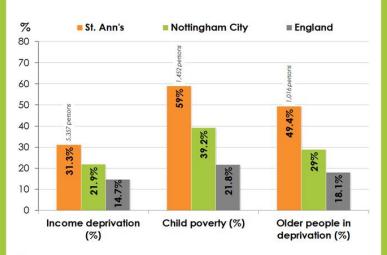
### Ward Health Profile **St. Anns Ward**

19,316 Ward Residents in 2011

#### Quick Statistics

- St. Anns has a total of 19,316 residents
- 9,916 are male (51%) and 9,400 are female (49%)
- There were 275 babies born in 2012
- The birth rate was 46 per 1,000 women (aged 11-44), lower than Nottingham City (53)
- 35.4% of all adults in St. Anns smoke, significantly higher than the City
- 54.9% of all adults are estimated to be overweight/obese, significantly higher than Nottingham City
- GCSE Achievement is significantly worse than nationally
- There were 86 deaths of ward residents during 2012
- Life expectancy for males is 73.2 years which is significantly worse than the national figure
- Life expectancy for females is 79.5 years which is significantly worse than the national figure
- St. Anns is ranked as the 163rd most deprived out of England's 7,589 wards, and the 2nd most deprived in the City
- There are 2 GP practices within St. Anns, with an additional 5 in close proximity to its border
- There are 6 pharmacies within St. Anns

#### Deprivation



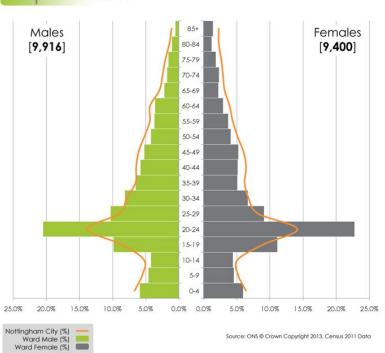
- Income deprivation is the percentage of residents living in households reliant on means tested benefit
- Child poverty is the percentage of children (0-15) living in income deprived households
- Older people in deprivation is the percentage of residents aged 60+ living in pension credit households

#### Ward Map



St Ann's lies east of Nottingham city centre, with Thorneywood to the north east and Carlton Road forming the unofficial boundary with Sneinton to the south.

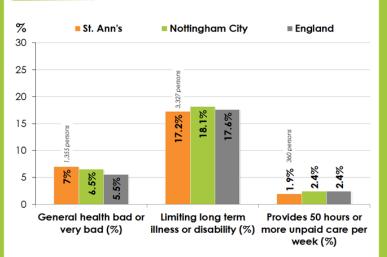
#### Population



St. Anns has a higher percentage of working age adults (16-64). These residents account for over three quarters of the ward population (76.2%). This is compared with 70.2% for Nottingham City and 64.8% nationally.



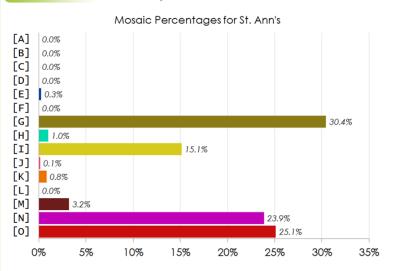
#### Self Reported Health & Care



Despite a relatively lower percentage of older aged population (65+ account for 8.1% in the ward compared to 11.6% in the City and 16.3% nationally) St. Anns residents feel that they have poorer general health than that of the City and nationally. General health bad or very bad, is significantly higher than the national figure.

Residents feel that they have less limiting long term illness or disability and provide lower levels of unpaid care compared to the city and nationally.

#### Mosaic Groups

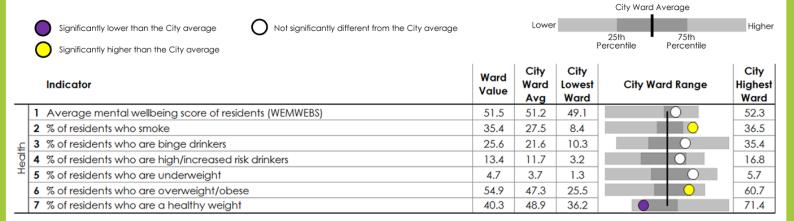


Mosaic groups are a way of segmenting the population into 15 groups based on their common characteristics.

