to be
treated, and respected.

I now feel I can conquer the world
with their help. Forever going to
be thankful.

Opened
my eyes
really glad I did
this course, and
may it continue
for other women
Brilliant Course
Thank
You

PARENTING TEAM
Group Programmes – September 2018 – August 2019

	Course	Start date	Venue	Attended
Triple P Teen				
1	TPT	21/09/2018	Meadows	4
2	TPT	25/09/2018	Broxtowe	9
3	TPT	07/11/2018	Southglade	3
4	TPT	09/11/2018	St Anns Valley	11
5	TPT	20/11/2018	Mary Potter	7
6	TPT	01/01/2019	NCVS	6
7	TPT	07/01/2019	Bulwell Riverside	6
8	TPT	06/02/2019	Clifton YPC	6
9	TPT	19/03/2019	Broxtowe	8
10	TPT	24/04/2019	Bulwell Riverside	2
11	TPT	02/05/2019	Meadows	6
12	TPT	18/06/2019	St Anns Valley	8
13	TPT	27/06/2019	NCVS	7
Dad's Group				
14	Dad's	08/10/2018	Loxley	9
15	Dad's	01/02/2019	Loxley	13
16	Dad's	13/05/2019	Loxley	17
NVR				
17	NVR	05/09/2018	Aspley CC	5
18	NVR	04/10/2018	Southgalde	5
19	NVR	09/01/2019	Bulwell Riverside	5
20	NVR	01/03/2019	St Anns Valley	13
21	NVR	25/04/2019	Broxtowe	13
ADHD				
22	ADHD	10/09/2018	Bulwell Riverside	2

23	ADHD	23/11/2018	Broxtowe CC	3
24	ADHD	24/01/2019	St Anns Valley	5
25	ADHD	30/04/2019	Mary Potter	4
26	ADHD	01/07/2019	Mary Potter	7
Keeping Your Child Safe (PACE – CSE workshop)				
27	PACE	15/10/2018	Mary Potter	3
28	PACE	08/03/2019	St Anns	3
29	PACE	29/04/2019	St Anns	4
30	PACE	05/06/2019	Clifton YPC	1
31	PACE	26/07/2019	Mary Potter	2
			Totals	197