The ward has a high percentage of students and unsuprisingly 30.4% of residents belong to group 'G'. This group is described as "Young, well educated city dwellers". The key features of group 'G' are; young singles, students and degree level education. Group 'N' and 'O' account for around half of the remaining residents. Group 'N' is described as "Young people renting flats in high density social housing" with key features such as; young singles, low incomes, high unemployment and high ethnic diversity. Group 'O' is described as "Families in low-rise social housing with high levels of benefit need" with key features such as; high levels of benefit need, low incomes, unemployment, long term illness low rise council housing and dependent on state.

#### Nottingham Citizens' Surveys 2011-2013 Health Questions

The Nottingham Citizens' Survey gathers citizens' perceptions on a variety of subjects including health. Around 2,000 citizens take part in the survey each year. The chart below shows health results from the combined 2011-2013 surveys and how St. Anns compares with the rest of the City wards.



St. Anns has a significantly higher percentage of residents who smoke and are overweight/obese and unsuprisingly a significantly lower percentage of residents at a healthy weight. The rest of the indicators for St. Anns are higher than the City value however not significantly so.

Each ward indicator result is shown as a circle. The average value for Nottingham's wards are shown by the black line, which is always at the centre of the chart. If a circle is to the right of the black line then the ward's value is higher, if it is to the left of the black line the value is lower.

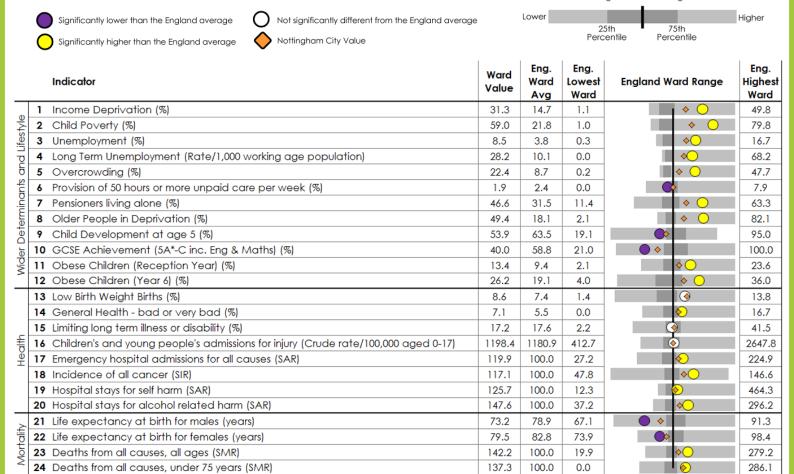
The range of results for all wards within Nottingham City are shown as a grey bar. A yellow circle means that the wards's value is significantly higher than the City's average, a purple circle indicates that their value is significantly lower. A white circle indicates that even though a value may be higher/lower than the City's average; it is not statistically significantly so.

# Ward Health Profile St. Anns Ward | Page 3



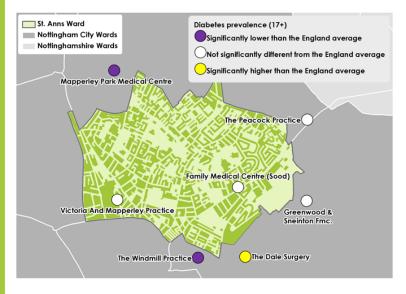
#### Public Health England, Local Health Indicators

This chart shows St Anns' status compared to all of the wards in England, and the England average as the central black line. Of the 24 indicators, 20 are significantly worse than England's average, and most worse than the City average. Poverty, deprivation, educational attainment, unemployment, obesity, general health and life expectancy for males and females are amongst some of those that are significantly worse than England.



#### Disease prevalence

As part of the performance management and payment system for GPs (called QoF), GPs keep a record of people with specific diseases such as diabetes, heart disease (CHD), respiratory disease (COPD) and depression. These registers are used to calculate recorded disease prevalence. The data below are taken from QoF 2012/2013. It is important to understand that these figures may be under estimates due to people not presenting to their GP, not being diagnosed or not being recorded.

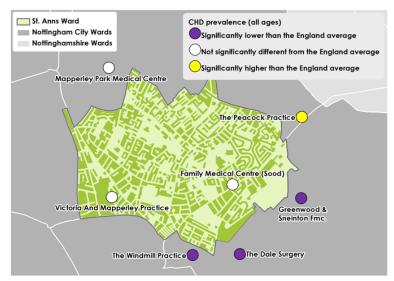


**Diabetes -** Type 2 diabetes (the most common type) and obesity are clearly connected – being overweight or obese has been estimated to account for around 65% to 80% of new cases of Type 2 diabetes. The Citizens Survey findings indicate that St. Anns has a significantly higher percentage of overweight and obese residents within Nottingham City and so would be expected to have high prevalence of diabetes. Diabetes is linked to many health complications such as heart disease, eye problems, kidney disease and problems with circulation so it is important that it is diagnosed early and managed.

1 of the 7 practices within the St. Anns area has a significantly higher recorded prevalence than the England average and ranks 11th (7.1% prevalence) in the City.

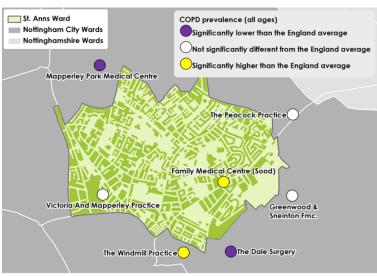
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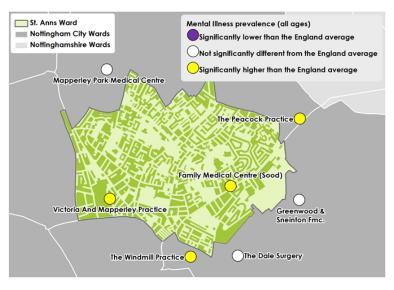
**CHD Indicator** - Coronary heart disease (CHD) is caused by a build-up of fatty deposits on the walls of the arteries around the heart (coronary arteries). Risk is significantly increased if you smoke, have high blood pressure (hypertension), have a high blood cholesterol level, do not take regular exercise, have diabetes, or are overweight/obese.

1 of the 7 practices within the St. Anns area has a significantly higher recorded prevalence than the England average and ranks 10th (4.1% prevalence) in the City. 3 of the 7 practices recorded prevalence significantly lower than the England average



COPD (respiratory disease) Indicator - COPD is the name for a collection of lung diseases including chronic bronchitis, emphysema and chronic obstructive airways disease. People with COPD have difficulties breathing, primarily due to the narrowing of their airways, this is called airflow obstruction. Smoking is the main cause of COPD. At least four out of five people who develop the disease are, or have been, smokers. Citizens' Survey results show St. Anns as having a significantly higher percentage of smokers within Nottingham City, so we would expect COPD prevalence to be high.

2 of the 7 practices within the St. Anns area have significantly higher recorded prevalence than the England average and rank 12th (2.2% prevalence) and 15th (2.1% prevalence) in the City.



**Severe Mental Illness** - The register includes all patients with a diagnosis of schizophrenia, bipolar affective disorder and other psychoses. Mental illness can result in high levels of disability, loss of quality of life for patients, their families and carers.

4 of the 7 practices within the St. Anns area have significantly higher recorded prevalence than the England average and rank 2nd (1.9% prevalence), 6th (1.6% prevalence), 7th (1.5% prevalence) and 18th (1.1% prevalence) in the City.

#### Metadata and contact information

Contact | This ward profile has been prepared by Nottingham City Council's Public Health department which is part of the Early Interventions directorate. To contact the team please email: publichealth.analysts@nottinghamcity.gov.uk

Metadata | This ward profile uses a wide variety of data from numerous sources such as the 2011 Census, Nottingham City Council Citizen's Panel 2011-2013, Public Health England's Local Health Portal, Hospital Episode Statistics (HES) Data and Mosaic by Experian. A complete guide to all of the data and sources can be found here:

http://www.nottinghaminsight.org.uk/f/96676/Library/Public-Health/